CONTACTS

Executive DirectorJill Lajoie

Wellness Director Alicia Reece

Community Relations Director Nancy Russel

Community Relations Director Will Hickey

Maintenance Director Scott Moyer

Culinary Director Sam Kaufman

Housekeeping Director Heather Blakely Ortega

Memory Care Director Tina Muhammad

Life Enrichment Director Ivette Elisa Fernandez

National Suicide Hotline

Alzheimers Association 1-800-272-3900

> American House Coconut Point

8460 Murano Del Lago Dr Estero | FL | 34135 239.567.9242

American House.com



Assisted Living Facility #12898

THE 1915 SAN FRANCISCO WORLD'S FAIR

The Panama-Pacific International Exposition, as the 1915 World's Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco's grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America's worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World's Fair. It promoted technological advancements and was the first World's Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition's legacy is still evident in San Francisco. A few of the city's buildings were either rebuilt or designed in the style of the Exposition, like the Marina District's Palace of Fine Arts. The fair's location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city's most popular recreational open spaces, are products of these landscape changes.





HE WHO LAUGHS LAST DIDN'T GET THE JOKE.



LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer's Association for the past three years. The purpose of the Association's "The Longest Day" is to raise awareness and funds for Alzheimer's care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer's, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, "American House is a leader against the darkness of Alzheimer's. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



INSPIRING A HAPPIER, HEALTHIER YOU.

COCONUT POINT OCTOBER 2025

PHYLLIS OF ST. PETE'S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. "I'm so glad I'm here," said the happy, healthy 85-year-old. "I'm just bubbly on the inside. I'm going to live here the rest of my life. Life is wonderful at American House."



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis' parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis' life worked out better than she could have possibly expected. "I've had a wonderful life," she said, "and I still do at American House."

women to go for regular breast cancer screening, starting at the age of 40.



OCTOBER 2025 EVENTS!

- 10/01 Coffee with a Cop!
- 10/06 Fall Prevention Seminar
- 10/09 Glow Party Family Night
- 10/13 Columbus Day Pizza Party
- 10/15 Tobin & Boomer Pet Visit
- 10/16 New Resident Luncheon
- 10/17 Naples Big Band Concert
- 10/24 University Lecture
- 10/25 Schnitzels Food Truck
- 10/31 Costume Party



BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that's held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage



	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	SATURDAY
				1/1/11				1			LOCAT	ION KEY
				CTC	BER 20	025					2FA 2nd Floor Activity Room 3FT 3rd Floor Theater ALD AL Dining AR Activity Room B Bistro BC Bocce Ball Court BR Billiards Room BS Business Suite CC Croquet Court CHP Chapel CY Courtyard DR Dining Roo FAM Family Roo GR Game Roo GR Game Roo FIT Fitness Cer HAL Hallway Health & W	m MC Memory Care m O Outside ourt PL Pool oter PR Puzzle Room S Salon
Pro- April property (1)			BIRTHDAYS			01		02	YOM KIPPUR		03	04
						9:00a 9:30a 10:00a 2FA 10:30a 12:30p 2:00p 3:00p 5:30p	Coffee with a Cop! B Stretch & Strengthen 2FA Mini Steel Drumming Class Wii Bowling GR L.C.R Dice Game 2FA Happy Hour w/Flash Forward ALD Fall Festive Crafts B Poker Night BR	10:00a 11:00a 11:30a 1:00p 1:00p 3:00p	Zumba Chair Fitness Let's Play Bingo Water Aerobics with Judy Cooking Demo w/Chef Sam Menu Chat with Chef Sam Hand & Foot Blood Pressure Check Trivia & Drink of the day! Movie Night	2FA AR PL 2FA 2FA B THR	9:30a Bocce Ball Players 10:00a Cardio Drumming 11:00a Lunch Bunch Trip:Cheddars 1:00p Bible Study 2:00p Happy Hour w/NY Rhythm 3:00p Hooping Contest 6:00p Movie Night: Hocus Pocus 6:30p Let's Play Pool! BC CHP ALD ALD THR BR	10:00a Resident Led Water Aerobics PL 10:30a Mexican Train - Resident Run AR 1:00p Publix/Target Shopping Trip LO 1:30p Puzzles & Table Games PR 3:00p Going to St. Leo the Great LO 6:00p Movie Night THR
05		(16	07		08		09			10	II
10:00a 1 2FA 10:30a 7 1:00p 5 2:00p 1	Morning Movie Board Game Day-Resident R Adult Coloring Class-Self Rar Sunshine Gardners Movie Matinee Bloody Mary Bingo Movie Night	an 9 1 1 1 THR 1 AR 3 THR 2	30a Shuffle Board 30a Tai Chi w/Solaris 0:00a Coffee & Current Events 0:30a Nickels Game-Bring Nickels 0:00p Bible Study 1:00p Fall Prevention w/Lee H FT 1:00p Bake & Taste: Healthy Brown 1:00p Designing with Denise	CHP 12:00p B 1:00p	Zumba Chair Fitness Let's Play Bingo! Catholic Communion Water Aerobics with Jo National Taco Day:Walking Ta Gospel Singalong with David Z Bridge Group	12:30p	Stretch & Strengthen Mini Steel Drumming Class Shelby & Rollie K9 Visit GR Wii Bowling GR L.C.R Dice Game 2FA Happy Hour ALD Fall Festive Crafts B Poker Night BR	10:00a 10:00a 1:00p 1:00p 4:00p 6:00p	Zumba Chair Fitness Let's Play Bingo Water Aerobics with Judy Hand & Foot Blood Pressure Check Glow Party Family Night Movie Night	2FA AR PL 2FA 2FA ALD THR	9:30a Bocce Ball Players BC 10:00a Cardio Drumming 2FA 11:00a Lunch Bunch Trip: Shangri La 1:00p Bible Study CHP 2:00p Happy Hour ALD 3:00p Hooping Contest 6:00p Movie Night: Beetle Juice BR	10:00a Resident Led Water Aerobics PL 10:30a Mexican Train - Resident Run AR 1:00p Publix/Target Shopping Trip LO 1:30p Puzzles & Table Games PR 3:00p Going to St. Leo the Great LO 6:00p Movie Night THR
12			3 INDIGENOUS PEOPLE'S DAY	14		15		16			17	18
10:00a 1 2FA 10:30a 1:00p 1:2:00p 1:2:00p 1:00p 1:00p	Morning Movie Board Game Day-Resident R Adult Coloring Class-Self Rar Sunshine Gardners Movie Matinee Bloody Mary Bingo Movie Night	tan 9 1 1 1 1 1 1 1 1 1 1 1 1 1 1 2 1 1 3	30a Shuffle Board 30a Tai Chi w/Solaris 0:00a Coffee & Current Events 0:30a Nickels Game-Bring Nickels 2:00p Columbus Day Pizza Party 0:00p Bible Study 0:00p Designing with Denise 0:00p Armchair Travels & Talk 0:00p Movie Night	B 10:00a	Catholic Communion Water Aerobics with Jo Book Club Bridge Group Chair Fitness	AR 9:30a 2FA 10:00a CHP 2FA 10:30a LIB 12:30p GR 1:00p YG 2:00p 2FA 3:00p GR 5:30p	Stretch & Strengthen Mini Steel Drumming Class Wii Bowling L.C.R Dice Game Tobin & Boomer Pet Visit Happy Hour w/Sail on Shaun Fall Festive Crafts Poker Night PAR 2FA FAM ALD BR	10:00a 10:00a 12:00p 1:00p 1:00p 2:00p 3:00p	Zumba Chair Fitness Let's Play Bingo Water Aerobics with Judy New Resident Luncheon Hand & Foot Blood Pressure Check Boho Chic Art Class Trivia & Drink of the day! Movie Night	2FA AR PL DR 2FA 2FA B THR	9:30a Bocce Ball Players BC 10:00a Cardio Drumming 2FA 11:00a Lunch Bunch Trip: Cheesecake Factory 1:00p Bible Study CHP 2:00p Naples Big Band Concert ALD 3:00p Hooping Contest 6:00p Movie Night: We Have a Ghost	10:00a Resident Led Water Aerobics PL 10:30a Mexican Train - Resident Run AR 1:00p Publix/Target Shopping Trip LO 1:30p Puzzles & Table Games PR
19		2	20	21	DIWALI	22		23			24	25
10:00a I 2FA 10:30a / 1:00p S 2:00p I	Morning Movie Board Game Day-Resident R Adult Coloring Class-Self Rar Sunshine Gardners Movie Matinee Bloody Mary Bingo Movie Night	an 9 1 1 1 1 THR 1 AR 2 THR 3	30a Shuffle Board 30a Tai Chi w/Solaris 0:00a Coffee & Current Events 0:00a Catholic Mass 0:30a Nickels Game-Bring Nickels 0:00p Bible Study 0:00p Designing with Denise 0:00p Armchair Travels & Talk 0:00p Movie Night	CY 9:30a 2FA 10:00a B 10:00a CHP 10:30a HAL 1:00p CHP 2:00p 2FA 2:00p 2FA 3:00p THR 6:00p	Catholic Communion Water Aerobics with Jo	AR 9:30a 2FA 10:00a CHP 2FA PL 10:30a 2FA 11:30a GR 12:30p YG 2:00p O ALD GR 3:15p	Stretch & Strengthen Mini Steel Drumming Class Wii Bowling GR IL Town Hall THR L.C.R Dice Game 2FA Happy Hour w/Jennifer Gilmore AL Town Hall ALD	10:00a 10:00a 1:00p 1:00p 3:00p 6:00p	Zumba Chair Fitness Let's Play Bingo Water Aerobics with Judy Hand & Foot Blood Pressure Check Trivia & Drink of the day! Movie Night	2FA AR PL 2FA 2FA B THR	9:30a Bocce Ball Players BC 10:00a Cardio Drumming 2FA 10:30a University Lecture w/Dr. Kerr THR 11:00a Schnitzels Food Truck! O 1:00p Bible Study CHP 2:00p Oktoberfest Party w/Richard Watts 6:00p Movie Night: Practical Magic	10:00a Resident Led Water Aerobics PL 10:30a Mexican Train - Resident Run AR 1:00p Publix/Target Shopping Trip LO 1:30p Puzzles & Table Games PR 3:00p Going to St. Leo the Great LO 6:00p Movie Night THR
26		2	7	28		29		30			31 HALLOWEEN	
10:00a I 2FA 10:30a / 1:00p S 2:00p I 2:00p I	Morning Movie Board Game Day-Resident R Adult Coloring Class-Self Ran Sunshine Gardners Movie Matinee Bloody Mary Bingo Movie Night	an 9 1 1 1 1 THR 1 AR 2 THR 3	30a Shuffle Board 30a Tai Chi w/Solaris 0:00a Coffee & Current Events 0:30a Nickels Game-Bring Nickels 0:00p Bible Study 0:00p Build Your Banana Split Bar 0:00p Designing with Denise 0:00p Armchair Travels & Talk 0:00p Movie Night	CY 9:30a 2FA 10:00a B 10:00a HAL 10:30a CHP 1:00p B 2:00p 2FA 2:00p 2FA 3:00p THR 6:00p		AR 9:30a 2FA 10:00a CHP PL 10:30a LIB 12:30p GR 2:00p YG ALD O 3:00p GR 5:30p	Stretch & Strengthen 2FA Mini Steel Drumming Class Wii Bowling GR L.C.R Dice Game 2FA Birthday Party w/Chicago Heat Fall Festive Crafts B Poker Night BR	10:00a 10:00a 11:00a 1:00p 1:00p 3:00p 6:30p	Zumba Chair Fitness Let's Play Bingo Water Aerobics with Judy Bus to Dollar Tree Hand & Foot Blood Pressure Check Trivia & Drink of the day! Professor of Musicology	2FA AR PL LO 2FA 2FA B THR	9:30a Bocce Ball Players BC 10:00a Cardio Drumming 2FA 11:00a Lunch Bunch Trip: Culvers LO 1:00p Bible Study CHP 2:00p Halloween Party w/Jersey John ALD 3:00p Halloween Big Bar Bingo 6:00p Movie Night: Haunted Mansion THR	

All activities subject to change.