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National Suicide Hotline
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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month
“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

BONITA SPRINGS IL

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Yom Kippur
- Happy Hour With Joey
- It's A Neon Family Night
- Celebrating With Flash Foward
- National Pink Out Day
- Wine & Wellness
- Our Annual Halloween Party

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.

SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY					
<div>OCTOBER 2025</div>															LOCATION KEY								
															IFL 1 st Floor			BR Billiards Room			MCA Memory Care Activity Room		
															IFA 1 st Floor Activity Room			CAF Café			CAF Memory Care Living Room		
															2FL 2 nd Floor			CHP Chapel			MCL Memory Care Living Room		
2FR 2 nd Floor Family Room			DR Dining Room			OUT Outing																	
3FA 3 rd Floor Activity Room			FCY Front Courtyard			O Outside																	
3FB 3 rd Floor Bar			FIT Fitness Center			PL Pool																	
3FT 3 rd Floor Theater			LR Living Room			R2R Room to Room																	
AR Activity Room			LO Lobby			THR Theater																	
AL Assisted Living			MC Memory Care																				
BIRTHDAYS						01			02 YOM KIPPUR			03			04								
Celebrating October Birthdays		Don K. 10/20 Sally S. 10/22 Dorothy H. 10/25 Colleen J. 10/27 Edward R. 10/28 John M. 10/30		10:00a Walgreens & CVS O 10:00a Blood Pressure Screening 2FR 10:15a Beanbag Baseball CAF 11:00a Exercise with Carmen 2FI 1:30p Publix Outing FD 3:00p Bingo B 7:30p Yom Kippur Gathering LR			10:00a Shuffleboard 1FA 10:00a Water Aerobics PL 11:00a Yahtzee Hour LR 11:15a Chair Zumba 2FI 1:00p Hand & Foot! LR 3:00p Bingo LR 6:00p Resident Game Hour LR			10:00a Bocce Ball 12:30p Walmart Shopping Trip Left, Right, Center-GameLR 1:00p Let's Play Cards LR 1:00p Mahjong with Jackie 1st Floor 2:00p Happy Hour with Tony! B			10:15a Beanbag Baseball LR 12:30p "Why Knot" Knitting Club 2F 1:00p Shuffleboard LR 2:00p Bingo w/Ruchelle 1FA 2:00p Wii Bowling 1FA										
05			06			07			08			09			10			11					
10:00a Church Services LR 11:00a Wii Bowling 1FA 1:30p Bingo 1FL 3:00p Sequence Game LR 6:00p Resident Game Hour LR	10:00a Communion-St. Leo's 1st Fl LR 2:00p Canasta 3LG 3:00p Bingo with Patsy LR 4:00p Resident Game Hour LR		10:00a Shuffleboard 1FA 10:00a JENGA CHALLENGE! LR 10:45a Exercise With MB! 2FF 12:00p Scrabble w/Stam LR 1:00p Bridge Club LR			10:00a Blood Pressure Screening 2FR 10:15a Beanbag Baseball CAF 11:00a Exercise with Carmen 2FI 1:30p Publix Outing FD 2:00p Happy Hour with Bob! B 3:00p Bingo B 4:00p Choir Practice 1FL			10:00a Shuffleboard 1FA 10:00a Water Aerobics PL 11:00a Yahtzee Hour LR 11:15a Chair Zumba 2FI 1:00p Hand & Foot! LR 5:00p Friends & Family Night! LR 6:00p Resident Game Hour LR			10:00a Bocce Ball 12:00p Buffalo Chips Outing! Left, Right, Center-GameLR 1:00p Let's Play Cards LR 1:00p Mahjong with Jackie 1st Floor			10:15a Beanbag Baseball LR 11:30a Exercise with Stan 2F 12:30p "Why Knot" Knitting Club LR 1:00p Shuffleboard 1FA 2:00p Bingo w/Ruchelle LR 2:00p Wii Bowling 1FA 7:00p Movie Night w/Gail! LR								
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18					
10:00a Church Services LR 11:00a Wii Bowling 1FA 1:30p Bingo 1FL 3:00p Sequence Game LR 6:00p Resident Game Hour LR	9:00a Communion-St. Leo's 1st Fl LR 10:00a Casino Day Trip! O 2:00p Canasta 3LG 3:00p Bingo with Patsy LR 4:00p Resident Game Hour LR		10:00a Shuffleboard 1FA 10:00a JENGA CHALLENGE! LR 10:45a Exercise With MB! 2FF 12:00p Scrabble w/Stam LR 1:00p Bridge Club LR 2:00p Happy Hour With Flash Forward! B			10:00a Blood Pressure Screening 2FR 10:00a Walgreens & CVS O 10:15a Beanbag Baseball CAF 11:00a Exercise with Carmen 2FI 1:30p Publix Outing FD 3:00p Bingo B 4:00p Choir Practice 1FL			10:00a Shuffleboard 1FA 10:00a Water Aerobics PL 11:00a Yahtzee Hour LR 11:15a Chair Zumba 2FI 1:00p Hand & Foot! LR 3:00p Bingo LR 6:00p Resident Game Hour LR			10:00a Bocce Ball 1:00p Left, Right, Center-GameLR 1:00p Let's Play Cards LR 1:00p Mahjong with Jackie 1st Floor 2:00p Happy hour with Tom! B			10:15a Beanbag Baseball LR 11:30a Exercise with Stan 2F 12:30p "Why Knot" Knitting Club LR 1:00p Shuffleboard 1FA 2:00p Bingo w/Ruchelle LR 2:00p Wii Bowling 1FA								
19			20			21 DIWALI			22			23			24			25					
10:00a Church Services LR 11:00a Wii Bowling 1FA 1:30p Bingo 1FL 3:00p Sequence Game LR 6:00p Resident Game Hour LR	9:00a Communion-St Leo's 1st Fl LR 2:00p Canasta 3LG 3:00p Bingo with Patsy LR 3:30p Dinner at Carrabba's! 4:00p Resident Game Hour LR		10:00a Shuffleboard 1FA 10:00a JENGA CHALLENGE! LR 10:45a Exercise With MB! 2FF 11:00a Let's Talk Activities 1FA 12:00p Scrabble w/Stam LR 1:00p Bridge Club LR			10:00a Blood Pressure Screening 2FR 10:15a Beanbag Baseball CAF 11:00a Exercise with Carmen 2FI 1:30p Publix Outing FD 3:00p Bingo B 4:00p Choir Practice 1FL			10:00a Shuffleboard 1FA 10:00a Water Aerobics PL 11:00a Yahtzee Hour LR 11:15a Chair Zumba 2FI 12:00p Birthday Luncheon DR 1:00p Hand & Foot! LR 3:00p Bingo LR 6:00p Resident Game Hour LR			8:00a PINK OUT DAY! 10:00a Bocce Ball 12:30p Saint Vincent DePaul Shopping O 1:00p Left, Right, Center-GameLR 1:00p Let's Play Cards LR 1:00p Mahjong with Jackie 1st Floor			10:15a Beanbag Baseball LR 11:30a Exercise with Stan 2F 12:30p "Why Knot" Knitting Club LR 1:00p Shuffleboard 1FA 2:00p Bingo w/Ruchelle LR 2:00p Wii Bowling 1FA 7:00p Movie Night w/Gail! LR								
26			27			28			29			30			31 HALLOWEEN								
10:00a Church Services LR 11:00a Wii Bowling 1FA 1:30p Bingo 1FL 3:00p Sequence Game LR 6:00p Resident Game Hour LR	9:00a Communion-St Leo's 1st Fl LR 2:00p Canasta 3LG 2:00p Wellness With Amy! B 3:00p Bingo with Patsy LR 4:00p Resident Game Hour LR		10:00a Shuffleboard 1FA 10:00a JENGA CHALLENGE! LR 10:45a Exercise With MB! 2FF 12:00p Scrabble w/Stam LR 1:00p Bridge Club LR			10:00a Blood Pressure Screening 2FR 10:00a Banks CAF 10:15a Beanbag Baseball 2FI 11:00a Blackjack Walk! FCY 1:30p Publix Outing FD 3:00p Bingo B 4:00p Choir Practice 1FL			9:00a Communion w/ St. Leo's LR 10:00a Shuffleboard 1FA 10:00a Water Aerobics PL 11:00a Yahtzee Hour LR 11:15a Chair Zumba 2FI 1:00p Hand & Foot! LR 3:00p Bingo LR 6:00p Resident Game Hour LR			10:00a Bocce Ball 12:30p Bonita Springs Library. Left, Right, Center-GameLR 1:00p Let's Play Cards LR 1:00p Mahjong with Jackie 1st Floor 2:00p Halloween Party! B											