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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



*Quote of the Month*  
“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”  
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

**American House raised over \$54,000 to bring our three-year total to \$166,000.** We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL  
INSPIRING A HAPPIER, HEALTHIER YOU.

BRENTWOOD ASSISTED LIVING

OCTOBER 2025

PHYLLIS OF ST. PETE’S:  
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Family Night
- Resident Birthday Party
- Resident Welcoming Party
- Breast Cancer Awareness Month
- Columbus Day
- Diwali
- Halloween
- Coffee Day

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																							
<div>October</div> <div></div> <div>2025</div>															LOCATION KEY																										
															AR Activity Room	BP Back Patio	B Bistro	CY Courtyard	DR Dining Room	FPO Front Porch	LO Lobby	MC Memory Care	MCA Memory Care Activity Room	MCD Memory Care Dining Room	MCL Memory Care Living Room	OUT Outing	S Salon	APT Your Apartment													
BIRTHDAYS						01			02			YOM KIPPUR			03			04																							
Carrie, B.10/14 Vicki, E. 10/20 Maria, W. 10/23 Irma, S. 10/25 Patricia, B. 10/30 Cynthia Kaye, W. 10/31									9:00a Coffee Day 10:00a <b>Let's Stay Active</b> 10:30a Coffee & Conversations 2:00p AH Cinema: UP 2009 3:00p Sherbet Social 6:00p Lipscomb Singers			AR LO AR AR AR LO			10:00a <b>Let's Stay Active</b> October IQ 10:30a <b>Bingo w/ Snacks</b> 3:00p Balloon Game 4:00p Phase 10 Card			LO AR AR AR AR			9:00a Smile Day 10:00a <b>Let's Stay Active w/ Mary</b> 10:30a <b>LUEY: Trivia w/ Mary</b> 11:00a Walmart Trip 2:00p Coloring 3:00p Hand & Foot Game			AR LO AR OUT AR AR			9:00a <b>Cinnamon Day</b> 10:00a <b>Fitness Class</b> 10:30a Cinnamon Socials 2:00p Bingo 3:00p Beans Bag Game 6:00p Movie of Choice			FPO LO AR DR AR AR											
05			06			07			08			09			10			11																							
10:30a Woodson Chapel Church Service <b>LO</b> 10:30a Veterans Coffee & Donuts 1:00p Hallway Stroll w/ Liz 3:00p <b>NFL:TEN vs ARI</b> 3:30p <b>Cool Down Sunday!</b> 6:00p AH Cinema Night			AR AR AR LO APT			10:00a Daily Workout 10:30a <b>LUEY: Oct. Birthday</b> 2:00p Color Matching Game 3:00p <b>Guys Talk/Drinks</b> 4:00p Darts Game			LO AR AR AR AR			9:00a <b>Frappe Day</b> 10:00a <b>Daily Workout</b> 10:30a Searching for Oct. 2:00p <b>Make your own Frappe</b> 3:00p <b>Nails Run</b> 4:00p Rummikub			FPO LO AR AR AR AR			10:00a <b>Daily Workout</b> 10:30a <b>Wellness u/ Therapist</b> 2:00p <b>Bingo Time</b> 3:00p <b>Yoga w/ Joseph</b> 6:00p Lipscomb Singers			LO AR DR DR LO			9:00a <b>NEON GLOW PARTY</b> 10:00a <b>Daily Workout</b> 10:30a Neon Glow Arts 3:00p Dining Room Decor 3:00p <b>Friend &amp; Feud w/ Snacks</b> 5:00p <b>Family Night Event</b>			AR LO AR DR AR DR			10:00a <b>Daily Workout</b> 10:30a Whiteboard Game 2:00p Bingo w/ Marcia 3:00p Relaxation w/ Beverages 6:00p Hand & Foot Game			LO AR AR AR AR			10:00a <b>Fitness Class</b> 10:30a Balloon game 2:00p Bingo 3:00p Scrabbles Board Game 6:00p Movie of Choice			LO AR DR AR AR		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																							
10:30a Creive Hall Church 1:00p Hallway Stroll w/ Liz 2:00p puzzles & Socialization 3:00p <b>NFL:TEN vs LV</b> 3:30p <b>Cool Down Sunday!</b> 6:00p AH Cinema Night			LO AR AR AR LO APT			10:00a <b>Engage into Phys. Activity</b> 10:30a <b>Brainstorming</b> 2:00p Penny Toss Game 3:00p <b>Guys Talk/Drinks</b> 4:00p <b>Resident Calendar Meet.</b>			LO AR LO AR AR			10:00a <b>Engage into Phys. Activity</b> 10:30a <b>Crafts w/ Nashville Library</b> 2:00p <b>Bingo Time</b> 3:00p <b>Nails Run</b> 4:00p Connection 4 Game			LO AR DR AR AR			10:00a <b>Engage Into Phys. Activity</b> 10:30a Town Hall Meeting 2:00p Pool Noodles Flowers 3:00p <b>AH Cinema: The Intern-2015</b> 6:00p Lipscomb Singers			LO DR AR AR LO			9:00a <b>Sport Day</b> 10:00a <b>Engage Into Phys. Activity</b> 2:00p <b>Cooking Demo by Chef</b> 2:30p <b>Resident Chef Menu</b> 3:00p Volleyball Prize Game			CY LO DR DR DR			10:00a <b>Engage Into Phys. Activity</b> 10:30a EZ DOES IT 2:00p Bingo Club 3:00p Bingo Preview 3:30p <b>Bingo Store</b>			LO AR DR DR DR			10:00a <b>Fitness Class</b> 10:30a Crossword Fun 2:00p Bingo 3:00p Ring Toss Game 6:00p Movie of Choice			LO AR DR AR AR		
19			20			21 DIWALI			22			23			24			25																							
10:30a Creive Hall Church 1:00p Hallway Stroll w/ Liz 2:00p puzzles & Socialization 3:00p <b>NFL:IND vs LAC</b> 3:30p <b>Cool Down Sunday!</b> 6:00p AH Cinema Night			LO AR AR AR LO APT			10:00a <b>Fun Workout Session</b> 10:30a Fishing Prize Game 2:00p <b>L.U.E.Y: Arts &amp; Crafts</b> 3:00p <b>Guys Talk/Drinks</b> 4:00p UNO			LO AR AR AR AR			10:00a <b>Fun Workout Session</b> 10:30a <b>Pet Therapy</b> 2:00p <b>Bingo Time</b> 3:00p <b>Nails Run</b> 4:00p Sorry Board Game			LO AR DR AR AR			10:00a <b>Fun Workout Session</b> 10:30a <b>Community Out Reach-Daycare</b> 2:00p Halloween Town Movie 3:00p Popcorn Social 6:00p Lipscomb Singers			LO OUT AR AR LO			8:00a <b>WEAR PINK</b> 9:00a <b>Breast Cancer Aware Month</b> 10:00a <b>Fun Workout Session</b> 10:30a <b>Brain Teaser Game</b> 2:00p <b>Candy Paint Brushes</b> 3:00p <b>Friend &amp; Feud w/ Snacks</b> 4:00p Phase 10			LO AR LO AR AR AR			10:00a <b>Fun Workout Session</b> 10:30a Devotional 2:00p <b>Halloween Spooky Tea</b> 3:00p Music w/ Jessica 4:00p Jenga wooden Game			LO AR DR DR AR			10:00a <b>Fitness Class</b> 10:30a Coloring 2:00p Bingo 3:00p Scrabbles Board Game 6:00p Movie of Choice			LO AR DR AR AR		
26			27			28			29			30			31 HALLOWEEN																										
10:30a Creive Hall Church 1:00p Hallway Stroll w/ Liz 2:00p puzzles & Socialization 3:25p <b>NFL:TEN vs IND</b> 3:30p <b>Cool Down Sunday!</b> 6:00p AH Cinema Night			LO AR AR AR LO APT			10:00a <b>Stay Fit</b> 10:30a <b>Bingo Time</b> 2:00p <b>L.U.E.Y: Halloween Cookies</b> 3:00p <b>Guys Talk/Root beer floats</b> 4:00p checkers			LO AR CY AR AR			10:00a <b>Stay Fit</b> 10:30a <b>Crafts w/ Nashville Library</b> 10:30a <b>Trust my Residents Game</b> 3:00p <b>Halloween Manicures</b> 4:00p Rummikub			LO AR CY AR AR						10:00a <b>Stay Fit</b> 10:30a Apple Picking- Use the clues 2:00p <b>Bobbing For Apples</b> 3:00p <b>AH movie: Hocus Pocus-1993</b> 6:00p Lipscomb Singers			LO AR CY LO			10:00a <b>Stay Fit</b> 10:30a Bible Study 2:00p Color By Number 3:00p <b>Friend &amp; Feud w/ Snacks</b> 4:00p Beans Bag Game			LO AR AR AR AR			9:00a Happy Halloween 10:00a <b>Stay Fit</b> 10:30a Halloween Trivia 2:00p Scavenger Hunt 3:00p <b>Halloween Pina</b>			CY LO AR CY CY					