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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

CEDARLAKE INDEPENDENT LIVING/ASSISTED LIVING

OCTOBER 2025

PHYLLIS OF ST. PETE’S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Violinist/Sam Hyson
- Welcome Home Brunch
- Name That Tune/Carole
- Family Night/Neon
- Edizon Dayao/Sax/keyboards
- Tailgate Party/Bears vs Saints
- Drum Circle/Mike Arturi
- Trick or Treat event
- Halloween Party/B Haselwood
- Hindu Temple outing

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																																												
<div>OCTOBER 2025</div>															LOCATION KEY																																															
															A&C Arts & Crafts Room B Bistro B&C Blue Spruce & Cedar Room BSD Blue Spruce Dining Room CDR Cedar Room CMR Community Room			FSL Fireside Lounge HW Health & Wellness LIB Library OUT Outing O Outside																																												
BIRTHDAYS						01			02			YOM KIPPUR			03			04																																												
10/04 Gerry K 10/06 Ligia M 10/12 Mike K 10/12 Bob R 10/14 Cheryl M 10/22 Tom C			10/22 Rosemarie H 10/23 Carol K 10/25 Ron P			Rosary 9:30 daily FSL			12:00a 9:00a 10:00a 1:00p 1:00p 2:30p 4:00p 5:00p 5:30p			SIGN UP FAMILY NIGHT Walk Club Scattergories Wii Bowling Pumpkin Craft by Barb Kings in the Corner Bingo Apex Happy Hour Grief Support Group			O CMR CMR CMR A&C FSL CMR BSD LIB			9:00a 10:00a 10:00a 1:00p 1:30p 3:00p 3:30p			Meijer 25 Words or Less Total Body Workout Dollar Tree Euchre Star of the Month Rummikub			OUT CMR CMR OUT A&C CMR CMR			9:00a 10:00a 10:00a 11:00a 1:30p 2:00p 2:00p 2:00p 2:30p 2:30p			Walk Club Welcome Home Brunch Play Nine Balloon Volleyball Mah Jongg Wii Bowling Ladies Chit Chat Corner Kings in the Corner Movie Committee Mtg			O CDR CMR FSL A&C CMR B FSL BSD			9:00a 10:00a 11:00a 1:00p 2:00p 2:00p 2:00p			Card Games Chat/Daily Chronicle Balloon Volleyball Wii Bowling The Chosen Mexican Train Rummikub			BSD CMR FSL CMR CMR BSD BSD																				
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10:20a 10:30a 1:30p 2:00p 3:00p			St. Mary's Mass Daily Chronicles Non-Denomination Svc Rummikub Candy Bar Bingo			OUT FSL CMR BSD CMR			9:00a 10:00a 11:00a 1:00p 2:00p 2:30p 4:00p 5:00p			Walk Club Large Crossword Puzzle Balloon Volleyball Play Nine Catholic Communion Kings in the Corner Wii Bowling HH/Sam Hyson			O CMR FSL CMR CMR FSL CMR BSD			9:00a 10:00a 11:00a 1:00p 2:00p 2:30p 3:45p			BAPS Swaminarayan Total Body Workout Hummingbird Rest Unique Experience/P&M Candy Bar Bingo Chapel with Pastor Loy			OUT CDR OUT CMR BSD A&C			9:00a 10:00a 1:00p 1:00p 2:00p 2:30p 4:00p			Walk Club Mexican Train Wii Bowling Craft w/Nicole Fox Rehab Kings in the Corner Bingo			O CMR CMR A&C CMR FSL CMR			9:00a 10:00a 11:00a 1:00p 1:30p 3:30p 5:00p			Meijer 25 Words or Less Total Body Workout Walmart Euchre Rummikub Family Night/Neon			OUT CMR CMR OUT A&C CMR BSD			9:00a 10:00a 11:00a 1:30p 2:00p 2:00p 2:30p 4:00p			Walk Club Play Nine Balloon Volleyball Mah Jongg Wii Bowling Ladies Chit Chat Corner Kings in the Corner Bingo			O CMR FSL A&C CMR B FSL CMR			9:00a 10:00a 11:00a 1:00p 2:00p 2:00p 2:00p			Card Games Chat/Daily Chronicle Balloon Volleyball Wii Bowling Mexican Train Rummikub			BSD CMR FSL CMR BSD BSD		
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10:20a 10:30a 1:30p 2:00p 3:00p			St. Mary's Mass Daily Chronicles Non-Denomination Svc Rummikub Candy Bar Bingo			OUT FSL CMR BSD CMR			9:00a 10:00a 11:00a 1:00p 2:00p 2:00p 2:30p 3:00p 4:00p			Walk Club Large Crossword Puzzle Balloon Volleyball Play Nine Current Events Catholic Communion Kings in the Corner Pastor Bill Group Wii Bowling			O CMR FSL CMR A&C CMR FSL LIB CMR			12:00a 10:00a 11:00a 11:30a 1:30p 2:30p 3:45p			Flu Vaccinations Day Life Enrichment Mtg. Total Body Workout Happy Place Wheel of Fortune Candy Bar Bingo Chapel with Pastor Loy			CMR B A&C OUT CDR BSD A&C			9:00a 10:00a 10:30a 1:00p 1:00p 2:30p 4:00p 5:00p			Walk Club Scattergories Menu Chat Wii Bowling Bunco w/ Nicole Kings in the Corner Bingo Bday/Edizon Dayao			O CMR CDR CMR B FSL CMR BSD			9:00a 10:00a 11:00a 1:00p 1:30p 2:00p 3:00p 3:30p			Meijer 25 Words or Less Total Body Workout Kohl's Euchre Resident Council BBB/Plainfield Rummikub			OUT CMR CMR OUT A&C BSD BSD CMR			9:00a 10:00a 11:00a 1:30p 2:00p 2:00p 2:30p 4:00p			Walk Club Play Nine Balloon Volleyball Mah Jongg Wii Bowling Ladies Chit Chat Corner Kings in the Corner Bingo			O CMR FSL A&C CMR B FSL CMR			9:00a 10:00a 11:00a 1:00p 2:00p 2:00p 2:00p 6:00p			Card Games Chat/Daily Chronicle Balloon Volleyball Wii Bowling The Chosen Rummikub Resident Happy Hour			BSD CMR FSL CMR CMR BSD BSD		
19			20			21			22			23			24			25																																												
10:20a 10:30a 12:00p 1:00p 1:30p 2:00p 3:00p			St. Mary's Mass Daily Chronicles HH/Tailgate Party Healing Hearts/Gus Non-Denomination Svc Rummikub Candy Bar Bingo			OUT FSL B FSL CMR BSD CMR			9:00a 10:00a 10:30a 11:00a 1:00p 2:00p 2:30p 4:00p			Walk Club Large Crossword Puzzle Book Club Balloon Volleyball Play Nine Catholic Communion Kings in the Corner Wii Bowling			O CMR LIB FSL CMR CMR FSL CMR			10:00a 11:00a 11:30a 1:30p 2:30p 3:45p 5:00p			Loaded Questions Total Body Workout Denny's Jeopardy Candy Bar Bingo Chapel with Pastor Loy Reverse Trick O Treat			CMR CMR OUT CMR CMR CMR FSL			9:00a 10:00a 1:00p 2:00p 2:30p 4:00p 5:00p			Walk Club Mexican Train Wii Bowling HH/Name That Tune Kings in the Corner Bingo Reverse Trick O Treat			O CMR CMR CMR FSL CMR FSL			9:00a 10:00a 11:00a 1:00p 1:30p 2:00p 3:00p 3:30p			Meijer 25 Words or Less Total Body Workout Aldi Euchre Pumpkin Carving Bean Bag Baseball Rummikub			OUT CMR CMR OUT A&C B CMR CMR			9:00a 10:00a 11:00a 11:30a 1:30p 2:00p 2:00p 2:00p 2:30p 4:00p			Walk Club Play Nine Balloon Volleyball Dollinger Pumpkin Farm Mah Jongg Wii Bowling Ladies Chit Chat Corner Kings in the Corner Bingo			O CMR FSL OUT A&C CMR B FSL CMR			9:00a 10:00a 11:00a 1:00p 2:00p 2:00p 3:00p			Card Games Chat/Daily Chronicle Balloon Volleyball Wii Bowling Mexican Train Rummikub Trick or Treat			BSD CMR FSL CMR BSD BSD BSD		
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10:20a 10:30a 1:30p 2:00p 3:00p			St. Mary's Mass Daily Chronicles Non-Denomination Svc Rummikub Candy Bar Bingo			OUT FSL CMR BSD CMR			9:00a 10:00a 11:00a 1:00p 2:00p 2:30p 3:00p 4:00p			Walk Club Large Crossword Puzzle Balloon Volleyball Play Nine Catholic Communion Kings in the Corner Pastor Bill Group Wii Bowling			O CMR FSL CMR CMR FSL LIB CMR			10:00a 11:00a 11:30a 1:30p 2:30p 3:45p			Random Trivia Total Body Workout Olive Garden Wheel of Fortune Candy Bar Bingo Chapel with Pastor Loy			CMR CMR OUT CMR BSD CMR			9:00a 10:00a 10:30a 1:00p 2:00p 2:30p 4:00p			Walk Club Scattergories Cook Demo/Polish Wii Bowling Fall Cards by Barb Kings in the Corner Bingo			O CMR CDR CMR A&C FSL CMR			9:00a 10:00a 10:30a 11:00a 1:00p 1:30p 2:30p 3:30p			Meijer 25 Words or Less AL Town Hall Total Body Workout Jewel Euchre IL Town Hall Rummikub			OUT CMR CDR CMR OUT A&C BSD CMR			9:00a 10:00a 11:00a 1:30p 2:00p 2:00p 2:30p 4:00p			Walk Club Play Nine Balloon Volleyball Mah Jongg Wii Bowling Ladies Chit Chat Corner HH/Halloween Party Kings in the Corner Bingo			O CMR FSL A&C CMR B BSD FSL CMR											