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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

BARTLETT

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Tim Jazz Piano
- Driving Sideways Band
- Roy Fisher Karaoke
- Bingo
- Neon Family Night
- Cooking Demo with Chef Angela
- Sit and Fit Exercise

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BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY					
<div>OCTOBER 2025</div>										LOCATION KEY							
										<div>AR</div> Activity Room	<div>CE</div> Chair Exercise Room	<div>DR</div> Dining Room	<div>FPO</div> Front Porch	<div>HAL</div> Hallway	<div>HW</div> Health & Wellness	<div>LR</div> Living Room	<div>LO</div> Lobby
BIRTHDAYS						01		02		YOM KIPPUR		03		04			
Dorothy H. 10/4 Dea M. 10/9 Eris C. 10/11 Deborah N. 10/12 Cathy S. 10/29						10:00a 11:00a 1:00p 3:00p 5:30p		Tim Jazz Piano A Sit and Fit Exercise Pet Therapy / Chli A Neon Seek and Find Evening Exercise Walk		PLR PLR LO LO HAL		9:30a 10:00a 2:00p 3:00p 5:30p		Let's Get Fit Exercise Movie: Halloween 2 Guess Who Charade Game St. Ann Church A Spooky Walk Exercise		PLR LO LO PLR HAL	
05		06		07		08		09		10		11					
9:30a 10:30a 2:00p 4:00p 5:30p		A Spooky Sit and Fit (exercise) Bellevue Church Movie: Little Women Get to know your Neighbor Walk With Me(exercise)		PLR PLR LO LO HAL		9:30a 10:30a 2:00p 3:30p 5:30p		Get In And Get Fit Exercise Bible Study / Marvin N. Bartlett Senior Singers Pet Therapy/ Chli Step In Line (exercise)		PLR LO DR LO HAL		9:30a 11:00a 2:00p 3:30p 5:30p		Walmart Trip Yoga Sit and Fit Exercise A Neon Bingo A Show and Tell / Family Photos Get Your Neon Walk On Exercise		OUT PLR DR DR HAL	
12		13		14		15		16		17		18					
9:30a 10:30a 2:00p 4:00p 5:30p		Take A Seat (exercise) Bellevue Church "Orange" Trivia A Memory Word Trivia Stepping High Exercise Walk		PLR PLR LO LO HAL		9:30a 10:30a 2:00p 3:00p 5:30p		Music Sit and Fit Bible Study/ Marvin N. Pet Therapy / Chli Memory Word Scrabble Game Walk with Me Exercise		PLR PLR LO LO HAL		9:30a 10:30a 2:00p 3:00p 5:30p		A Halloween Sit and Fit Bingo Arts: Decorate Cookies 70's Groove Music / Drinks Let's Walk Together Exercise		PLR DR AR AR HAL	
19		20		21		22		23		24		25					
9:00a 10:30a 2:00p 4:00p 5:30p		Get In and Get Fit Exercise Bellevue Church Movie: The Other T.V. Classic Charade Walk with Me Exercise		PLR PLR LO LO HAL		9:30a 10:30a 2:00p 3:00p 5:30p		A Neon Word Trivia Bible Study / Marvin Driving Sideways Band A Neon Happy Hour A Neon Exercise Walk		AR PLR DR DR HAL		9:30a 11:00a 2:00p 3:00p 5:30p		Jones Orchard Millington Pet Therapy / Chli A Neon Bingo A Neon Sit and Fit Exercise Walk with Me Exercise		OUT LO DR PLR HAL	
26		27		28		29		30		31		HALLOWEEN					
9:00a 10:30a 1:00p 2:00p 5:30p		Yoga Fit Exercise Bellevue Church Get To Know Your Neighbor Neon Lights Seek and Find Sheets A Hall-O-Ween Walk Exercise		PLR PLR LO AR HAL		9:30a 10:30a 1:00p 2:00p 5:30p		A Music Sit and Fit Exercise Bible Study / Marvin N. Pet Therapy / Chli The Penny Game A Hall-O- Ween Walk		PLR PLR LO AR HAL		9:30a 11:00a 2:00p 3:30p 5:30p		The Thrift Store Sit and Get Fit With Me Exercise Bingo Get To Know Your Neighbor A Neon Walk Exercise		OUT LO DR AR HAL	
10:30a 12:00p 2:00p 4:00p 5:30p		Bible Study / Leon October B- DAY Celebration Town Hall Meeting Arts; Scrape Booking A Hall-o-Ween Walk Exercise		PLR DR DR AR HAL		10:00a 11:30a 2:00p 3:00p 5:30p		A Memory Work Trivia Pet Therapy / Chli Sip, Sip, Paint St. Ann Church A Spooky Walk Exercise		AR LO AR PLR HAL		9:30a 10:30a 1:00p 2:00p 5:30p		A Halloween Sit and Fit / Music Bible Study A Halloween Trivia Game Movie; Hocus Pocus A Halloween Contest		PLR AR LO HAL	