

CONTACTS

Executive Director
Renata LeRoy
rleroy@americanhouse.com

Wellness Director
Rith-Chelle Seraphin
boyntonbeachwellness@americanhouse.com

Community Relations Director
Carly Richardson
boyntonbeachsales1@americanhouse.com

Community Relations Director
Kaylyn Graydon
boyntonbeachsales2@americanhouse.com

Business Office Manager
James Harrell
jharrell@americanhouse.com

Memory Care Director
Karen Markowitz
kmarkowitz@americanhouse.com

Life Enrichment Director
Roanna Nedd
boyntonbeachlifeenrichment@americanhouse.com

Culinary Director
Anthony Kelly
boyntonbeachculinary@americanhouse.com

Maintenance Director
Jose Cabral
jcabral@americanhouse.com

National Suicide Hotline
988

Alzheimers Association
1-800-272-3900

**American House
Boynton Beach**
9776 Jog Rd
Boynton Beach | FL | 33437
561.941.7038
AmericanHouse.com

American House
SENIOR LIVING COMMUNITIES
Assisted Living Facility #13946

WHEN THE WORLD CAME TO MONTREAL IN 1967 expo67

Canada’s Expo 67 stands as one of the most successful World’s Fair ever held. The event provided an opportunity for Montreal to showcase its cultural and technological achievements on a global platform. With over 50 million visitors in just six months, it shattered attendance records, including an astonishing 569,500 visitors in a single day.

One of the main features of Expo 67 was its innovative site, which was located on artificial islands in the St. Lawrence River. Instead of selecting an existing landmass, Mayor Drapeau supported the creation of Notre Dame Island and the expansion of Saint Helen’s Island.

Visitors to the Expo 67 enjoyed stunning architecture, new films and cinematic techniques, exhibits, rides and world-class artistic performances. Over 60 pavilions were built, including America’s giant spherical bubble and Germany’s iconic 15-story free-form tent. When completed, this World’s Fair seemed like the future brought to life with its landscaped, urban, automobile-free environment.

Quote of the Month

“Everything I like is either illegal, immoral or fattening.”

~ Alexander Woolcott

MICHAEL AT VAB: BECOMING SANTA BY ACCIDENT

One day long ago, Michael of American House Village at Bloomfield asked his beloved wife whether he should grow a beard while he took time off from work to help the family move. His wife said, sure, why not? When he returned to his job as Director of the Livonia Public Library, Michael happened to be meeting the city’s mayor that day. The mayor’s secretary took one look at him and said, “Michael, you’re the answer to my prayers.”

He laughed and asked what she was praying for. She said, “With your white beard, you could be Santa at the city’s holiday parade.” The local newspaper featured Michael as Santa on the front page and he’s been playing Santa ever since.

Michael earned a degree at Oakland University and a master’s in library science from the University of Michigan. He and his late wife were married for 50 years and had two sons. Michael plans on returning to spreading the joy of Santa when he recovers from a recent illness. We wish him well!



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

BOYNTON BEACH

DECEMBER 2025

LIFE ENRICHMENT INSPIRES MAGIC, CONNECTION AND GROWTH

In the first week of October, members of the Life Enrichment team came together from across the country to American House HQ in Southfield, Michigan, for their “Be Our Guest” event. Amy Wallace, Corporate Director of Life Enrichment, summed up the spirit of the conference best when she said, “Our commitment to excellence begins with our teams staying educated, inspired and ready to enrich our residents’ lives.”



Held over two unforgettable days, the event was nothing short of magical. The excitement began bright and early as attendees arrived for registration and a lively ice breaker set the tone for fun and connection. Energy filled the room as familiar faces reconnected and new friendships were made. Highlights included Joe Graham’s Conflict Resolution session—a theme that resonated deeply with the teams—a cooking demo by Chef Scott and Chef Dave, and Kathleen Sable from Alzheimer’s Association shared powerful insights and resources.

The Life Enrichment team was also inspired by innovative breakout sessions by Holly Henderson, Kat Walker, Gina Rappuhn, Shelly Goggins, Jo Tsamaidis and Erin Bailess to round out a conference of creativity and camaraderie.



DECEMBER 2025 EVENTS

- The Gentlemen's Hour 12/2
- Art w/ Norberto 12/3
- Birthday Fiesta! 12/5
- JL Jazz Sunday 12/7
- FAMILY NIGHT - Snow Gala 12/11
- Shabbat Service 12/12
- Presentation w/ Shane 12/18
- Chef Food Demo 12/19
- Holiday Scenic Glow Tour 12/24
- New Years Ent. & Toast 12/31

DAY TWO OF THE “BE OUR GUEST” CONFERENCE

After gathering for coffee the next morning, Amy Wallace led a discussion on Family Night 2026 and The Longevity League that sparked creativity and connection. Jill Marcum’s session on AI explored how new technologies enhance engagement, and Karisa Reilly followed with an inspiring look at 5-Star Hospitality. Eric Walther ended the conference with a reminder that real magic lies in who we are: passionate professionals with heart. Jill noted that when “... our teams feel valued and educated, they make every day brighter for our residents.”

**LIVING WELL
IS BEING WELL.**
American House Senior Living Communities

SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY							
<div><div><div>December 2025</div></div><div></div></div>												LOCATION KEY													
												AR Activity Room		FSR Four Seasons Room		S Salon		CY Courtyard		GR Game Room		SPA Spa		DR Dining Room	
			01			02			03			04			05 BROADWAY BIRTHDAY FIESTA			06							
<div></div>			9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:30a Venture Trivia 1:30p Reel Reflections (Movie) 2:30p Left, Right & Center 3:00p Royal-TEA Experience 7:00p Movie Night	2F 2F 1FA 2FT 2F4 1FA 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:00a Word Challenge 1:30p Reel Reflections (Movie) 2:00p Bunko Delight 3:30p The Gentlemen's Hour 7:00p Movie Night	2F 2F 2F4 2FT 2LI 2LI 2FT	9:30a Morning Walk 10:00a Catholic Communion Services 10:30a Art w/ Norberto 10:30a Wellness Walk Wednesday 1:30p Reel Reflections (Movie) 2:00p Bingo 4:00p Happy Hour w/ New Entertainer Ryan & Elixirs 7:00p Movie Encore	2F 2FF 1FA ILF 2FT 1FA 2F4 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:00a Palm Ilse Choir Spotlight 1:30p Reel Reflections (Movie) 2:00p Life Enrichment Chat 3:30p Sitzball Volley 7:00p Movie Night	2F 2F 2F4 2FT 2FT 2F4 1FA 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 1:30p Outing: Home Goods (SIGN UP) 1:30p Reel Reflections (Movie) 4:00p Birthday Fiesta and Live Music 7:00p Movie Night	2F 2F 2FT 2F4 2FT 2F4 2FT	10:00a Morning Worship and Hymn 11:00a Bingo 1:30p Reel Reflections (Movie) 2:00p Chair Yoga 3:00p Aromatherapy & Hand Message 7:00p Classic Film	2FT 1FA 2FT 2FF 2LI 2FT											
07			08			09			10			11			12			13							
10:00a Live Sacred Sunday Mass 11:00a Zumba 1:30p Reel Reflections (Movie) 2:30p Gabbi's Signature Experience 3:00p Sunday Game Lounge: Residents Choice! 4:00p Happy Hour w/ JL Jazz 7:00p Movie Night	2FT 2F 2FT 1FA 1FA 2FT 1FA 2F4 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:30a Venture Trivia 1:30p Reel Reflections (Movie) 2:00p Left, Right & Center 3:30p Hearing Health Happy Hour w/ Grand Audition USA 7:00p Movie Night	2F 2F 1FA 2FT 2F4 2F4 2FT	9:30a Morning Walk 10:30a Holiday Snow Globe Craft w/ Ro! 1:30p Reel Reflections (Movie) 2:30p Gabbi's Signature Experience 4:00p Word Challenge 7:00p Movie Night	2F 2F 2FT 2FT 1FA 2FT	9:30a Morning Walk 10:00a Catholic Communion Services 10:15a Sit & Be Fit w/ Ro! 11:00a Outing: Winter Wonderettes! @DBPlayhouse 1:30p Reel Reflections (Movie) 2:00p Bingo 4:00p Happy Hour: Signature Sips Wednesday 7:00p	2F 2FF 2FF 2FT 2FT 1FA 1FA 1FD 2FT	10:30a Sit & Be Fit w/ Ro! 11:00a Palm Ilse Choir Spotlight Practice 1:00p Rummikub 1:30p Reel Reflections (Movie) 2:00p Book Club Meeting w/ Madeline 5:00p Family Night 7:00p Movie Night	2F 2F 2F4 1FA 2FT 2FT 2LI 1FD 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 1:30p Outing: Publix (SIGN UP) 1:30p Reel Reflections (Movie) 2:30p Beading Boutique Hour 4:00p Shabbat Service 7:00p Movie Night	2F 2F 2FT 1FA 2F4 2FT	10:00a Morning Worship and Hymn 11:00a Bingo 1:30p Reel Reflections (Movie) 2:00p Chair Yoga 3:00p Holiday Wreath Craft 7:00p Classic Film	2FT 1FA 2FT 2FF 1FA 2FT												
14			15 1 ST DAY OF HANUKKAH			16			17			18			19			20							
10:00a Live Sacred Sunday Mass 11:00a Zumba 1:30p Reel Reflections (Movie) 2:00p Holiday Cocoa & Confections! 3:00p Sunday Game Lounge: Residents Choice! 4:00p Happy Hour w/ Garth 7:00p Movie Night	2FT 2F 2FT 1FA 1FA 2FT 2F4 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:30a Venture Trivia 1:30p Reel Reflections (Movie) 2:30p Presentation- W/ Roger Gross: What we did back then 3:30p Left, Right & Center 7:00p Movie Night	2F 2F 1FA 2FT 2F4 2F4 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:00a Word Challenge 1:30p Reel Reflections (Movie) 2:30p Charmed Tarot Reading w/ Michelle 3:30p Bunko Delight 7:00p Movie Night	2F 2F 2F4 2FT 2LI 2LI 2FT	9:30a Morning Walk 10:00a Catholic Communion Services 10:30a Art w/ Norberto! 10:30a Wellness Walk Wednesday 1:30p Reel Reflections (Movie) 2:00p Bingo 4:00p Happy Hour: Signature Sips Wednesday 7:00p Movie Encore	2F 2FF 1FA ILF 2FT 1FA 2PA 2FT	10:30a Sit & Be Fit w/ Ro! 11:00a Palm Ilse Choir Spotlight Practice 12:00p Captain's Table w/ Renata 1:00p Community Idea Exchange 1:30p Reel Reflections (Movie) 2:00p SitzBall Volley! 3:00p Presentation w/ Shane "Building Memory Skills Everyday" 7:00p	2F 2F 2F4 DR 2F4 2FT 2FF 2F4 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:00a Beading Boutique Hour 1:30p Outing: Whole Foods (SIGN UP) 1:30p Reel Reflections (Movie) 2:30p Chef Food Demo 4:00p Happy Hour & Live Music! 7:00p Movie Night	2F 2F 1FA 2FT 2FT 1FD 2F4 2FT	10:00a Morning Worship and Hymn 11:00a Bingo 1:30p Reel Reflections (Movie) 2:00p Chair Yoga 3:00p Rummikub 7:00p Classic Film	2FT 1FA 2FT 2FF 1FA 2FT												
21			22			23			24 CHRISTMAS EVE			25 CHRISTMAS DAY			26 KWANZAA			27							
10:00a Live Sacred Sunday Mass 11:00a Zumba 1:30p Reel Reflections (Movie) 2:00p Holiday Cocoa & Confections! 3:00p Sunday Game Lounge: Residents Choice! 7:00p Movie Night	2FT 2F 2FT 1FA 1FA 2FT 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:30a Venture Trivia 1:30p Reel Reflections (Movie) 2:30p Left, Right & Center 3:30p Royal-TEA Experience 7:00p Movie Night	2F 2F 1FA 2FT 2F4 1FA 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:00a Word Challenge 1:30p Reel Reflections (Movie) 2:00p Bunko Delight 7:00p Movie Night	2F 2F 2F4 2F4 2FT 2LI 2FT	9:30a Morning Walk 10:00a Catholic Communion Services 10:30a Wellness Walk Wednesday 1:30p Reel Reflections (Movie) 2:00p Bingo 4:00p Happy Hour: Live Music By Ro! 4:30p Outing: Dinner (TBA) 6:00p Holiday Scenic Glow Tour	2F 2FF 1FA ILF 2FT 1FA 2F4	9:30a Morning Walk 10:30a Virtual Holiday Music Gala & Refreshments 11:00a Palm Ilse Choir Spotlight Practice 1:30p Reel Reflections (Movie) 4:00p Holiday Happy Hour w/ Theirry! 7:00p Movie Night	2F 2FT 2F4 2FT 2FT LO 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:00a Menu Chat Meeting 1:30p Outing: Walmart (SIGN UP) 1:30p Reel Reflections (Movie) 2:30p Holiday Taboo: Teams! 4:00p Brain Challenge! 7:00p Movie Night	2F 2F 2F4 2FT 2FT 1FA 2FT	10:00a Morning Worship and Hymn 11:00a Bingo 1:30p Reel Reflections (Movie) 2:00p Chair Yoga 3:00p Card Sharks: UNO! 7:00p Classic Film	2FT 1FA 2FT 2FF 2FG 2FT												
28			29			30			31 NEW YEAR'S EVE			BIRTHDAYS													
10:00a Live Sacred Sunday Mass 11:00a Zumba 1:30p Reel Reflections (Movie) 2:00p Holiday Cocoa & Confections! 3:00p Sunday Game Lounge: Residents Choice! 7:00p Movie Night	2FT 2F 2FT 1FA 1FA 2FT 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:30a Venture Trivia 1:30p Reel Reflections (Movie) 2:00p Left, Right & Center 3:00p Lecture w/ Andy 4:00p Royal-TEA Experience 7:00p Movie Night	2F 2F 1FA 2FT 2F4 2F4 1FA 2FT	9:30a Morning Walk 10:30a Sit & Be Fit w/ Ro! 11:00a Word Challenge 1:30p Reel Reflections (Movie) 2:00p Bunko Delight 3:30p Broadway Live in the Theater 7:00p Movie Night	2F 2F 2F4 2FT 2LI 2FT 2FT	9:30a Morning Walk 10:00a Catholic Communion Services 10:30a Sit & Be Fit w/ Ro! 1:30p Reel Reflections (Movie) 1:30p Town Hall Meeting 2:00p Bingo 4:00p New Years Eve Happy Hour 7:00p Movie Encore	2F 2FF 2FF 2FT 2F4 1FA 2FT	Anne G. 12/23 Helen C. 12/31 Connie B. 12/31 Gail M. 12/31																	