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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month
“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

ST. PETERSBURG AL

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Ice Cream Truck Visit 10/07
- Family Night 10/9
- Randy - Mondays 2:30
- Cardio Drumming With Karisa
- Lunch Bunch Mondays 12pm
- Rockin W/ Rick
- Cooking Demos
- Jammin' with Jamie
- Music W/ Will and Michelle
- Magic Show

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.

SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY				
<div>OCTOBER 2025</div>															LOCATION KEY							
															ALD	AL Dining	LIB	Library	MCL	Memory Care Living Room	TV	TV Area
															ALF	AL Front Desk	L	Lounge				
															ALL	AL Living Room	MS	Malt Shoppe	MPR	Multipurpose Room		
															ART	Art Studio	MCA	Memory Care Activity Room	O	Outside		
															FD	Front Desk						
															ILD	IL Dining	MCD	Memory Care Dining Room	PL	Pool		
															ILF	IL Front Desk			THR	Theater		
BIRTHDAYS						01			02			YOM KIPPUR			03			04				
George C. 10/20 Patricia P. 10/12 Susan D. 10/23 Judy W. 10/01 Karen P. 10/15 Betty M. 10/18						10:00a 10:45a 11:00a 11:00a 1:00p 2:00p 3:30p	Exercises W/ Legacy Jammin W/ith Jamie Bank & Pharmacy Bible Study W/ Jimmy Publix Trip Painting with Betsy Puzzle Pals	MS MS FD THR ALF ART MS	10:30a 11:00a 1:00p 2:00p 3:00p	Morning Chair Exercise Daily Chronicle Karaoke party Afternoon Movie: What Am I Game (Headbandz)	MS MS THR THR MS	10:00a 10:30a 12:00p Pops 1:00p 1:30p 3:30p	News Currents Morning Coffee and Conversation Crossword Puzzle And Soda Art With Linda New Resident Orientation Games in Malt Shoppe	MS MS MS ART FD MS	9:30a 10:30a 12:30p 1:30p 3:00p 4:00p	Chair Exercise Video Coffee and Chat W/ Dawn Crafts with Linda Quarter Bingo Music With Stacy Frank ! Movie Time	MS MS ART MPR L THR					
05			06			07			08			09			10			11				
9:00a 10:00a 10:00a 10:30a 10:30a 12:00p 1:30p 3:00p 4:00p	St. Jude's-Bus Run Church Service on TV 1st Methodist-Bus Run Chair Exercises (Video) Eucharist Distribution Gospel Hymns and Coffee Azalea Baptist Sing-Along Movie Time Bucs FootBall	FD THR FD MS THR MS MS THR MS	10:00a 10:00a 10:35a 11:00a 12:00p 1:00p 2:30p 5:00p	Aldi/Winn Dixie The Daily Chronicle Yoga With Natalie EngagedSenior Lunch Bunch: CD Roma's Prize Bingo Happy Hour With Randy Resident Ran Cards with Friends	FD MS MS MS MPR L MS	10:00a 10:30a 1:00p 2:00p 3:00p 5:30p	Daily Chronicles Morning Stretching And Meditation <u>Ice Cream Truck Visit</u> Movie Time Prize Trivia! After Dinner Games	MS MS MS ALF THR MS MS	10:00a 10:45a 11:00a 1:00p 2:00p 3:00p 3:30p	Exercises W/ Legacy Jammin W/ith Jamie Bible Study W/ Jimmy Publix Trip Painting with Betsy Scenic Drive Mythbusters	MS MS THR ALF ART ALF MS	10:30a 11:00a 12:00p 2:00p 2:00p 5:00p 6:00p	Morning Chair Exercise Daily Chronicle Engaged Senior Afternoon Movie: Vitals Clinic w/Wellness Family Night Buffet! <u>Neon Glow Party Family Night W/ Carla Hines</u>	MS MS MS THR MPR ALD L	10:00a 10:30a 1:00p 1:30p 2:00p 6:30p	News Currents Morning Coffee and Conversation Art With Linda New Resident Orientation AL Happy Hour Friday Night at the Movies w/Popcorn	MS MS ART FD MS THR	9:30a 10:00a Plaza 1:30p 2:30p 3:00p 4:00p	Chair Exercise Video Shopping Trip: Seminole Crafts with Linda Quarter Bingo Movie Time Senior Trivia- Youtube	MS FD MPR ART THR MS		
12			13			14			15			16			17			18				
9:00a 10:00a 10:00a 10:30a 10:30a 12:30p 1:00p 2:30p Linda	St. Jude's-Bus Run Church Service on TV 1st Methodist-Bus Run Chair Exercises (Video) Eucharist Distribution Crafts with Linda Gospel Hymns Crossword Challenge With	FD THR FD MS THR ART MS MS	10:00a 10:00a 10:35a 11:00a 12:00p 1:00p 2:30p 5:00p	Tyrone Area Shopping The Daily Chronicle Yoga With Natalie EngagedSenior Lunch Bunch: Chili's Prize Bingo Happy Hour With Randy Table Games	FD MS MS MS ALF MPR L ALL	10:00a 1:00p 2:00p 2:00p 3:00p 3:30p	Daily Chronicles Karaoke Party Pretty Nails St. Jude's Mass Wellness U Chats W/ Southern Comfort Movie Time	MS THR MS THR MS THR	10:00a 10:45a 11:00a 1:00p 2:00p 2:30p 3:00p	Exercises W/ Legacy Jammin W/ith Jamie Bank & Pharmacy Bible Study W/ Jimmy Publix Trip Painting with Betsy Menu Chat/ Cooking Demo With Chef Mike Scenic Drive	MS MS FD THR ALF ART MS ALF	10:30a 11:00a 12:30p 2:00p 2:00p	Morning Chair Exercise Daily Chronicle Karaoke party Afternoon Movie: Create a Spooky Treat W/ Encompass Health	MS MS THR THR MS	10:00a 10:30a Conversation 1:00p 1:00p 1:30p 2:00p 3:30p	News Currents Morning Coffee and Conversation Open Bible Study Art With Linda New Resident Orientation Myth Or Fact Trivia w/ Legacy Balloon Volleyball	MS MS LIB ART FD L MS	9:30a 10:00a 10:30a 1:30p 2:30p 3:30p	Chair Exercise Video Shopping Trip: Target/Kohl's Dori's Trunk Show Quarter Bingo Crafts with Linda Movie Time	MS FD MS MPR ART THR		
19			20			21			22			23			24			25				
9:00a 10:00a 10:00a 10:30a 10:30a 12:00p 12:00p 2:00p 3:00p	St. Jude's-Bus Run Church Service on TV 1st Methodist-Bus Run Chair Exercises (Video) Eucharist Distribution Gospel Hymns <u>Trivia - Movies</u> Movie Time	FD THR FD MS THR MS ART MS THR	10:00a 10:00a 10:35a 11:00a 12:00p 12:00p 1:00p 2:30p	Aldi/Winn Dixie The Daily Chronicle Yoga With Natalie Hymns w/ Ruth And Friends Lunch Bunch: Wicked Cantina Prize Bingo October Birthday Bash With	FD MS MS MS ALF MPR L ALL	10:00a 12:30p 1:00p 2:30p 4:00p	Daily Chronicles & Morning Coffee Karaoke With Jase Pumpkin Decoration Movie Time Walk Down Memory Lane - Story Sharing	MS THR MS THR MS	10:00a 10:45a 11:00a 1:00p 2:00p 3:00p	Exercises W/ Legacy Jammin W/ith Jamie Bible Study W/ Jimmy Make your Own Candy craft Publix Trip Painting with Betsy Destination Drive With Comfort- Culver's	MS MS THR MS ALF ART ALF	10:30a 11:00a 1:00p 2:00p 3:00p	Morning Chair Exercise Daily Chronicle Karaoke party Afternoon Movie: Sweet Sweet Music Game- With M&M's	MS MS THR THR MS	9:00a 10:00a 10:30a Conversation 1:00p 1:30p 3:00p Prizes 6:30p	St. John's Hearing Institute News Currents Morning Coffee and Conversation Art With Linda New Resident Orientation Write the word Game- Win Friday Night at the Movies	MPR MS MS ART FD MS	9:30a 10:00a 12:00p 1:00p 2:30p 3:30p 5:30p	Chair Exercise Video Shopping Trip: Trader Joes Crafts with Linda Quarter Bingo Life Coach Public Speaker- Laura Senior Trivia- Youtube Movie Time	MS FD ART MPR THR MS THR		
26			27			28			29			30			31							
9:00a 10:00a 10:00a 10:30a 10:30a 1:00p 4:00p 5:30p	St. Jude's-Bus Run Church Service on TV 1st Methodist-Bus Run Chair Exercises (Video) Eucharist Distribution Gospel Hymns Bucs Football Movie Time	FD THR FD MS THR MS MS THR	10:00a 10:00a 10:35a 11:00a 12:00p 1:00p 2:30p 5:00p	Tyrone Area Shopping The Daily Chronicle Yoga With Natalie EngagedSenior Lunch Bunch: Quaker Steak and Lube Prize Bingo Happy Hour With Randy Table Games	FD MS MS MS ALF MPR L ALL	10:00a 12:30p 1:00p 2:00p 2:00p 3:30p	Daily Chronicles EngagedSenior: Friend Feud Karaoke Party Resident Council Pretty Nails Movie Time	MS MS THR MPR MS THR	10:00a 10:45a 11:00a 1:00p 2:00p 3:00p 5:30p	Exercises W/ Legacy Jammin W/ith Jamie Bank & Pharmacy Bible Study W/ Jimmy Publix Trip Painting with Betsy Scenic Drive Puzzle Pals	MS MS FD THR ALF ART ALF MS	10:30a 11:00a 2:00p 3:00p	Morning Chair Exercise Daily Chronicle Afternoon Movie: Halloween Party With the Maliblues- Costume Contest	MS MS THR L	10:00a 10:30a Conversation 1:00p 1:30p 3:00p Show	News Currents Morning Coffee and Conversation Art With Linda New Resident Orientation National Magic Day - Magic	MS MS ART FD L					