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THE 1915 SAN FRANCISCO WORLD'S FAIR

The Panama-Pacific International Exposition, as the 1915 World's Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco's grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America's worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World's Fair. It promoted technological advancements and was the first World's Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition's legacy is still evident in San Francisco. A few of the city's buildings were either rebuilt or designed in the style of the Exposition, like the Marina District's Palace of Fine Arts. The fair's location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city's most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN'T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer's Association for the past three years. The purpose of the Association's "The Longest Day" is to raise awareness and funds for Alzheimer's care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer's, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, "American House is a leader against the darkness of Alzheimer's. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



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American House
SENIOR LIVING COMMUNITIES

LIVING WELL

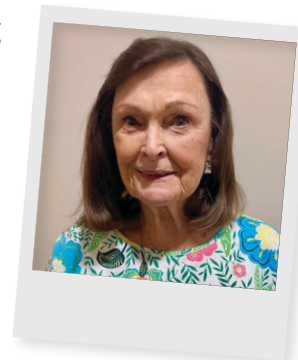
INSPIRING A HAPPIER, HEALTHIER YOU.

BURLINGTON CREEK AL

OCTOBER 2025

PHYLLIS OF ST. PETE'S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. "I'm so glad I'm here," said the happy, healthy 85-year-old. "I'm just bubbly on the inside. I'm going to live here the rest of my life. Life is wonderful at American House."



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis' parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis' life worked out better than she could have possibly expected. "I've had a wonderful life," she said, "and I still do at American House."



OCTOBER 2025 EVENTS!

- Family Party: Glow Night
- Halloween
- The Summit Duo
- Music with Aaron
- Music with Martin
- Pumpkin Decorating
- Medicare Wellness Chat

 FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that's held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.

 **LIVING WELL
IS BEING WELL.**
American House Senior Living Communities



LOCATION KEY

B Bistro	MCL Memory Care Living Room
BP Back Patio	MPD Memory Care Private Dining Room
DR Dining Room	PDR Private Dining Room
FIT Fitness Center	THR Theatre
MCD Memory Care Dining Room	

BIRTHDAYS 01 02 **YOM KIPPUR** 03 04

Joe Newman 10/12 Richard Webb 10/21 Mike Kelly 10/26	10:15a Chair Yogo with Fit B 10:30a Sequence B 1:00p Let's Get Crafty: Fall Coloring B 3:30p Kings In the Corner B	10:30a Beach Volleyball B 1:15p 25¢ BINGO B 2:30p Wellness Chat B 3:00p Phase 10 B	10:30a Let's Go Out B 10:30a Sequence B 2:00p Movie Day THR 3:30p Happy Hour B	10:00a Kings in the Corner B 1:00p Dominoes B 3:00p Uno Card Game B
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05 06 07 08 09 10 11

9:00a Church with Sandy THR 10:00a Mexican Train Dominoes B 1:00p Sunday Matinee THR 1:00p Kings In the Corner B 2:00p Dealers Choice B	10:00a Exercise w/ Empowerme B 10:30a Sequence B 10:30a Horseshoes BP 1:00p Manicure Monday B 2:00p Social Hour B	10:30a Yardzee BP 10:30a Moring Word Games B 1:15p 25¢ BINGO B 3:00p The Summit Duo B	10:00a Chair Yoga with Leah B 10:30a Sequence B 1:00p Let's Get Crafty: Painting B 3:30p Kings In the Corner B	10:30a Beach Volleyball B 1:15p 25¢ BINGO B 2:00p Uno All Wilds B 4:00p Family Party: B	10:30a Sequence B 1:00p Tech Help Hour B 2:00p Movie Day THR 3:30p Happy Hour B	10:00a Uno Card Game B 1:00p Rummikub B 3:00p Kings in the Corner B
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12 13 **INDIGENOUS PEOPLE'S DAY** 14 15 16 17 18

10:00a Mexican Train Dominoes B 1:00p Sunday Matinee THR 1:00p Kings In the Corner B 2:00p Dealers Choice B	10:00a Exercise w/ Empowerme B 10:30a Sequence B 10:30a Soak Up The Sun BP 1:00p Manicure Monday B 2:00p Social Hour B	10:30a Yardzee BP 10:30a Rummikub B 10:30a Moring Word Games B 1:15p 25¢ BINGO B 2:30p Trivia Games B	10:15a Chair Yoga with Fit B 10:30a Sequence B 1:00p Let's Get Crafty: Jewlery Making B 3:30p Kings In the Corner B	10:30a Beach Volleyball B 1:15p 25¢ BINGO B 2:30p Town Hall B 3:00p Resident Council Meeting B	10:30a Let's Go Out B 10:30a Sequence B 2:00p Movie Day THR 2:30p Next Month Calander Review B 3:30p Happy Hour B	10:00a Kings in the Corner B 1:00p Dominoes B 3:00p Uno Card Game B
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19 20 21 **DIWALI** 22 23 24 25

9:00a Church with Sandy THR 10:00a Mexican Train Dominoes B 1:00p Sunday Matinee THR 1:00p Kings In the Corner B 2:00p Dealers Choice B	10:00a Exercise w/ Empowerme B 10:30a Sequence B 10:30a Horseshoes BP 1:00p Manicure Monday B 2:00p Social Hour B	10:30a Yardzee BP 10:30a Moring Word Games B 1:15p 25¢ BINGO B 2:30p Wheel Of Fortune B	10:00a Chair Yoga with Leah B 10:30a Sequence B 1:00p Let's Get Crafty: Fall Craft B 2:00p Music with Aaron B 3:30p Kings In the Corner B	10:30a Beach Volleyball B 1:15p 25¢ BINGO B 2:30p Cook and Chat with Chef B	10:30a Sequence B 1:00p Tech Help Hour B 2:00p Movie Day THR 3:30p Happy Hour B	10:00a Uno Card Game B 1:00p Rummikub B 3:00p Kings in the Corner B
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26 27 28 29 30 31 **HALLOWEEN**

10:00a Mexican Train Dominoes B 1:00p Sunday Matinee THR 1:00p Kings In the Corner B 2:00p Dealers Choice B	10:00a Exercise w/ Empowerme B 10:30a Sequence B 10:30a Soak Up The Sun BP 1:00p Manicure Monday B 2:00p Social Hour B	10:30a Yardzee BP 10:30a Rummikub B 10:30a Moring Word Games B 1:15p 25¢ BINGO B 2:30p Trivia Games B	10:15a Chair Yoga with Fit B 10:30a Sequence B 1:00p Let's Get Crafty: Fall Craft B 2:30p Music with Martin B 3:30p Kings In the Corner B	10:30a Beach Volleyball B 1:15p 25¢ BINGO B 3:00p Phase 10 B	10:30a Let's Go Out B 10:30a Sequence B 2:00p Movie Day THR 3:30p Halloween Happy Hour B	
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All activities subject to change.