

CONTACTS

Executive Director
Meridee Watt
616.283.9221

Culinary Director
Michael Santo
hollandculinary@americanhouse.com

Community Relations Director
Alix Overbeek
616.335.0626

Life Enrichment Director
Jules Thoun
616.268.1557

Maintenance Director
Phil Tyson
248.483.1436

National Suicide Hotline
988

Alzheimers Association
1-800-272-3900



**American House
Holland**
11911 James St
Holland | MI | 49424
616.820.0401
AmericanHouse.com



THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

HOLLAND BEACHSIDE, BOARDWALK, AND LAKESHORE

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Coffee Bar 10/1
- National Frappe Day 10/7
- Music with Bob Lacy 10/9
- Family and Friends Bingo 10/13
- Music with David M 10/14
- Nancy B @BS 10/16
- Trunk or Treat 10/30

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY					
<div>OCTOBER 2025</div>															LOCATION KEY								
															AR Activity Room			F Foyer			OUT Outing		
															AMN All Manors			ILD IL Dining			O Outside		
															ALD AL Dining			MB In Mailboxes			SD Sandy Cove		
BT Baypointe			LK Lakeshore			THR Theater			APT Your Apartment														
BD Beachside			LIB Library																				
BK Boardwalk			LH Lighthouse																				
DR Dining Room			LR Living Room																				
BIRTHDAYS									01			02 YOM KIPPUR			03			04					
Ellie R 10/14 Therese G 10/05									9:30a 10:00a 10:00a 11:00a 1:30p 2:00p 3:00p 4:00p	Daily Chronicles Know Your Numbers Coffee Bar and Cookies Trivia Crafting Corner - neon art Webster Music @ LS Travelogue Uno	ALD AR LR LR AR LK LR DR	9:30a 10:00a 11:00a 1:00p 1:30p 1:30p 1:30p 3:00p	Daily Chronicles Chair Zumba Brain Games New Resident Welcome Scenic Trip Puzzles Movie	ALD LR LR LR AR AR AR LR	9:00a 9:30a 10:00a 11:00a 1:30p 3:00p	Wacky Words Daily Chronicles Balloon Ball Table Games Bingo Bash Happy Hour - Cinnamon Roll Day	AR ALD LR AR ALD ALD	9:30a 10:00a 11:00a 1:30p 2:00p	Daily Chronicles Virtual Cycles Brain Games Uno Saturday Social	ALD LR AR AR DR			
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9:30a 11:00a 1:00p 2:30p 3:00p 3:30p	Daily Chronicles Zen Coloring Puzzles Bingo Light House Baptist Church Walking Club	ALD LR AR LR AR O	9:30a 10:00a 11:00a 1:30p 1:30p 2:00p 2:30p 3:00p	Daily Chronicles Virtual Cycle Manicures Town Hall Card Game Beltone Clinic @ SC Tech Q&A with Herrick Library Pet Therapy	ALD LR AR AR AR SD LR	9:30a 10:00a 10:00a 11:00a 11:00a 1:30p 3:30p	Daily Chronicles Chair Yoga Thai Chi @ BW Brain Games Bingo! National Frappe Day	ALD LR ALD LR AR AR ALD	9:30a 10:00a 11:00a 1:30p 3:00p 4:00p	Daily Chronicles Balloon Ball Trivia Crafting Corner - Pumpkin Decorating Travelogue Uno	ALD LR LR AR LR DR	12:00a 9:30a 10:00a 11:00a 1:30p 1:30p 1:30p 2:00p 3:00p	Decoration Judging Day Daily Chronicles Chair Zumba Brain Games Scenic Trip Puzzles Music with Bob Lacy @BW Movie	ALD LR LR AR AR AR LR	9:00a 9:30a 10:00a 11:00a 1:30p 3:00p	Wacky Words Daily Chronicles Balloon Ball Gratitude Circle Bingo Bash Happy Hour	AR ALD LR AR ALD ALD	9:30a 10:00a 11:00a 1:30p 2:00p	Daily Chronicles Virtual Cycles Brain Games Uno Saturday Social	ALD LR AR AR DR			
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