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American House
SENIOR LIVING COMMUNITIES
Assisted Living Facility #13171

THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

FORT MYERS MEMORY CARE

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Art's Stretch Class
- Movie Matinee: Frankenstein
- Worship Hour
- Lego Painting Pumpkin
- Welcome Chicago Heat
- Crafts With Holly
- Furry Four Legged Friends
- Jamaican Me Crazy With Keith
- Painting With A Twist
- Spooktacular Halloween Week

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
<div><div></div><div>OCTOBER 2025</div><div></div></div>															LOCATION KEY					
															2FA 2 nd Floor Activity Room 2FG 2 nd Floor Game Room 2LI 2 nd Floor Library 3FT 3 rd Floor Theater AR Activity Room B Bistro			CY Courtyard DR Dining Room FD Front Desk LO Lobby PL Pool APT Your Apartment		
BIRTHDAYS									01			02 YOM KIPPUR			03			04		
Celebrating October Birthdays Bettie J. 10/3 Robert N. 10/18 Donna S. 10/27									9:30a Early Bird Bingo AA 10:30a Word Games AR 1:00p Furry Friends Visits AR 3:00p October Fun Facts AR 4:00p Sounds of the Ocean AA			9:45a Moving & Grooving AR 10:00a Hour Of Worship AR 1:30p Blissful Bakes: Freshly Made Chocolate Chip Cookies DR 3:00p Table Top Chair Bowling AA 4:00p Jamming to the Beach BoysAA			10:00a Art's Stretch & Flex AR 10:30a Sing-A-Long With Suzy AR 1:30p Ice Cream Social AR 2:30p October Birthday Celebration DR 4:00p 50's Reminiscing AA			9:30a Weekend Workout AR 10:00a A Visit From Holly And Her Group AR 1:30p Puzzles With Friends AA 3:00p Game Time AR 4:00p Soothing Sounds AR		
05			06			07			08			09			10			11		
9:45a Gospel Hymns AR 10:15a Worship Service AR 1:30p A Colorful Hour AA 3:00p Board Games AA 4:00p Nature At It's Best AR			9:45a Chair Yoga AR 10:30a Ball Toss With Friends AR 1:30p Fun & Games AR 2:30p Nails & Mimosa's AR 4:00p Jazz At It's Finest AA			10:00a Art's Stretch & Flex AR 10:30a Hang Man AR 1:30p Name That Tune AR 3:00p Crafty Corner: Autumn Leaf Wreath AR 4:00p Michael Jackson Greatest Hits AA			9:30a Early Bird Bingo AA 10:30a Word Games AR 1:30p Venture AA 2:30p A Scenic Bus Ride With Tony LO 3:00p Variety Games AA 4:00p Peaceful Waterfalls AA			9:45a Moving & Grooving AR 10:00a Hour Of Worship AR 1:30p Replaying Memories AR 3:00p Fun Facts About Neon & Glowing AA 4:00p Join Us For A Neon Glow Party Family Night DR			10:00a Art's Stretch & Flex AR 10:30a Sing-A-Long With Suzy AR 2:00p We Welcome Chicago Heat AR 3:00p Words With Friends AR 4:00p Sounds of Tony Bennett AA			9:30a Weekend Workout AR 10:30a Ball Toss AA 1:30p Time To Paint AA 3:00p Game Time AR 4:00p Soothing Sounds AR		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18		
9:45a Gospel Hymns AR 10:15a Worship Service AR 1:30p Puzzle With Friends AA 3:00p Match Game AA 4:00p Nature At It's Best AR			9:45a Chair Yoga AR 10:30a Ball Toss With Friends AR 1:30p Fun & Games AR 2:30p Nails & Mimosa's AR 4:00p Elvis Greatest Hits AA			10:00a Art's Stretch & Flex AR 10:30a Things To Know About October AR 1:30p Let's Play Kickball AR 3:00p Painting WWith A Twist: Stamp & Swirl Fall Trees AR 4:00p Famous Beaches AA			9:30a Early Bird Bingo AA 10:30a Word Games AR 1:30p Drum Class AR 3:00p Finish That Phrase AR 4:00p The Best of Frank Sinatra AA			9:45a Moving & Grooving AR 10:00a Hour Of Worship AR 1:30p Getting To Know You AR 2:30p Movie Matinee: Frankenstein AA 4:00p Country Classical AA			10:00a Art's Stretch & Flex AR 10:30a Sing-A-Long With Suzy AR 2:00p Jamaican Me Crazy With Keith AR 3:00p Axe Throwing AR 4:00p The Andrew Sisters AA			9:30a Weekend Workout AR 10:30a A Game of Jenga AA 1:30p Popsicle Time AA 3:00p Game Time AR 4:00p Soothing Sounds AR		
19			20			21 DIWALI			22			23			24			25		
9:45a Gospel Hymns AR 10:15a Worship Service AR 1:30p Ball Toss AA 3:00p Painter's Corner AA 4:00p Nature At It's Best AR			9:45a Chair Yoga AR 10:30a Ball Toss With Friends AR 1:30p Fun & Games AR 2:30p Nails & Mimosa's AR 4:00p Classical Sounds AA			10:00a Art's Stretch & Flex AR 10:30a Words In Words AR 1:30p Cornhole AR 3:00p Crafty Corner: Leaf Rubbing AR 4:00p Cherry Blossoms AA			9:30a Early Bird Bingo AA 10:30a Word Games AR 1:30p Chill & Chat Time AR 2:30p A Scenic Bus Ride With Tony LO 3:00p Variety Hour AA 4:00p Calming Oceans AA			9:45a Moving & Grooving AR 10:00a Hour Of Worship AR 1:30p Music Making AR 2:30p Cooking With Chef Eric DR 4:00p Famous Beaches AA			10:00a Art's Stretch & Flex AR 10:30a Sing-A-Long With Suzy AR 1:30p Ice Cream Social DR 3:00p Bottle Cap Pumpkin Painting AR 4:00p Memory Lane Stroll AA			9:30a Weekend Workout AR 10:30a Sort & Fold AA 1:30p Match Game AA 3:00p Game Time AR 4:00p Soothing Sounds AR		
26			27			28			29			30			31 HALLOWEEN			<div><div></div><div></div><div></div></div>		
9:45a Gospel Hymns AR 10:15a Worship Service AR 1:30p Build & Mold AA 3:00p Let's Play Jenga AA 4:00p Nature At It's Best AR			9:45a Chair Yoga AR 10:30a Ball Toss With Friends AR 1:30p Fun & Games AR 2:30p Nails & Mimosa's AR 4:00p Enjoying The Beach Boys AA			10:00a Art's Stretch & Flex AR 10:30a Alphabet Soup AR 1:30p Chair Volleyball AR 3:00p Painting WWith A Twist: Spider Webs AR 4:00p The Supremes Greatest Hits AA			9:30a Early Bird Bingo AA 10:30a Word Games AR 1:30p Chair Tennis AR 3:00p Pumpkin Lego Painting AR 4:00p 60's Reminiscing AA			9:45a Moving & Grooving AR 10:00a Hour Of Worship AR 1:30p Baking Mummy Dogs DR 3:00p Paper Bag Mummy AR 4:00p Golden Oldies AA			12:00a Happy Halloween 10:00a Art's Stretch & Flex AR 10:30a Sing-A-Long With Suzy AR 1:30p Ice Cream Social AR 3:00p Apple Stamping Pumpkins AR 4:00p Spooky Tunes AA					