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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

SOUTHLAND

OCTOBER 2025

PHYLLIS OF ST. PETE’S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Trick or Treat
- Q Tip Painting with Nicole
- Praise & Worship with Randall
- Brunch at BJ Restaurant
- Write Letters to Soldiers
- Financial Safety with Lorri
- DQ Outing
- Birthday Celebration
- Neon Glow Family Night Event
- Southland Auction

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY					
<div><div></div><div>OCTOBER 2025</div></div>															LOCATION KEY								
															<div><div>1FL</div><div>2FL</div><div>2FA</div><div>AR</div><div>CHP</div></div> <div><div>Ist Floor</div><div>2nd Floor</div><div>2nd Floor Activity Room</div><div>Activity Room</div><div>Chapel</div></div>			<div><div>DR</div><div>DRP</div><div>D2D</div><div>GR</div><div>LIB</div></div> <div><div>Dining Room</div><div>Dining Room Patio</div><div>Door to Door Service</div><div>Game Room</div><div>Library</div></div>			<div><div>OUT</div><div>O</div><div>THR</div><div>APT</div></div> <div><div>Outing</div><div>Outside</div><div>Theater</div><div>Your Apartment</div></div>		
BIRTHDAYS						01			02			YOM KIPPUR			03			04					
HAPPY BIRTHDAY 10/5 Angela G. 10/7 Betty P. 10/11 Jan G. 10/17 Gwen F. 10/24 Helen M.						10/26 Jerry L. 10/26 Karl S. 10/28 Mary B. 10/31 Delores B.			10:00a Chair Exercise CHP 10:45a Fun Family Feud 1ST 2:00p Cash Bingo DR 3:15p Snacks & Chat with Kim 2FA 6:30p Intercity Baptist Bible StudyCHP			10:00a Chair Exercise CHP 1:00p Chaplain Chat with Steve from Advisacare CHP 2:00p Prize Bingo DR 5:30p Pinocle AR 6:00p Communion & Rosary CHP			10:00a Chair Exercise CHP 1:00p Guitar with Fibia CHP 1:15p Sound Mind & Body CHP 2:00p Happy Hour with Joe Moore DR 5:00p Dominos AR 5:30p Kings in the Corner 2FA			10:30a Puzzle Time GR 1:00p Movie Matinee THR 2:00p Euchre AR 3:00p Scrabble AR 5:00p Dominoes AR					
05			06			07			08			09			10			11					
1:00p Puzzle Time GR 2:00p Rummy AR 3:00p Billiards: Pool Table & Shuffle Board GR 4:30p Dominoes AR 5:30p Kings in the Corner 2FA			10:00a Chair Exercise CHP 10:30a DQ OUT 2:00p Balloon Volleyball DR 3:00p Gideon's Bible Study CHP 4:30p Count Domino 1FL 5:30p Kings in the Corner AR			10:00a Chair Exercise CHP 10:30a Meijer OUT 2:30p Snacks & Chat with Kim 2FA 4:30p Dominios AR 5:30p Pinochle 2FA			10:00a Chair Exercise CHP 10:45a Trivia DR 2:00p Cash Bingo DR 3:15p Financial Safety with Lorri (Meet Our Neighbors) 2FA 6:30p Intercity Baptist Bible StudyCHP			10:00a Chair Exercise CHP 2:00p Fun Bingo 2FA 5:00p Family Event Neon Glow Party DR 5:30p Pinocle AR 6:00p Communion & Rosary CHP			10:00a Chair Exercise CHP 1:00p Guitar with Fibia CHP 1:15p Sound Mind & Body CHP 2:00p Happy Hour with Shelia & Joe DR 5:00p Dominos AR 5:30p Kings in the Corner 2FA			10:30a Puzzle Time GR 1:00p Movie Matinee THR 2:00p Euchre AR 3:00p Scrabble AR 5:00p Dominoes AR					
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18					
1:00p Puzzle Time GR 2:00p Rummy AR 3:00p Billiards: Pool Table & Shuffle Board GR 4:30p Dominoes AR 5:30p Kings in the Corner 2FA			10:00a Chair Exercise CHP 10:30a BJ's Restaurant OUT 2:00p Balloon Volleyball DR 3:00p Gideon's Bible Study CHP 4:30p Count Domino 1FL 5:30p Kings in the Corner AR			10:00a Auction AR 10:00a Chair Exercise CHP 1:30p Resident Meeting DR 2:00p Yoga with Jane CHP 3:15p Meet Our Neighbors 2FA 5:30p Pinochle 2FA			10:00a Chair Exercise CHP 10:45a Brainiacs 1ST 2:00p Cash Bingo DR 3:00p Q tip painting with Nicole 2FA 6:30p Intercity Baptist Bible StudyCHP			10:00a Chair Exercise CHP 10:30a Walmart OUT 1:00p Chaplain Chat with Steve CHP 2:00p Prize Bingo DR 5:30p Pinocle AR 6:00p Communion & Rosary CHP			10:00a Chair Exercise CHP 1:00p Guitar with Fibia CHP 1:15p Sound Mind & Body CHP 2:00p Sing Along with Ray DR 5:00p Dominos AR 5:30p Kings in the Corner 2FA			10:30a Puzzle Time GR 1:00p Movie Matinee THR 2:00p Euchre AR 3:00p Scrabble AR 5:00p Dominoes AR					
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26			27			28			29			30			31 HALLOWEEN								
1:00p Puzzle Time GR 2:00p Rummy AR 3:00p Billiards: Pool Table & Shuffle Board GR 4:30p Dominoes AR 5:30p Kings in the Corner 2FA			10:00a Chair Exercise CHP 2:00p Balloon Volleyball DR 3:00p Gideon's Bible Study CHP 4:30p Count Domino 1FL 5:30p Kings in the Corner AR			10:00a Chair Exercise CHP 2:00p Rhythm & Groove with Jane CHP 3:00p Kings in the Corner 2FA 4:30p Dominios AR 5:30p Pinochle 2FA			10:00a Chair Exercise CHP 2:00p Prize Bingo 2FA 3:00p Scrabble 2FA 4:30p Dominos 2FA 6:30p Intercity Baptist Bible StudyCHP			10:00a Chair Exercise CHP 10:30a Meijer OUT 2:00p Cash Bingo DR 5:30p Pinocle AR 6:00p Communion & Rosary CHP			10:00a Chair Exercise CHP 1:00p Guitar with Fibia CHP 1:15p Sound Mind & Body CHP 2:00p Trick or Treating & Halloween Costume Contest DR 5:00p Dominos AR 5:30p Kings in the Corner 2FA								