CONTACTS

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National Suicide Hotline

Alzheimers Association 1-800-272-3900



American House Bonita Springs III

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HAPPY 250TH BIRTHDAY TO OUR U.S. MARINES

In 2025, the United States Marine Corps is celebrating its 250th birthday with events nationwide, and a special focus on the birthplace of the Corps—

Philadelphia. The year-long celebration also features commemorative coins from the U.S. Mint, parades, reenactments and historical exhibits, including the Battleship New Jersey Museum and Memorial.

On November 10th, Marines around the world will take a moment to reflect, commemorate and celebrate 250 years of winning our country's battles. Our Corps has never been stronger than it is today because of the Marines who wear the Eagle, Globe and Anchor with pride.



The main event will be a black-tie/mess-dress ball that will be held in the Grand Ballroom of the Bellevue in Philadelphia. This event will also be the 100th Marine Corps Birthday Ball. Once a Marine, always a Marine. Semper fidelis and happy 250th birthday!

Quote of the Month

Whatever you do, always give 100%. Unless you're donating blood.

~ BILL MURRAY

CHICAGO: TWO WORLD'S FAIRS, 40 YEARS APART

The World's Columbian Exposition in 1893 and A Century of Progress Exposition in 1934 were both hosted in Chicago. Intended to mark the 400th anniversary of Columbus's arrival in the New World, the World's Columbian Exposition was a monumental event that featured neoclassical architecture, the first electric lighting and innovations like the Ferris wheel and moving walkway.

A Century of Progress was the second World's Fair held in Chicago and a showcase for modern living, consumerism and entertainment. All of this was designed to stimulate spending during the Great Depression. There were nearly two dozen corporate pavilions pushing the latest gadgets for homes and cars. This World's Fair introduced millions of people to the

> newly created lakefront and foretold the rising influence that the automobile would have



Each World's Fair had a lasting impact on the city's architecture, economy, culture and identity. Both served as a powerful declaration of Chicago's resilience and forward-thinking spirit after a period of devastation caused by the Great Fire of 1871 and the Great Depression.

LIVING®WELL

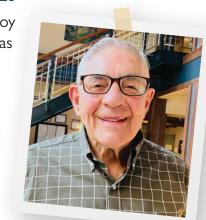
INSPIRING A HAPPIER, HEALTHIER YOU.

BONITA SPRINGS III NOVEMBER 2025

99 YEARS YOUNG AND STILL MOTIVATED FOR MORE!

In honor of Veteran's Day, meet Tony of American House Keene. He was in a convoy of ships heading towards an invasion of Japan when they got word World War II was over. Just a year earlier, Tony and three of his buddies enlisted in the U.S. Navy one week after graduating from high school.

Born in Boston, Tony's family moved to New Hampshire, when he was two years old. Tony's parents dropped out of school in 7th grade, but he was lucky to get an education through the GI Bill. A three-sport athlete in high school, Tony's love of sports lead to a 30-year coaching, teaching and athletic director career. He was such a good an athlete that he was inducted into the Hall of Fame at two schools.



Tony's post-coaching career in the insurance industry was just as successful, as were his roles as a husband to his beloved wife of 68 years and raising five happy and thriving children. At 99 years old, Tony never drank or smoked and stays in shape by working out a half an hour a day and eating healthy. Motivation has always been key to Tony's inspiring success story. He is the "Welcome Ambassador" at American House Keene and considered one of their kindest residents. We thank Tony and all our American House veterans for their service to our country.



NOVEMBER 2025 EVENTS

- Daylight Saving Time 11/2
- Happy Hour w/ Bob Greenway
- Zarita in Concert!
- Veterans Day
- Family Night!

Tom D. concert.

Kel&Shel concert

KEEPING DIABETES AT BAY

National Diabetes Month 2025 is dedicated to raising awareness about the chronic health condition that affects millions of people worldwide. This campaign aims to educate the public about the different types of diabetes, risk factors, prevention strategies and importance of early

detection and management. It also serves as a platform to support individuals living with diabetes, their families and health care providers in their efforts to control the disease and improve overall health.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		NOVEMB	BER 2025		10:0 12:3 1:00 2:00 2:00 3:00	30p "Why Knot" Knitting Club Dp Shuffleboard Dp Wii Bowling Dp Bingo w/Ruchelle LR 2FG 1FA B B
10:00a Church Services 12:00p NFL SUNDAY! 1:00p Rummikub 1:30p Bingo 1Fl 6:00p Resident Game Hour	R 11:00a Creature Feature w/Lori LR 12:00p Mel's Lunch Bunch! OUT 2:00p Canasta 3LG	10:45a Exercise With MB! 2FF	10:00a Blood Pressure Screening 2FR 11:00a Exercise w/Carmen 2F 1:30p Publix OUT 2:00p Guitarist Bob Greenway LR 2:00p Happy Hour B 3:00p Bingo B	10:00a Water Aerobics PL 10:00a Shuffleboard 2FG 11:00a Ambassador Meeting - Past, Present & Future! 3LG 11:15a Chair Zumba 2FI 1:00p Hand & Foot! LR 3:00p Bingo LR 6:00p Resident Game Hour LR	12:00a Community Walk PAT 10:0 10:00a Bocce Ball 12:3 10:30a Stretchin' with Stan 2F 1:00 1:00p Let's Play Cards LR 2:00 1:00p Mahjong with Jackie 3LG 2:00 2:00p Concert with Zarita! LR 3:00 2:00p Happy Hour OUT OUT	30p "Why Knot" Knitting Club Dp Shuffleboard Dp Wii Bowling Dp Bingo w/Ruchelle LR 2FG 1FA B B
10:00a Church Services 12:00p NFL SUNDAY! 1:00p Rummikub 1:30p Bingo 1Fl 6:00p Resident Game Hour	R 11:00a Creature Feature w/Lori LR R 2:00p Canasta 3LG L 3:00p Bingo with Patsy LR	12:00p Scrabble w/Stan LR	10:00a Blood Pressure Screening 2FR 11:00a Blackjack Walk! BP 1:00p Bank/Post Office OUT 2:00p Happy Hour B 3:00p Bingo B	10:00a Water Aerobics PL 10:00a Shuffleboard 2FG 11:00a Yahtzee Hour LR 11:15a Chair Zumba 2FI 1:00p Hand & Foot! LR 5:00p Family Night! 1FD	14 I5 12:00a Community Walk PAT 10:00a Bocce Ball 12:3 10:30a Stretchin' with Stan 2F 1:00p Let's Play Cards LR 1:00p Mahjong with Jackie 3LG 1:00p Left, Right, Center-GameLR 2:00p Happy Hour w/Tom	30p "Why Knot" Knitting Club Dp Shuffleboard Dp Wii Bowling Dp Bingo w/Ruchelle LR 2FG 1FA B B
10:00a Church Services Li 12:00p NFL SUNDAY! 1:00p Rummikub Li 1:30p Bingo 1F 6:00p Resident Game Hour	R 11:00a Creature Feature w/Lori LR 12:00p Dolly's Lunch Bunch OUT 2:00p Canasta 3LG	10:00aJENGA Challenge!LR10:45aExercise With MB!2FF12:00pScrabble w/StanLR1:00pBridge ClubLR	10:00a Blood Pressure Screening 2FR 10:00a Walgreens & CVS O 11:00a Exercise with Carmen 2FI 12:30p Food For Thought 1FD 2:00p Happy Hour B	10:00a Shuffleboard 1FA 10:00a Water Aerobics PL 10:00a Town Hall LR 11:00a Yahtzee Hour LR 11:15a Chair Zumba 2FI 12:30p Birthday Luncheon 1FD 1:00p Hand & Foot! LR		Op Wii Bowling 1FA Op Bingo w/Ruchelle B
10:00a Church Services LF 12:00p NFL SUNDAY! LF 1:00p Rummikub LF 1:30p Bingo 1FI 6:00p Resident Game Hour LF	R 11:00a Creature Feature w/Lori LR 2:00p Wellness with Amy! LR 2:00p Canasta 3LG	10:45a Exercise With MB! 2FF	10:00a Blood Pressure Screening 2FR 11:00a Exercise with Carmen 2FI 11:00a Thanksgiving Facts B 2:00p Happy Hour B	9:00a Macy's Parade LR 10:00a Shuffleboard 2FG 11:15a Chair Zumba 2FI 1:00p Hand & Foot! LR 4:00p Hallmark Holiday Movie LR	28 29 12:00a Community Walk PAT 10:00a Bocce Ball 12:3 10:30a Stretchin' with Stan 2F 1:00p Let's Play Cards LR 1:00p Mahjong with Jackie 3LG 1:00p Left, Right, Center-GameLR 3:00 2:00p Happy Hour w/Lori LR	OOa Lake Walk w/Stan SP 30p "Why Knot" Knitting Club LR Op Shuffleboard 2FG Op Wii Bowling 1FA Op Bingo w/Ruchelle B
10:00a Church Services LF 12:00p NFL SUNDAY! LF 1:00p Rummikub LF 1:30p Bingo 1FI 6:00p Resident Game Hour LF	Happy	IFA I st Floor Activity Room 3LG 3 rd I IFL I st Floor B Bist	ccee Ball Court PL Pool fé PG Putting Green ning Room		BIRTHDAYS	

All activities subject to change.

Bonita Springs III