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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

EAST I

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- 10/9 FN: World Fair: San Fran
- 10/10 Life Enrichment Chats
- 10/15 Evening Entertainment
- 10/17 Resident Council
- 10/20 Wellness Education
- 10/21 Cooking Demo/ Menu Chats
- 10/23 Wellness Bingo
- 10/27 Resident Birthday Party
- 10/28 Welcome Social
- 10/31 Halloween Party

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY								
<div>OCTOBER 2025</div>										LOCATION KEY										
										A	Atrium	HAL	Hallway	O	Outside					
										CHP	Chapel	GGR	Green Golf Room	PAT	Patio					
										CTR	Craft Room	LIB	Library	PR	Puzzle Room					
										DR	Dining Room	L	Lounge	SUR	Sign Up Required					
FS	Fireside Theater	LAD	Lower Level AD																	
FIT	Fitness Center	LBC	Lower Level BC																	
BIRTHDAYS						01	02	YOM KIPPUR		03	04									
10/4 Alyson C. 10/10 Cassandra W. 10/13 Jerry I. (VILLAS) 10/16 Carol D. 10/16 Bobbi R. 10/18 Patrick S.						10:15a 11:00a 2:00p T. 2:00p 3:00p 3:00p 6:00p	Word Games Rosary Entertainment w/ Frank Cards w/Friends Wine Down Wednesdays Wii Open Bowling Evening Chats	LIB CHP A PR A L A	10:00a 11:00a 1:00p 2:00p 2:00p 6:00p	Seated Exercise Rosary BP Checks w/TMT Resident's Choice Cards w/Friends Evening Chats	FIT CHP L LIB PR A	10:00a 11:00a 1:00p 2:00p 2:00p 6:00p	Seated Exercise Rosary Popcorn Social 7 Card Match Cards w/Friends Evening Chats	FIT CHP L LIB PR A						
05		06		07		08		09		10		11								
9:30a 10:00a 11:00a 1:00p 2:00p 2:00p 6:00p 6:00p	Mass/Communion Service Seated Exercise Rosary Sunday Movie Left Right Center Cards w/Friends Tenzi Dice Game Evening Chats	CHP FIT CHP FS LIB PR LIB A	10:00a 11:00a 12:30p 2:00p 2:30p 6:00p 6:00p	Hair Salon Open Rosary General Store Open Cards w/Friends Engaged Senior Rummikube Evening Chats	LBC CHP LBC PR FS LIB A	10:00a 11:00a 1:00p 1:30p 2:00p 6:00p 6:00p	Tuesday Trivia Rosary Audio Nova Hearing Ctrs Afternoon Bingo Cards w/Friends Game Night Evening Chats	LIB CHP LIB LAD PR LIB A	10:00a 11:00a 2:00p 2:00p 3:00p 6:00p 6:00p	Who, What, Where am I? Rosary Cards w/Friends Wine Down Wednesdays Wii Open Bowling Evening Chats	CHP PR A L A	10:00a 11:00a 12:30p 2:00p 2:00p 6:00p	Seated Exercise Rosary Popcorn Social 7 Card Match Cards w/Friends Evening Chats	FIT CHP L LIB PR A						
12		13		14		15		16		17		18								
INDIGENOUS PEOPLE'S DAY																				
9:30a 10:00a 11:00a 1:00p 2:00p 2:00p 6:00p 6:00p	Mass/Communion Service Seated Exercise Rosary Art & Design Left Right Center Cards w/Friends Tenzi Dice Game Evening Chats	CHP FIT CHP CR LIB PR LIB A	10:00a 11:00a 12:30p 2:00p 2:30p 6:00p 6:00p	Hair Salon Open Rosary General Store Open Cards w/Friends Engaged Senior Rummikube Evening Chats	LBC CHP LBC PR FS LIB A	10:00a 11:00a 1:00p 2:00p 2:30p 6:00p 6:00p	Tuesday Trivia Rosary Ceramics w/Sue Cards w/Friends Feel the Beat w/Carol Game Night Evening Chats	LIB CHP LAD PR A LIB A	10:15a 11:00a 11:00a 2:00p 3:00p 6:00p 6:00p	Cover the Number Game Rosary Cards w/Friends Exercise w/ Angela Evening Chats Evening Entertainment	SUR FIT CHP SUR L PR A	10:00a 11:00a 12:30p 1:00p 1:30p 2:00p 6:00p	Games w/ Angela Rosary General Store Open Res. Council Mtg Afternoon Bingo Cards w/Friends Evening Chats	LIB CHP LBC DR LAD PR A	10:00a 11:00a 1:00p 2:00p 2:00p 6:00p	Seated Exercise Rosary Popcorn Social 7 Card Match Cards w/Friends Evening Chats	FIT CHP L LIB PR A			
19		20		21		22		23		24		25								
9:30a 10:00a 11:00a 1:00p 2:00p 2:00p 6:00p 6:00p	Mass/Communion Service Seated Exercise Rosary Sunday Movie Left Right Center Cards w/Friends Tenzi Dice Game Evening Chats	CHP FIT CHP FS LIB PR LIB A	10:00a 11:00a 12:30p 2:00p 2:00p 3:00p 5:30p 6:00p 6:00p	Hair Salon Open Rosary General Store Open Engaged Senior Cards w/Friends Wellness Education GBFHT Church Service Rummikube Evening Chats	LBC CHP LBC FS PR LIB CHP LIB A	10:00a 11:00a 2:00p 2:00p 2:00p 3:00p 6:00p 6:00p	Tuesday Trivia Rosary Cooking Demo Menu Chats Cards w/Friends Horse Races Game Night Evening Chats	LIB CHP DR DR PR GGR LIB A	10:15a 11:00a 2:00p 2:00p 3:00p 3:00p 6:00p 6:00p	Dice Games Rosary Entertainment w/ Joe A. Cards w/Friends Wine Down Wednesdays Wii Open Bowling Evening Chats	LIB CHP A PR A L A	10:00a 11:00a 12:00p 2:00p 2:30p 6:00p	Bus to Dollar Tree Seated Exercise Rosary Bus to Shogun Lunch Outing Cards w/Friends Wellness Bingo Evening Chats	SUR FIT CHP SUR PR LAD A	10:15a 11:00a 12:30p 1:30p 2:00p 6:00p	Games w/ Angela Rosary General Store Open Afternoon Bingo Cards w/Friends Evening Chats	LIB CHP LBC LAD PR A	10:00a 11:00a 1:00p 2:00p 2:00p 6:00p	Seated Exercise Rosary Popcorn Social 7 Card Match Cards w/Friends Evening Chats	FIT CHP L LIB PR A
26		27		28		29		30		31		HALLOWEEN								
9:30a 10:00a 11:00a 1:00p 2:00p 2:00p 6:00p 6:00p	Mass/Communion Service Seated Exercise Rosary Sunday Movie Left Right Center Cards w/Friends Tenzi Dice Game Evening Chats	CHP FIT CHP FS LIB PR LIB A	10:00a 11:00a 12:30p 2:00p 2:00p 3:15p 6:00p 6:00p	Hair Salon Open Rosary General Store Open Res. Birthday Party Cards w/Friends Engaged Senior Rummikube Evening Chats	LBC CHP LBC A PR FS LIB A	10:00a 11:00a 2:00p 2:30p 3:30p 6:00p 6:00p	Tuesday Trivia Rosary Cards w/Friends Feel the Beat w/Carol Welcome Social Game Night Evening Chats	LIB CHP PR A A LIB A	10:30a 11:00a 2:00p 3:00p 3:00p 6:00p	Card Games Rosary Cards w/Friends Wine down Wednesdays Wii Open Bowling Evening Chats	LIB CHP PR A L A	10:00a 11:00a 1:30p 2:00p 6:00p	Seated Exercise Bus to Kroger Rosary Afternoon Bingo Cards w/Friends Evening Chats	FIT SUR CHP LAD PR A	10:15a 11:00a 12:30p 2:00p 2:00p 6:00p	Games w/ Angela Rosary General Store Open Halloween Party Cards w/Friends Evening Chats	LIB CHP LBC A PR A			