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THE 1915 SAN FRANCISCO WORLD'S FAIR

The Panama-Pacific International Exposition, as the 1915 World's Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco's grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America's worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World's Fair. It promoted technological advancements and was the first World's Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition's legacy is still evident in San Francisco. A few of the city's buildings were either rebuilt or designed in the style of the Exposition, like the Marina District's Palace of Fine Arts. The fair's location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city's most popular recreational open spaces, are products of these landscape changes.



– Quote of the Month -



HE WHO LAUGHS LAST DIDN'T GET THE JOKE.



LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer's Association for the past three years. The purpose of the Association's "The Longest Day" is to raise awareness and funds for Alzheimer's care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer's, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, "American House is a leader against the darkness of Alzheimer's. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



INSPIRING A HAPPIER, HEALTHIER YOU.

GRAND BLANC OCTOBER 2025

PHYLLIS OF ST. PETE'S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. "I'm so glad I'm here," said the happy, healthy 85-year-old. "I'm just bubbly on the inside. I'm going to live here the rest of my life. Life is wonderful at American House."



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis' parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis' life worked out better than she could have possibly expected. "I've had a wonderful life," she said, "and I still do at American House."

women to go for regular breast cancer screening, starting at the age of 40.



OCTOBER 2025 EVENTS!

- 10/8: Highland Cows
- 10/8: Pumpkin Decorating
- 10/9: Family Night
- 10/10: Traveling Sales Gals
- 10/16: Vaccine Clinic
- 10/17: Art w/ Alecyn
- 10/24: Fall Color Tour
- 10/26: Pop-Up Shop
- 10/31: Trick-or-Treaters

• 10/29: October Birthday Party



BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that's held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					LOCATION	N KEY
	OC	TOBER 20	25		2FG 2nd Floor Game Room AR Activity Room BPL Back Parking Lot B Bistro CMR Community Room CY Courtyard	DR Dining Room FPA Front Patio LO Lobby OUT Outing PAT Patio SS Sundries Store
	BIRTHDAYS		OI	O2 YOM KIPPUR	03	04
	10/25: Barb H. 10/30: Connie L.		10:00a Daily Chronicle LO 1:00p Jeopardy Amongst Friends 2:00p Stretch & Relax w/ Kim B 7:00p Wii Games B	11:00a Blood Pressure Checks LO 2:00p Bingo w/ Tim DR	101 w/ Madeline 11:00a Hangman Amongst Friends LO 7:00p Wii Games B	10:00a Chair Zumba w/ Kim B 11:00a Coffee w/ Kim B 2:00p Bingo w/ Tim DR 3:30p Games of Choice AR 7:00p Movie Night: Residents' PickCMR
05	06	07	08	09	10	II .
10:00a Live Mass on TV 11:00a Daily Chronicle 2:00p Protestant Church w/ Communion 4:00p Table Talk Tid Bits 7:00p Billiard Club	CMR B 101 w/ Madeline B 11:00a Culver's CMR AR 3:00p Book Club Launch 7:00p Trivia Night CMR CMR	2:00p Chair Massage w/ Rae CMR	1:00p Jeopardy LO 2:00p Exercise: Chair Yoga w/ Madeline B	Crunches LO 11:00a Blood Pressure Checks LO 2:00p Bingo w/ Tim AR	101 w/ Madeline 11:00a Hangman w/ Madeline 1:00p Traveling Sales Gals B C C C C C C C C C C C C C C C C C C	10:00a Chair Zumba w/ Kim B 11:00a Coffee w/ Kim B 2:00p Bingo w/ Tim DR 3:30p Games of Choice AR 7:00p Movie Night: Residents' PickCMR
12	13 INDIGENOUS PEOPLE'S DAY	14	15	16	17	18
10:00a Live Mass on TV 11:00a Daily Chronicle 2:00p Protestant Church w/ Communion 4:00p Table Talk Tid Bits 7:00p Billiard Club	11:00a Sam's Italian Restaurant OUT	9:30a Transportation Tuesday 10:00a Senior Center Exercise 2:00p Skin Health w/ Kenzie 3:00p Bingo w/ Tim 7:00p Euchre AR	1:00p Jeopardy LO 2:00p Stretch & Relax w/ Kim B 3:00p Pumpkin Decorating AR	Clinic CMR 11:00a Blood Pressure Checks LO 2:00p Bingo w/ Tim DR	101 w/ Madeline B 11:00a Hangman w/ Madeline LO 2:00p Art w/ Alecyn AR	10:00a Chair Zumba w/ Kim B 11:00a Coffee w/ Kim B 2:00p Bingo w/ Tim DR 3:30p Games of Choice AR 7:00p Movie Night: Residents' PickCMR
19	20	21 DIWALI	22	23	24	25
10:00a Live Mass on TV 11:00a Daily Chronicle 2:00p Protestant Church w/ Communion 4:00p Table Talk Tid Bits 7:00p Billiard Club	11:00a Big Boy OUT	9:30a Transportation Tuesday 10:00a Senior Center Exercise 2:00p Chair Massage w/ Rae 3:00p Bingo w/ Tim 7:00p Euchre DR AR	1:00p Jeopardy LO 2:00p Cooking Demo w/ Alicia DR 3:00p Exercise: Noodle Ball LO	Crunches 11:00a Blood Pressure Checks 2:00p Bingo w/ Tim 3:45p Pray the Rosary LO LO DR CMR	101 w/ Madeline B 11:00a Hangman w/ Madeline LO 12:00p Kensington Metropark Fall Color	10:00a Chair Zumba w/ Kim B 11:00a Coffee w/ Kim B 2:00p Bingo w/ Tim DR 3:30p Games of Choice AR 7:00p Movie Night: Residents' PickCMR
26	27	28	29	30	31 HALLOWEEN	
10:00a Live Mass on TV 11:00a Daily Chronicle 2:00p Protestant Church w/ Communion 4:00p Table Talk Tid Bits 7:00p Billiard Club	CMR 9:30a Online Shopping or Technology 101 w/ Madeline B 11:00a Mario's Restaurant & Pizzeria CMR OUT	9:30a Transportation Tuesday 10:00a Senior Center Exercise 2:00p Pop-Up Shop 2:00p Bingo w/ Tim 7:00p Euchre AR	9:30a Mid-Week Meijer OUT 1:00p Jeopardy LO 2:00p Stretch & Relax w/ Kim B 2:30p October Birthday Party w/ Dan	10:00a Daily Chronicle & Cranium Crunches LO 11:00a Blood Pressure Checks LO 2:00p Bingo w/ Tim DR 3:00p Book Club Roundup CMR 3:45p Pray the Rosary CMR	9:30a Online Shopping or Technology 101 w/ Madeline B 11:30a Faith Lutheran Trick-or-Treaters LO	

All activities subject to change.