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National Suicide Hotline
988

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1-800-272-3900

THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

EAST II

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Kroger
- Meijer
- Get your Nails Done w/ Kristy
- Family Night World's Fair 1915
- Dollar tree
- Blake's Apple Orchard
- Halloween Party
- Hobby Lobby
- Black Rock Bar & Grill
- Cider & Donuts

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



**American House
East II**
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SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																										
<div>OCTOBER 2025</div>															LOCATION KEY																													
															ABC ABC Common Area			EFG EFG Common Area																										
															BAS Basement			LO Lobby																										
CHP Chapel			OUT Outing			PAT Patio																																						
DR Dining Room																																												
BIRTHDAYS						01			02			YOM KIPPUR			03			04																										
John C. 10/1 Karen R. 10/3 Joanne T. 10/4 Michael P. 10/9 Robert G. 10/9 Eleanor P. 10/14						Bea W. 10/19 Theodore M. 10/23 Fred S. 10/26			11:00a Morning Stretch 1:00p TMT Wellness Bingo 2:30p Quarter BINGO 3:30p Mexican train Dominoes 4:00p General Store Open 6:00p Cards w/Friends			LO BAS BAS LO EFG LO			11:00a Chair Exercise 2:00p Happy Hr w/ Gary Pillow 3:00p Bible Study With Mary-Jo 3:30p Skee-Ball 4:00p General Store Open 6:00p Cards w/Friends			LO LO LO BAS LO LO			11:00a Chair Workout 1:00p Hang-Man Game 2:30p Prize Bingo 3:30p Chips & Movie Time... 6:00p Cards w/Friends			LO LO BAS LO LO			10:30a Coffee & Chronicles 11:00a 10 min Stretch Video 3:00p Movie & Popcorn 6:00p Cards w/Friends 6:00p Ladder-Ball Game			LO LO LO LO LO														
05						06			07			08			09			10			11																							
11:00a Chair Stretch 11:30a Communion 1:00p Shut The Box game 3:00p Popcorn & Movie 6:00p Cards w/Friends						LO CHP LO EFG LO			11:00a Movin' w/ Linda 1:00p Bocce-Ball Game 2:30p Quarter BINGO 3:30p Dominos Game 4:00p General Store Open 6:00p Cards w/Friends 6:00p Faith in Action			LO LO BAS LO EFG LO LO			10:00a Audio Nova w/ Maureen 10:30a Cracker Barrel Brunch 1:00p Resident Town Hall 2:00p Choir Practice 3:00p Liturgy & Communion 3:30p Senior Engagement (TV) 4:00p General Store Open 6:00p Cards w/Friends			LO OUT LO LO CHP LO EFG LO			11:00a 10 min Morning Stretch 1:00p Bingo w/ TMT 1:00p Chaplain Chats 2:30p Quarter BINGO 3:30p Get your Nails Done w/ kristy 4:00p General Store Open 6:00p Cards w/Friends			LO BAS CHP BAS LO EFG LO			10:30a Kroger Shopping 10:30a BP Checks w/ TMT 11:00a Chair Exercise 1:00p Facts on America (TV) 4:00p General Store Open 5:00p Family Night world's Fair San Fran 1915 w/ Nate Topo 6:00p Cards w/Friends			OUT LO LO LO EFG LO LO			11:00a Dumbbell Workout 1:00p Uno Card Game 2:30p Prize Bingo 3:30p Cider & Donuts 6:00p Cards w/Friends			LO LO BAS LO LO			11:00a Chair Stretch 1:00p Tech Class w/ Mark K. 3:00p Movie & Popcorn 6:00p Cards w/Friends 6:00p Corn-Hole Game			LO LO LO LO LO		
12						13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																							
11:00a Morning Workout 11:30a Communion 1:00p Spoons Game 3:00p Movie & Trail mix 6:00p Cards w/Friends						LO CHP LO EFG LO			11:00a Morning Stretch 1:00p Boo-tiful art Coloring 2:30p Quarter BINGO 4:00p General Store Open 6:00p Cards w/Friends			LO LO BAS EFG LO			1:30p Cooking Demo w/ Jerry 2:00p Choir Practice 3:00p Liturgy & Communion 3:30p Wellness u w/ Wanda 4:00p General Store Open 6:00p Cards w/Friends			LO LO CHP LO EFG LO			11:00a Chair Exercise 1:00p Movie & Rest 2:30p Quarter BINGO 3:30p Card game 31 4:00p General Store Open 6:00p Cards w/Friends 6:00p Witchy Word hunt			LO LO BAS LO EFG LO LO			1:00p Fact or Crap Board game 2:00p Happy Hr w/ Lukas 2:00p Stachurski 3:00p Bible Study w/ Mary-Jo 4:00p General Store Open 6:00p Cards w/Friends			LO LO LO ABC EFG LO			11:00a Morning Exercise 1:00p Animal History (TV) 2:30p Prize Bingo 3:30p Spooky Scrabble Search 6:00p Cards w/Friends			LO LO BAS LO			11:00a Chair Workout 1:00p Uno Card Game 3:00p Movie & Chill 6:00p Cards w/ Friends 6:00p Left Right Center game			LO LO LO LO LO		
19						20			21 DIWALI			22			23			24			25																							
11:00a Chair Exercise 11:30a Communion 1:00p Bop it Game 3:00p Movie & Popcorn 6:00p Cards w/Friends						LO CHP LO EFG LO			11:00a Movin' w/ Linda 1:00p Skee-Ball 2:30p Quarter BINGO 3:30p Ladder-Ball 4:00p General Store Open 6:00p Cards w/Friends 6:00p Faith in Action			LO LO BAS LO EFG LO LO			10:30a Blake's Apple Orchard 2:00p Choir Practice 3:00p Liturgy & Communion 4:00p Uno Card Game 4:00p General Store Open 6:00p Cards w/Friends			OUT LO CHP LO EFG LO			11:00a Morning Workout 1:00p Trivia w/ Accent Care 2:30p Quarter BINGO 3:30p Creepy Crawly Craft 4:00p General Store Open 6:00p Cards w/Friends			LO LO BAS ABC EFG LO			10:30a Meijer Shopping 11:00a Nurse Education 101 w/ Johanna 11:00a Chair Exercise 2:00p Happy Hr w/ Dorothy Martin 2:00p LO 4:00p General Store Open 6:00p Cards w/Friends 6:30p Bingo w/ St. Pio			OUT LO LO LO EFG LO LO			11:00a Hula hoop Fitness 1:00p Fitness Trivia w/ Dr. Steve 1:00p Cain 2:30p Prize Bingo 3:30p Mini Pumpkin Decorating 6:00p Cards w/Friends			LO LO LO BAS ABC LO			11:00a Morning Exercise 1:00p Yahtzee Game 3:00p Movie Time 6:00p Cards w/ Friends 6:00p Spoons Game			LO LO LO LO LO		
26						27			28			29			30			31 HALLOWEEN																										
11:00a Morning Exercise 11:30a Communion 1:00p Corn-Hole 3:00p Movie & Chill 6:00p Cards w/Friends						LO CHP LO EFG LO			11:00a Morning Workout 1:00p Ring Toss Game 1:00p Ladder-Ball 2:30p Quarter BINGO 4:00p General Store Open 6:00p Cards w/Friends			LO LO LO BAS EFG LO			11:00a Black Rock Bar & Grill 11:00a Chair Exercise 2:00p Choir Practice 3:00p Liturgy & Communion 3:30p Dollar Tree 4:00p General Store Open 6:00p Cards w/Friends			OUT LO LO CHP OUT EFG LO						11:00a Morning Stretch 1:00p Scary Movie & Snacks 2:30p Quarter BINGO 3:30p Halloween Craft 4:00p General Store Open 6:00p Cards w/Friends			LO LO BAS LO EFG LO			10:30a Hobby Lobby Craft Store 11:00a Chair Exercise 2:00p Happy hr w/ Bella Musica 4:00p General Store Open 6:00p Cards w/Friends			LO LO LO EFG LO			11:00a Morning Workout 1:30p Costume Halloween Party w/ Marissa (DJ) 2:30p Best Department Pumpkin Contest Reveal 3:30p Hocus Pocus (Movie) 6:00p Cards w/Friends			LO LO LO LO LO					