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American House
SENIOR LIVING COMMUNITIES

Assisted Living Facility #13946

WHEN THE WORLD CAME TO MONTREAL IN 1967



Canada's Expo 67 stands as one of the most successful World's Fair ever held. The event provided an opportunity for Montreal to showcase its cultural and technological achievements on a global platform. With over 50 million visitors in just six months, it shattered attendance records, including an astonishing 569,500 visitors in a single day.

One of the main features of Expo 67 was its innovative site, which was located on artificial islands in the St. Lawrence River. Instead of selecting an existing landmass, Mayor Drapeau supported the creation of Notre Dame Island and the expansion of Saint Helen's Island.

Visitors to the Expo 67 enjoyed stunning architecture, new films and cinematic techniques, exhibits, rides and world-class artistic performances. Over 60 pavilions were built, including America's giant spherical bubble and Germany's iconic 15-story free-form tent. When completed, this World's Fair seemed like the future brought to life with its landscaped, urban, automobile-free environment.

Quote of the Month

"Everything I like is either illegal,
immoral or fattening."

- Alexander Woolcott

MICHAEL AT VAB: BECOMING SANTA BY ACCIDENT

One day long ago, Michael of American House Village at Bloomfield asked his beloved wife whether he should grow a beard while he took time off from work to help the family move. His wife said, sure, why not? When he returned to his job as Director of the Livonia Public Library, Michael happened to be meeting the city's mayor that day. The mayor's secretary took one look at him and said, "Michael, you're the answer to my prayers."

He laughed and asked what she was praying for. She said, "With your white beard, you could be Santa at the city's holiday parade." The local newspaper featured Michael as Santa on the front page and he's been playing Santa ever since.

Michael earned a degree at Oakland University and a master's in library science from the University of Michigan. He and his late wife were married for 50 years and had two sons. Michael plans on returning to spreading the joy of Santa when he recovers from a recent illness. We wish him well!



LIVING WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

BOYNTON BEACH

DECEMBER 2025

LIFE ENRICHMENT INSPIRES MAGIC, CONNECTION AND GROWTH

In the first week of October, members of the Life Enrichment team came together from across the country to American House HQ in Southfield, Michigan, for their "Be Our Guest" event. Amy Wallace, Corporate Director of Life Enrichment, summed up the spirit of the conference best when she said, "Our commitment to excellence begins with our teams staying educated, inspired and ready to enrich our residents' lives."

Held over two unforgettable days, the event was nothing short of magical. The excitement began bright and early as attendees arrived for registration and a lively ice breaker set the tone for fun and connection. Energy filled the room as familiar faces reconnected and new friendships were made. Highlights included Joe Graham's Conflict Resolution session—a theme that resonated deeply with the teams—a cooking demo by Chef Scott and Chef Dave, and Kathleen Sable from Alzheimer's Association shared powerful insights and resources.

The Life Enrichment team was also inspired by innovative breakout sessions by Holly Henderson, Kat Walker, Gina Rappuhn, Shelly Goggins, Jo Tsamaidis and Erin Bailess to round out a conference of creativity and camaraderie.



DECEMBER 2025 EVENTS

- The Gentlemen's Hour 12/2
- Art w/ Norberto 12/3
- Birthday Fiesta! 12/5
- JL Jazz Sunday 12/7
- FAMILY NIGHT - Snow Gala 12/11
- Shabbat Service 12/12
- Presentation w/ Shane 12/18
- Chef Food Demo 12/19
- Holiday Scenic Glow Tour 12/24
- New Years Ent. & Toast 12/31

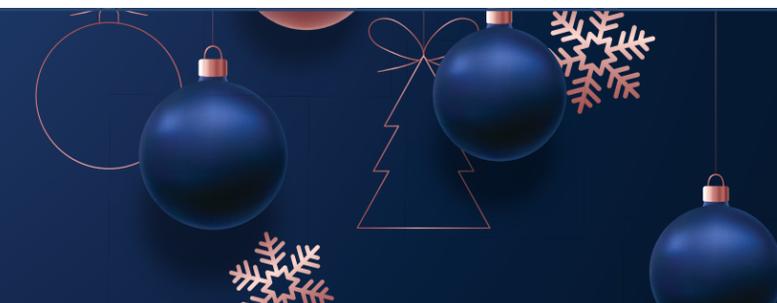
DAY TWO OF THE "BE OUR GUEST" CONFERENCE

After gathering for coffee the next morning, Amy Wallace led a discussion on Family Night 2026 and The Longevity League that sparked creativity and connection. Jill Marcum's session on AI explored how new technologies enhance engagement, and Karisa Reilly followed with an inspiring look at 5-Star Hospitality. Eric Walther ended the conference with a reminder that real magic lies in who we are: passionate professionals with heart. Jill noted that when "... our teams feel valued and educated, they make every day brighter for our residents."

**LIVING WELL
IS BEING WELL.**
American House Senior Living Communities

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

December 2025



LOCATION KEY

AR Activity Room	FSR Four Seasons Room	S Salon
CY Courtyard	GR Game Room	SPA Spa
DR Dining Room	LIB Library	THR Theatre
FAM Family Room	MCD Memory Care Dining Room	
FIT Fitness Center	MLB Memory Care Library	

01		02		03		04		05 BROADWAY BIRTHDAY FIESTA		06		
		9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	10:00a Morning Worship and Hymn 2FT	10:00a Morning Worship and Hymn 2FT	
		10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:00a Catholic Communion Services 2FF	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Catholic Communion Services 2FF	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	11:00a Bingo 1FA	11:00a Bingo 1FA
		11:30a Venture Trivia 1FA	11:00a Word Challenge 2F4	10:30a Art w/ Norberto 1FA	11:30a Venture Trivia 1FA	11:00a Palm Isles Choir Spotlight 2F4	10:30a Art w/ Norberto 1FA	11:00a Palm Isles Choir Spotlight 2F4	11:00a Palm Isles Choir Spotlight 2F4	11:00a Palm Isles Choir Spotlight 2F4	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT
		1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	10:30a Wellness Walk Wednesday 1LF	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	10:30a Wellness Walk Wednesday 1LF	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	2:00p Chair Yoga 2FF	2:00p Reel Reflections (Movie) 2FT
		2:30p Left, Right & Center 2F4	2:00p Bunko Delight 2LI	1:30p Reel Reflections (Movie) 2FT	2:30p Left, Right & Center 2F4	2:00p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	2:00p Reel Reflections (Movie) 2FT	2:00p Reel Reflections (Movie) 2FT	2:00p Reel Reflections (Movie) 2FT	3:00p Aromatherapy & Hand Massage 2LI	3:00p Chair Yoga 2FF
		3:00p Royal-TEA Experience 1FA	3:30p The Gentlemen's Hour 2LI	2:00p Bingo 1FA	3:00p Royal-TEA Experience 1FA	2:00p Life Enrichment Chat 2F4	2:00p Bingo 1FA	2:00p Life Enrichment Chat 2F4	2:00p Life Enrichment Chat 2F4	2:00p Life Enrichment Chat 2F4	3:00p Holiday Wreath Craft 1FA	3:00p Card Sharks: UNO! 2FG
7:00p Movie Night 2FT	7:00p Movie Night 2FT	4:00p Happy Hour w/ New Entertainer Ryan & Elixirs 2F4	7:00p Movie Night 2FT	3:30p Sitzball Volley 1FA	4:00p Happy Hour w/ New Entertainer Ryan & Elixirs 2F4	3:30p Sitzball Volley 1FA	3:30p Sitzball Volley 1FA	3:30p Sitzball Volley 1FA	7:00p Classic Film 2FT	7:00p Classic Film 2FT		
		7:00p Movie Encore 2FT		7:00p Movie Night 2FT		7:00p Movie Night 2FT		7:00p Movie Night 2FT				
07		08		09		10		11		12		
10:00a Live Sacred Sunday Mass 2FT	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	10:30a Sit & Be Fit w/ Ro! 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	10:30a Sit & Be Fit w/ Ro! 2F	9:30a Morning Walk 2F	10:00a Morning Worship and Hymn 2FT	10:00a Morning Worship and Hymn 2FT	
11:00a Zumba 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Holiday Snow Globe Craft w/ Ro! 1FA	10:00a Catholic Communion Services 2FF	11:00a Palm Isles Choir Spotlight 2F4	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:00a Catholic Communion Services 2FF	11:00a Palm Isles Choir Spotlight 2F4	10:30a Sit & Be Fit w/ Ro! 2F	11:00a Bingo 1FA	11:00a Bingo 1FA	
1:30p Reel Reflections (Movie) 2FT	11:30a Venture Trivia 1FA	1:30p Reel Reflections (Movie) 2FT	10:15a Sit & Be Fit w/ Ro! 2FF	1:00p Rummikub 1FA	1:30p Gabbi's Signature Experience 1FA	1:30p Gabbi's Signature Experience 1FA	10:15a Sit & Be Fit w/ Ro! 2FF	1:00p Rummikub 1FA	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	
2:30p Gabbi's Signature Experience 1FA	1:30p Reel Reflections (Movie) 2FT	2:30p Gabbi's Signature Experience 1FA	11:00a Outing: Winter Wonderettes! @DBPlayhouse 2FT	1:30p Reel Reflections (Movie) 2FT	2:00p Happy Hour w/ JL Jazz 2F4	2:00p Happy Hour w/ JL Jazz 2F4	11:00a Outing: Winter Wonderettes! @DBPlayhouse 2FT	1:30p Reel Reflections (Movie) 2FT	2:30p Beading Boutique Hour 1FA	2:00p Chair Yoga 2FF	2:00p Chair Yoga 2FF	
3:00p Sunday Game Lounge: Residents Choice! 1FA	2:00p Left, Right & Center 2F4	2:00p Happy Hour w/ JL Jazz 2F4	1:30p Reel Reflections (Movie) 2FT	2:00p Book Club Meeting w/ Madeline 2LI	3:00p Happy Hour w/ JL Jazz 2F4	3:00p Happy Hour w/ JL Jazz 2F4	1:30p Reel Reflections (Movie) 2FT	2:00p Book Club Meeting w/ Madeline 2LI	3:00p Holiday Wreath Craft 1FA	3:00p Holiday Wreath Craft 1FA	3:00p Holiday Wreath Craft 1FA	
4:00p Happy Hour w/ JL Jazz 2F4	3:30p Hearing Health Happy Hour w/ Grand Audition USA 2F4	4:00p Happy Hour: Signature Sips Wednesday 1FD	2:00p Bingo 1FA	5:00p Family Night 1FD	4:00p Happy Hour: Signature Sips Wednesday 1FD	4:00p Happy Hour: Signature Sips Wednesday 1FD	2:00p Bingo 1FA	5:00p Family Night 1FD	4:00p Shabbat Service 2F4	7:00p Classic Film 2FT	7:00p Classic Film 2FT	
7:00p Movie Night 2FT	7:00p Movie Night 2FT	7:00p Movie Night 2FT	4:00p Happy Hour: Signature Sips Wednesday 1FD	7:00p Movie Night 2FT	7:00p Movie Night 2FT	7:00p Movie Night 2FT	4:00p Happy Hour: Signature Sips Wednesday 1FD	7:00p Movie Night 2FT	7:00p Movie Night 2FT			
14		15 1 ST DAY OF HANUKKAH		16		17		18		19		
10:00a Live Sacred Sunday Mass 2FT	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	10:30a Sit & Be Fit w/ Ro! 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	10:30a Sit & Be Fit w/ Ro! 2F	9:30a Morning Walk 2F	10:00a Morning Worship and Hymn 2FT	10:00a Morning Worship and Hymn 2FT	
11:00a Zumba 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:00a Catholic Communion Services 2FF	11:00a Palm Isles Choir Spotlight 2F4	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:00a Catholic Communion Services 2FF	11:00a Palm Isles Choir Spotlight 2F4	10:30a Sit & Be Fit w/ Ro! 2F	11:00a Bingo 1FA	11:00a Bingo 1FA	
1:30p Reel Reflections (Movie) 2FT	11:30a Venture Trivia 1FA	11:30a Venture Trivia 1FA	10:30a Art w/ Norberto! 1FA	1:00p Captain's Table w/ Renata DR	1:30p Holiday Cocoa & Confections! 1FA	1:30p Holiday Cocoa & Confections! 1FA	10:30a Art w/ Norberto! 1FA	1:00p Captain's Table w/ Renata DR	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	
2:00p Holiday Cocoa & Confections! 1FA	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	10:30a Wellness Walk Wednesday 1LF	1:30p Community Idea Exchange 2F4	2:00p Happy Hour w/ Garth 2F4	2:00p Happy Hour w/ Garth 2F4	10:30a Wellness Walk Wednesday 1LF	1:30p Community Idea Exchange 2F4	2:30p Chef Food Demo 1FD	2:00p Chair Yoga 2FF	2:00p Chair Yoga 2FF	
3:00p Sunday Game Lounge: Residents Choice! 1FA	2:30p Presentation- W/ Roger Gross: What we did back then 2F4	2:30p Presentation- W/ Roger Michelle 2LI	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	3:00p Happy Hour w/ Garth 2F4	3:00p Happy Hour w/ Garth 2F4	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	3:00p Happy Hour & Live Music! 2F4	3:00p Rummikub 1FA	3:00p Rummikub 1FA	
4:00p Happy Hour w/ Garth 2F4	3:30p Left, Right & Center 2F4	3:30p Bunko Delight 2LI	2:00p Bingo 1FA	2:00p SitzBall Volley! 2FF	4:00p Happy Hour: Signature Sips Wednesday 2PA	4:00p Happy Hour: Signature Sips Wednesday 2PA	2:00p Bingo 1FA	2:00p SitzBall Volley! 2FF	4:00p Happy Hour & Live Music! 2F4	7:00p Classic Film 2FT	7:00p Classic Film 2FT	
7:00p Movie Night 2FT	7:00p Movie Night 2FT	7:00p Movie Night 2FT	4:00p Happy Hour: Signature Sips Wednesday 2PA	3:00p Presentation w/ Shane "Building Memory Skills Everyday" 2F4	7:00p Movie Encore 2FT	7:00p Movie Encore 2FT	4:00p Happy Hour: Signature Sips Wednesday 2PA	3:00p Presentation w/ Shane "Building Memory Skills Everyday" 2F4	7:00p Movie Night 2FT			
21		22		23		24 CHRISTMAS EVE		25 CHRISTMAS DAY		26 KWANZAA		
10:00a Live Sacred Sunday Mass 2FT	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	10:00a Morning Worship and Hymn 2FT	10:00a Morning Worship and Hymn 2FT	
11:00a Zumba 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:00a Catholic Communion Services 2FF	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:00a Catholic Communion Services 2FF	10:30a Virtual Holiday Music Gala & Refreshments 2FT	10:30a Sit & Be Fit w/ Ro! 2F	11:00a Bingo 1FA	11:00a Bingo 1FA	
1:30p Reel Reflections (Movie) 2FT	11:30a Venture Trivia 1FA	11:30a Venture Trivia 1FA	10:30a Wellness Walk Wednesday 1LF	1:30p Holiday Cocoa & Confections! 1FA	1:30p Holiday Cocoa & Confections! 1FA	1:30p Holiday Cocoa & Confections! 1FA	10:30a Wellness Walk Wednesday 1LF	11:00a Palm Isles Choir Spotlight 2F4	11:00a Palm Isles Choir Spotlight 2F4	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	
2:00p Holiday Cocoa & Confections! 1FA	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	2:00p Happy Hour w/ Garth 2F4	2:00p Happy Hour w/ Garth 2F4	2:00p Happy Hour w/ Garth 2F4	1:30p Reel Reflections (Movie) 2FT	11:00a Palm Isles Choir Spotlight 2F4	1:30p Reel Reflections (Movie) 2FT	2:00p Chair Yoga 2FF	2:00p Chair Yoga 2FF	
3:00p Sunday Game Lounge: Residents Choice! 1FA	2:30p Left, Right & Center 2F4	2:30p Left, Right & Center 2F4	2:00p Bingo 1FA	3:00p Happy Hour w/ Garth 2F4	3:00p Happy Hour w/ Garth 2F4	3:00p Happy Hour w/ Garth 2F4	2:00p Bingo 1FA	1:30p Reel Reflections (Movie) 2FT	2:30p Holiday Taboo: Teams! 2F4	3:00p Card Sharks: UNO! 2FG	3:00p Card Sharks: UNO! 2FG	
4:00p Happy Hour w/ Garth 2F4	3:30p Royal-TEA Experience 1FA	3:30p Royal-TEA Experience 1FA	4:00p Happy Hour: Live Music By Ro! 2F4	4:00p Happy Hour w/ Garth 2F4	4:00p Happy Hour w/ Garth 2F4	4:00p Happy Hour w/ Garth 2F4	4:00p Happy Hour: Live Music By Ro! 2F4	1:30p Reel Reflections (Movie) 2FT	4:00p Holiday Happy Hour w/ Theirry! LO	7:00p Classic Film 2FT	7:00p Classic Film 2FT	
7:00p Movie Night 2FT	7:00p Movie Night 2FT	7:00p Movie Night 2FT	6:00p Holiday Scenic Glow Tour	7:00p Movie Night 2FT	7:00p Movie Night 2FT	7:00p Movie Night 2FT	6:00p Holiday Scenic Glow Tour	4:00p Holiday Happy Hour w/ Theirry! LO	7:00p Movie Night 2FT			
28		29		30		31 NEW YEAR'S EVE		BIRTHDAYS				
10:00a Live Sacred Sunday Mass 2FT	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	9:30a Morning Walk 2F	Anne G. 12/23				
11:00a Zumba 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:00a Catholic Communion Services 2FF	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:30a Sit & Be Fit w/ Ro! 2F	10:00a Catholic Communion Services 2FF	Helen C. 12/31				
1:30p Reel Reflections (Movie) 2FT	11:30a Venture Trivia 1FA	11:30a Venture Trivia 1FA	10:30a Wellness Walk Wednesday 1LF	1:30p Holiday Cocoa & Confections! 1FA	1:30p Holiday Cocoa & Confections! 1FA	1:30p Holiday Cocoa & Confections! 1FA	10:30a Wellness Walk Wednesday 1LF	Connie B. 12/31				
2:00p Holiday Cocoa & Confections! 1FA	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	1:30p Reel Reflections (Movie) 2FT	2:00p Happy Hour w/ Garth 2F4	2:00p Happy Hour w/ Garth 2F4	2:00p Happy Hour w/ Garth 2F4	1:30p Reel Reflections (Movie) 2FT	Gail M. 12/31				
3:00p Sunday Game Lounge: Residents Choice! 1FA	2:00p Left, Right & Center 2F4	2:00p Left, Right & Center 2F4	2:00p Bingo 1FA	3:00p Happy Hour w/ Garth 2F4	3:00p Happy Hour w/ Garth 2F4	3:00p Happy Hour w/ Garth 2F4	2:00p Bingo 1FA					
4:00p Happy Hour w/ Garth 2F4	3:00p Lecture w/ Andy 2F4	3:00p Lecture w/ Andy 2F4	4:00p Happy Hour: Live Music By Ro! 2F4	4:00p Happy Hour w/ Garth 2F4	4:00p Happy Hour w/ Garth 2F4	4:00p Happy Hour w/ Garth 2F4	4:00p Happy Hour: Live Music By Ro! 2F4					
7:00p Movie Night 2FT	4:00p Royal-TEA Experience 1FA	4:00p Royal-TEA Experience 1FA	7:00p Movie Encore 2FT	7:00p Movie Night 2FT	7:00p Movie Night 2FT	7:00p Movie Night 2FT	7:00p Movie Encore 2FT					

All activities subject to change.