### CONTACTS

#### **Executive Director**

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# **Community Relations Director**

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### **Community Relations Director**

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National Suicide Hotline

Alzheimers Association 1-800-272-3900



### American House Bonita Springs

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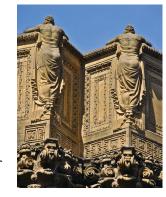
Assisted Living Facility #12672

# THE 1915 SAN FRANCISCO WORLD'S FAIR

The Panama-Pacific International Exposition, as the 1915 World's Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco's grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America's worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World's Fair. It promoted technological advancements and was the first World's Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition's legacy is still evident in San Francisco. A few of the city's buildings were either rebuilt or designed in the style of the Exposition, like the Marina District's Palace of Fine Arts. The fair's location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city's most popular recreational open spaces, are products of these landscape changes.







# HE WHO LAUGHS LAST DIDN'T GET THE JOKE.



**LORD BYRON** 

## THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer's Association for the past three years. The purpose of the Association's "The Longest Day" is to raise awareness and funds for Alzheimer's care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer's, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, "American House is a leader against the darkness of Alzheimer's. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



INSPIRING A HAPPIER, HEALTHIER YOU.

**BONITA SPRINGS ASSISTED LIVING** 

OCTOBER 2025

# PHYLLIS OF ST. PETE'S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. "I'm so glad I'm here," said the happy, healthy 85-year-old. "I'm just bubbly on the inside. I'm going to live here the rest of my life. Life is wonderful at American House."



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis' parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis' life worked out better than she could have possibly expected. "I've had a wonderful life," she said, "and I still do at American House."

women to go for regular breast cancer screening, starting at the age of 40.



### **OCTOBER 2025 EVENTS!**

- Robin Stasko
- Neon Nights Family Night
- Seminole Cassino
- Dinner at Carrabas
- Lunch at Buffalo Chips
- Sing along with Kathy Clemente
- Bonita Springs Library Trip



## **BREAST CANCER AWARENESS**

Breast Cancer Awareness Month is an international health campaign that's held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					LOCATION KEY	
	OC	TOBER 20	25		IFL 1st Floor BR Billiard IFA 1st Floor Activity Room CAF Café 2FL 2nd Floor CHP Chapel 2FR 2nd Floor Family Room DR Dining 3FA 3nd Floor Activity Room 3FB 3nd Floor Bar FIT Fitness 3FT 3nd Floor Theater LR Living I AR Activity Room LO Lobby AL Assisted Living MC Memor	Activity Room    MCL Memory Care     Room Living Room     Courtyard OUT Outing     S Center O Outside     Room PL Pool     R2R Room to Room
	BIRTHDAYS		01	02 YOM KIPPUR	03	04
Suzanne October, 8th Margaret D October, 11th Marie B, October, 27th			9:00a 10:00a 10:00a 10:00a 10:00p 3:00p Matinee Movie Night	1FA       9:30a       Morning Movement with Lori       3FA         10:00a       Monthly B-day Party!       1ST         3FA       1:00p       BINGO       3FA         0       3:00p       Matinee       3FT         3FT       3:00p       Creature Feature       BTO         3FT       5:30p       Movie Night       3FT	10:00a	0:00a Virtual Synagogue 3FT 0:00a Morning Workout with Sophie  IFA 0:30a Name that Tune with Sophie 1FA 2:30p BINGO 3FA 2:30p Resident Card Games 1FA 3FT 3FT 3FT 3FT 3FT
05	06	07	08	09	10 1	ll en
1:00p BINGO 2:30p Arts & Crafts 2:30p Exercise Class 3:00p Matinee 3:00p Resident Card Game 5:30p Movie Night	3FA         9:30a         Morning Movement with Lori         3FA           10:00a         St. Leo's Communion         R2R           10:00a         Coffee & Conversations         BTO           10:30a         This Week in History         BTO           3FT         2:30p         Resident Social Hour         BTO           3:00p         Matinee         3FT           5:30p         Movie Night         3FT	10:00a Exercise Class with Lori 10:30a Church w/ Pastor Chris 1:00p BINGO 2:00p Activities Planning 3:00p Matinee 5:30p Movie Night  FIT 3FT 3FT	10:30a Words Within Words 1:00p <b>Publix/Dollar Tree</b> 3:00p Matinee 5:30p Movie Night	3FA         10:00a         Resident Card Game 1st Floor           1FA         Game Room         BR           O         1:00p         BINGO         3FA           3FT         3:00p         Matinee         3FT           3FT         3:00p         Creature Feature         BTO           4:00p         Family Night Dinner         DR           5:00p         Drinks & Live Music: Robin         BTO	10:30a Gray Matter Games 1FA 1 12:00p Lunch Outing at Buffalo 1 Chips! 1 1:00p BINGO 3FA 1 2:30p Happy Hour: Flash Forward Duo 2 BTO 3	10:00a Virtual Synagogue 3FT 10:00a Morning Workout with Sophie 1FA 10:30a Name that Tune with Sophie 1FA 12:30p BINGO 3FA 12:30p Resident Card Games 1FA 13:00p Matinee 3FT 15:30p Movie Night 3FT
12	13 INDIGENOUS PEOPLE'S DAY	14	15	16	17 1	18
1:00p BINGO 2:30p Arts & Crafts 2:30p Exercise Class 3:00p Matinee 3:00p Resident Card Game 5:30p Movie Night	3FA 9:30a Morning Movement with Lori 3FA 10:00a FIT O Seminole Casino All Day Trip! To 10:00a St. Leo's Communion R2R 10:00p BINGO 3FT 1:00p BINGO 3FA 2:30p Resident Social Hour 3:00p Matinee 3FT 5:30p Movie Night 3FT	10:30a       Grey Matters Games       1FA         1:00p       BINGO       3FA         2:00p       Wellness U       2FR         3:00p       Matinee       3FT	10:00a Fitness Class w/ Carmen 1:00p <b>Publix/Dollar Tree</b> 3:00p Matinee 5:30p Movie Night	O 9:30a Morning Movement with Lori 3FA 10:30a Words Within Words 1FA 1:00p BINGO 3FA 3:00p Matinee 3FT 3FT 3:00p Creature Feature BTO 5:30p Movie Night 3FT	10:00a Exercise Class with Lori 10:30a Gray Matter Games 1FA 1:00p BINGO 3FA 1:00p Happy Hour: Sing Along with Kathy 1 Clemente 3:00p Matinee 3FT 3	10:00a Virtual Synagogue 3FT 10:00a Morning Workout with Sophie 1FA 10:30a Name that Tune with Sophie 1FA 12:30p BINGO 3FA 2:30p Resident Card Games 1FA 3:00p Matinee 3FT 5:30p Movie Night 3FT
19	20	21 DIWALI	22	23	24 2	25
1:00p BINGO 2:30p Arts & Crafts 2:30p Exercise Class 3:00p Matinee 3:00p Resident Card Game 5:30p Movie Night	3FA 9:30a Morning Movement with Lori 3FA 10:00a St. Leo's Communion R2R 10:00a Coffee & Conversations BTO 2:30p BINGO 3FA Resident Social Hour 3:30p Matinee 3:30p Dinner at Carrabba's! 5:30p Movie Night 3FT	2:30p Resident Council Mtg. 3FA	1:00p <b>Publix/Dollar Tree</b> 3:00p Matinee 5:30p Movie Night	9:30a Morning Movement with Lori 3FA 10:30a Get To Know Your Neighbor Coffee Klatch BTO 1:00p BINGO 3FA 3:00p Matinee 3FT 3:00p Creature Feature BTO 5:30p Movie Night 3FT	10:00a       Exercise Class with Lori       3FA       1         10:30a       Gray Matter Games       1FA       1         12:30p       Saint Vincent DePaul Shopping       0       1         1:00p       BINGO       3FA       1         2:30p       Happy Hour: Tommy D!       BTO       2         3:00p       Matinee       3FT       3	10:00a Virtual Synagogue 3FT 10:00a Morning Workout with Sophie 1FA 10:30a Name that Tune with Sophie 1FA 12:30p BINGO 3FA 2:30p Resident Card Games 1FA 3:00p Matinee 3FT 5:30p Movie Night 3FT
26	27	28	29	30	31 HALLOWEEN	
1:00p BINGO 2:30p Arts & Crafts 2:30p Exercise Class 3:00p Matinee 3:00p Resident Card Game 5:30p Movie Night	3FA 3FA 10:00a FIT 3FT 10:00a St. Leo's Communion R2R Coffee & Conversations BTO 2:30p BINGO 3FA Resident Social Hour 3:30p Matinee 3:30p Movie Night 3FA 3FA 10:00a R2R BTO 3:5A 3 FA BTO 3:00p Matinee 3 FT 5:30p	10:00a Exercise Class with Lori FIT 10:30a Church w/ Pastor Chris 3FT	10:00a Banks 10:00a Fitness Class w/ Carmen 1:00p Publix/Dollar Tree 3:00p Matinee 5:30p Movie Night	9:30a Morning Movement with Lori <b>3FA</b> 10:30a Name that Tune <b>1FA</b> 1:00p BINGO <b>3FA</b> 3:00p Matinee <b>3FT</b> 3:00p Creature Feature <b>BTO</b> 5:30p Movie Night <b>3FT</b>	9:00a SAMPLE EVENT #2 2FL 10:00a Exercise Class with Lori 3FA 10:30a Gray Matter Games 1FA 12:30p Bonita Springs Library. 1:00p BINGO 3FA	

All activities subject to change.

Bonita Springs Assisted Living