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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

BRISTOL ASSISTED LIVING

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Family Night: Neon Glow Party!
- World Space Week
- Salute to Service Dinner
- Bingo After Dark
- Navy Birthday
- National Homemade Cookies Day
- Trunk & Treat

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<div>OCTOBER 2025</div>										LOCATION KEY			
										BAR Back Activity Room BCY Back Courtyard DR Dining Room FAR Front Activity Room FCY Front Courtyard	FPO Front Porch LE Life Enrichment LR Living Room LO Lobby MCC Memory Care Courtyard	MCD Memory Care Dining MCL Memory Care Living Room OUT Outing	
BIRTHDAYS						01	02	YOM KIPPUR		03	04		
Jonathan O. 10/02 Rachel K. 10/02 Louvennia S. 10/11 Peggy G. 10/19						9:00a Daily Chronicle Reading DR 10:00a Exercise with Charlie LR 10:30a Bingo with Josh & Friends BAR 2:00p National Homemade Cookies FAR Day! FAR 3:00p Wellness Check In with Gina & Kim Day 1 FAR	9:00a Daily Chronicle Reading DR 10:30a Wellness Check In with Gina & Kim Day 2 FAR 11:00a Chair Zumba LR 1:30p Would You Rather? Fall Edition LR 3:00p Bountiful Bookmarks FAR			9:00a Daily Chronicle Reading DR 10:30a Chair Yoga LR 11:00a Bingo FAR 1:30p Music from Justin Mychals LR 4:00p Jeopardy LR	9:00a Daily Chronicle Reading DR 11:00a Morning Motion BAR 1:00p All About Pumpkins Puzzle LE 1:30p Scrabble, Checkers and More! FAR 4:00p Front Porch Chat FPO		
05		06		07		08		09		10		11	
7:30a Sunday Morning Bible Study with Sister Brenda LR 8:30a Daily Chronicle Reading DR 10:00a Morning Motion BAR 2:00p Memory Lane LE 3:00p Afternoon Church LR		9:00a Daily Chronicle Reading DR 10:30a Stretch & Flex LR 11:00a Life Enrichment Meeting LR 1:30p Happy Hour & Fellowship FAR 3:30p Craft Corner: Galaxy In A Jar FAR		9:00a Daily Chronicle Reading DR 11:00a Elder Fit LR 1:30p Chocolate Covered Pretzels FAR 3:00p Tri-City Youth Choir LR 4:00p Wheel of Fortune LR		9:00a Daily Chronicle Reading DR 10:00a Exercise with Charlie LR 10:30a Bingo with Josh & Friends BAR 12:00p Outing - See Ericka to RSPV OUT 4:00p Family Feud LR		9:00a Daily Chronicle Reading DR 11:00a Chair Zumba LR 11:30a Wheel of Fortune LR 2:30p Music with The Allens & Kristie LR 5:00p Family Night: Neon Glow Party! LE		9:00a Daily Chronicle Reading DR 11:00a Bingo FAR 1:30p Bingo Store FAR 2:00p Movie LR 4:00p Jeopardy LR		9:00a Daily Chronicle Reading DR 11:00a Morning Motion BAR 1:00p Pumpkin Spice Latte Mining LE 1:00p Bible Study with Carol LR 4:00p Corn Hole LR	
12		13 INDIGENOUS PEOPLE'S DAY		14		15		16		17		18	
7:30a Sunday Morning Bible Study with Sister Brenda LR 8:30a Daily Chronicle Reading DR 10:00a Morning Motion BAR 2:00p Memory Lane LE 3:00p Afternoon Church LR		9:00a Daily Chronicle Reading DR 10:30a Stretch & Flex LR 1:30p Craft Corner: Dream Catchers FAR 2:00p Music from Daniel Perkins LR 4:00p Wheel of Fortune LR		9:00a Daily Chronicle Reading DR 11:00a Elder Fit LR 11:30a How it's made? LR 2:00p Karaoke with Gay & Brenda LR 4:00p Gospel Tunes with Brenda Viars LR		9:00a Daily Chronicle Reading DR 10:00a Exercise with Charlie LR 10:30a Bingo with Josh & Friends BAR 12:00p Out - Please See Ericka to RSVP OUT 4:00p Daily Trivia LR		9:00a Daily Chronicle Reading DR 11:00a Chair Zumba LR 12:00p Straw Hat Luncheon FAR 2:00p Tie Dye! BCY 3:30p Happy Hour & Fellowship FAR		9:00a Daily Chronicle Reading DR 10:30a Chair Yoga LR 11:00a Bingo FAR 2:00p Fancy Nails FAR 4:00p Jeopardy LR		9:00a Daily Chronicle Reading DR 11:00a Morning Motion BAR 1:00p Kitchen Item Scrabble Puzzle LE 2:00p Noodle Balloon LR 5:30p Movie Night LR	
19		20		21 DIWALI		22		23		24		25	
7:30a Sunday Morning Bible Study with Sister Brenda LR 8:30a Daily Chronicle Reading DR 10:00a Morning Motion BAR 2:00p Memory Lane LE 3:00p Afternoon Church LR		9:00a Daily Chronicle Reading DR 10:30a Stretch & Flex LR 1:30p Craft Corner: Pumpkins! FAR 2:15p Music with Jessica Lequieu LR 4:00p Wheel of Fortune LR		9:00a Daily Chronicle Reading DR 10:15a Gospel Tunes & Bible Study with Greg Kain LR 11:00a Elder Fit LR 1:00p National Apple Day! FAR 3:00p Happy Hour & Fellowship!		9:00a Daily Chronicle Reading DR 10:00a Exercise with Charlie LR 10:30a Bingo with Josh & Friends BAR 2:00p Craft Corner: Dog Treats FAR 4:00p Daily Trivia LR		9:00a Daily Chronicle Reading DR 10:30a Chair Zumba LR 11:00a Cooking Demo DR 2:00p Fancy Nails FAR 3:30p Connect 4 and More! LE		9:00a Daily Chronicle Reading DR 10:30a Chair Yoga LR 11:00a Bingo FAR 1:30p Music from JC & Floyd LR 4:00p Jeopardy LR		9:00a Daily Chronicle Reading DR 11:00a Morning Motion BAR 1:00p "Corn" on the "Cob" LE 4:00p Balloon Volleyball LR 5:30p Bingo After Dark FAR	
26		27		28		29		30		31 HALLOWEEN			
7:30a Sunday Morning Bible Study with Sister Brenda LR 8:30a Daily Chronicle Reading DR 10:00a Morning Motion BAR 2:00p Memory Lane LE 3:00p Afternoon Church LR		9:00a Daily Chronicle Reading DR 10:30a Stretch & Flex LR 1:15p Music from The Damascus Band LR 3:00p Halloween Treat FAR 4:00p Wheel of Fortune LR		9:00a Daily Chronicle Reading DR 11:00a Elder Fit LR 12:00p Southern Belle's Luncheon FAR 2:00p New Resident Craft Corner - Mason Jar Lanterns FAR 4:00p Brenda Viar's Gospel Sing-Along LO		9:00a Daily Chronicle Reading DR 10:00a Exercise with Charlie LR 10:30a Bingo with Josh & Friends BAR 2:00p Happy Hour & Fellowship FAR 3:00p Fancy Nails! FAR		9:00a Daily Chronicle Reading DR 11:00a Chair Zumba LR 11:30a Menu Chat LR 1:30p Music from The Sev7ens LR 4:00p Daily Trivia LR		9:00a Daily Chronicle Reading DR 11:00a Bingo FAR 11:00a Chair Yoga LR 1:30p Trunk N Treat LE 4:00p Jeopardy FAR			