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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



*Quote of the Month*

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

**American House raised over \$54,000 to bring our three-year total to \$166,000.** We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

CARPENTER

OCTOBER 2025

PHYLLIS OF ST. PETE’S:  
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Every Friday- Happy Hour at 2p
- Art for all Ages the 13th
- Jerry Perrine the 6th
- Meijers outing every Wednesday
- Art & Design on Wednesdays
- Trick or Treat with families
- Magic show on Halloween

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
															LOCATION KEY					
															ART Art Studio BR Billiards Room CAF Café CHP Chapel/Movie Room DR Dining Room FIT Fitness Center			LO Lobby LIB Library OUT Outing S Salon THR Theater		
BIRTHDAYS						01			02			YOM KIPPUR			03			04		
Doug V. - 8th Gary Z. - 11th Don S. -13th Ginny P. - 14th Ron G - 18th Bobby C. - 22nd			Crystal P. - 22nd Terry D. - 24th Mary Beth B. - 26th Doris S. - 30th			10:30a Morning Exercise LO 11:00a Trivia Cards LO 1:00p Meijer's Outing OUT 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Give me 5 LO 1:30p darts CAF 2:45p Thursday BINGO! DR 6:00p Social Clubs- Games & Groups LIB			10:30a Band Exercises LO 11:00a Trivia Cards LO 2:00p Happy Hour CAF 3:00p Live Entertainment - Matt Ball LO 6:00p Social Clubs- Games & Groups LIB			10:00a Coffee Social CAF 11:00a Resident Run Exercises LO 2:00p Joy Group LIB 3:00p Resident Bingo DR 4:00p Catholic Services w/ Scott CHP					
05			06			07			08			09			10			11		
10:00a After Breakfast Club CAF 11:00a Chair Yoga CAF 2:00p Open Art Room LO 3:00p Ann Arbor Baptist Church Service CHP w/ Suresh CHP 6:00p Card Clubs LIB			10:30a Morning Exercise LO 11:00a Jeopardy CAF 1:00p Bible Study CHP 1:30p Fancy Hands CAF 3:00p Live Entertainment - Jerry LO 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Music Trivia LO 11:30a Brunch Bunch Outing OUT 1:30p Wheel of fortune CAF 2:45p Tuesday Bingo DR 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Trivia Cards LO 1:00p Meijer's Outing OUT 2:00p Wellness u w/ Readycare CAF 3:00p Art & Design- clay craft ART 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Give me 5 LO 1:30p Life Enrichment Chat CAF 2:00p Word in a word CAF 2:45p Thursday BINGO! DR 6:00p Live Entertainment - Mister Tim LO			10:30a Band Exercises LO 11:00a Trivia Cards LO 2:00p Happy Hour - welcome new residents CAF 3:00p Live entertainment- Paul LO 6:00p Social Clubs- Games & Groups LIB			10:00a Coffee Social CAF 11:00a Resident Run Exercises LO 2:00p Joy Group LIB 3:00p Resident Bingo DR 4:00p Catholic Services w/ Scott CHP		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18		
10:00a After Breakfast Club CAF 11:00a Chair Yoga CAF 2:00p Open Art Room LO 3:30p Fellowship Bible Church Service w/ Matt CHP 6:00p Card Clubs LIB			10:30a Morning Exercise LO 11:00a Jeopardy CAF 2:00p Movin n Grovin LO 3:00p Art for all Ages CAF 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Music Trivia LO 11:30a Brunch Bunch Outing OUT 1:30p Life enrichment Chat LO 2:45p Tuesday Bingo DR 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Trivia Cards LO 1:00p Meijer's Outing OUT 1:30p China Festival Relay ART 3:00p Art & Design - fall wreath ART 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Give me 5 LO 2:00p Town Hall DR 2:45p Thursday BINGO! DR 6:00p Social Clubs- Games & Groups LIB			10:30a Band Exercises LO 11:00a BP clinic w/ Readycare LIB 11:00a Trivia Cards LO 2:00p Happy Hour CAF 3:00p Live entertainment - Cheryl LO 6:00p Beauchamp LIB Social Clubs- Games & Groups			10:00a Coffee Social CAF 11:00a Resident Run Exercises LO 2:00p Joy Group LIB 3:00p Resident Bingo DR 4:00p Catholic Services w/ Scott CHP		
19			20			21 DIWALI			22			23			24			25		
10:00a After Breakfast Club CAF 11:00a Chair Yoga CAF 2:00p Open Art Room LO 3:30p Hope Community Church CHP 6:00p Card Clubs LIB			10:30a Morning Exercise LO 11:00a Jeopardy CAF 1:00p Bible Study CHP 1:30p Fancy Hands CAF 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Music Trivia LO 11:30a Brunch Bunch Outing OUT 1:30p Wheel of fortune CAF 2:45p Tuesday Bingo DR 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Trivia Cards LO 1:00p Meijer's Outing OUT 1:30p Bowling LO 3:00p Art & Design - Open painting ART 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Give me 5 LO 1:30p Word in a word CAF 2:45p Thursday BINGO! DR 6:00p Social Clubs- Games & Groups LIB			10:30a Band Exercises LO 11:00a Trivia Cards LO 1:00p Door Decoration judging CAF 2:00p Happy Hour - happy October CAF 3:00p birthdays CAF LO 6:00p LIB Social Clubs- Games & Groups			10:00a Coffee Social CAF 11:00a Resident Run Exercises LO 2:00p Joy Group LIB 3:00p Resident Bingo DR 4:00p Catholic Services w/ Scott CHP		
26			27			28			29			30			31 HALLOWEEN					
10:00a After Breakfast Club CAF 11:00a Chair Yoga CAF 2:00p Trick or treat w/ Families LO 2:00p Open Art Room LO 3:00p Ann Arbor Baptist Church CHP 6:00p Card Clubs LIB			10:30a Morning Exercise LO 11:00a Jeopardy CAF 2:00p Movin n Grovin LO 3:00p Bunco ART 4:00p American House Karaoke CAF 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Music Trivia LO 11:30a Brunch Bunch Outing OUT 1:30p Conversation starters LO 2:45p Tuesday Bingo DR 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Trivia Cards LO 1:00p Meijer's Outing OUT 1:30p Blind Box Challenge CAF 3:00p Art & Design - Halloween craft ART 6:00p Social Clubs- Games & Groups LIB			10:30a Morning Exercise LO 11:00a Give me 5 LO 1:00p Come vote for the best pumpkin our staff carved ART 1:30p darts CAF 2:45p Thursday BINGO! DR 6:00p Social Clubs- Games & Groups LIB			10:30a Band Exercises LO 11:00a Trivia Cards LO 2:00p Happy Hour - Halloween CAF 3:00p Costume contest CAF 3:00p Live Entertainment - John LO 6:00p Russell Magic Show LIB Social Clubs- Games & Groups					