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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



*Quote of the Month*

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

**American House raised over \$54,000 to bring our three-year total to \$166,000.** We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

HOLLAND SANDY COVE

OCTOBER 2025

PHYLLIS OF ST. PETE’S:  
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Trunk or Treat 10/30
- Learning with Fox 10/2
- Herrick Library 10/06
- Life Enrichment Chat 10/7
- Birthday Lunch 10/15
- Bingo Auction 10/30
- Halloween Trivia 10/31

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																							
<div><div></div><div>OCTOBER 2025</div><div></div></div>															LOCATION KEY																										
															<div>ARActivity Room</div> <div>AMNAll Manors</div> <div>ALDAL Dining</div> <div>BTBaypointe</div> <div>BDBeachside</div> <div>BKBoardwalk</div> <div>DRDining Room</div>			<div>F Foyer</div> <div>ILD IL Dining</div> <div>MB In Mailboxes</div> <div>LK Lakeshore</div> <div>LIB Library</div> <div>LH Lighthouse</div> <div>LR Living Room</div>			<div>OUT Outing</div> <div>O Outside</div> <div>SD Sandy Cove</div> <div>THR Theater</div> <div>APT Your Apartment</div>																				
BIRTHDAYS						01			02			YOM KIPPUR			03			04																							
Mary B. 10/14 John VK. 10/19						8:30a Coffee Chat 9:00a Salon 9:00a Chair Zumba 10:00a Skip Bo 12:30p Blood Pressure Check 2:00p Bingo! 2:00p Webster Music @ LS 3:30p Travelogues - Oktoberfest 3:30p Yahtzee			ILD THR AR AR DR DR LK AR AR			8:30a Coffee Chat 9:00a Musical Mornings 10:00a Manicures 10:00a Exercise 1:00p Learning with Fox Therapy 2:00p Matinee Movie 2:00p Gratitude Circle 4:00p Happy Hour			ILD AR AR AR AR THR DR ILD			8:30a Coffee Chat 9:00a Balloon Ball 10:00a Lady's Circle 2:00p Wizard 3:30p Skip Bo			ILD DR AR AR AR			8:30a Coffee Chat 10:00a Puzzles 1:00p SkipBo 1:00p Walking Club 2:00p Table Games			ILD LIB AR O AR														
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8:30a Coffee Chat 11:00a Rummikub 1:00p Walking Club 2:00p Hymns and Prayer 3:00p Light House Baptist Church 3:30p Word Games			ILD AR O DR AR AR			8:30a Coffee Chat 9:00a Chair Yoga 9:00a Cranium Crunches 10:00a Bible Study with Dennis 2:00p Beltone Clinic @ SC 2:00p Skip Bo 2:30p Tech Q&A with Herrick Library 3:30p Men's Club with Dennis			ILD THR AR ILD SD AR SD DR			8:30a Coffee Chat 9:30a Shopping - Meijer 10:00a Thai Chi @ BW 11:00a Book Club 1:00p Life Enrichment Meeting 3:00p Crafting Corner - Dry Flowers 3:00p Wreaths 3:00p Exercise 3:30p Cards			ILD OUT ALD LIB DR THR O AR			8:30a Coffee Chat 9:00a Salon 9:00a Chair Zumba 10:00a Skip Bo 2:00p Bingo! 3:30p Travelogues - Filipino Heritage Month 3:30p Yahtzee			ILD THR AR DR AR BK ILD			8:30a Coffee Chat 9:00a Musical Mornings 10:00a Manicures 10:00a Exercise 1:00p Office Hour with Meridee 2:00p Matinee Movie 2:00p Music with Bob Lacy @BW 4:00p Happy Hour			ILD AR AR AR AR THR SD ILD			8:30a Coffee Chat 9:00a Balloon Ball 10:00a Trivia - Golden Oldies 1:30p Bus Trip - Post Family Farm 2:00p Wizard 3:30p Skip Bo			ILD DR ILD OUT AR AR			8:30a Coffee Chat 10:00a Puzzles 1:00p SkipBo 1:00p Walking Club 2:00p Table Games			ILD LIB AR O AR		
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26			27			28			29			30			31 HALLOWEEN			<div><div></div><div></div><div></div></div>																							
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