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National Suicide Hotline

Alzheimers Association 1-800-272-3900

## **American House Hampton Village**

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# THE 1915 SAN FRANCISCO WORLD'S FAIR

The Panama-Pacific International Exposition, as the 1915 World's Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco's grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America's worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World's Fair. It promoted technological advancements and was the first World's Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition's legacy is still evident in San Francisco. A few of the city's buildings were either rebuilt or designed in the style of the Exposition, like the Marina District's Palace of Fine Arts. The fair's location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city's most popular recreational open spaces, are products of these landscape changes.





# HE WHO LAUGHS LAST DIDN'T GET THE JOKE.



alzheimer's 95 association

## THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer's Association for the past three years. The purpose of the Association's "The Longest Day" is to raise awareness and funds for Alzheimer's care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer's, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, "American House is a leader against the darkness of Alzheimer's. Thank you for joining our mission and creating THE LONGEST DAY communities that support those with all types of dementia and the people who love them.



HAMPTON VILLAGE ASSISTED LIVING

OCTOBER 2025

# **PHYLLIS OF ST. PETE'S: BEAUTIFUL INSIDE AND OUT**

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. "I'm so glad I'm here," said the happy, healthy 85-year-old. "I'm just bubbly on the inside. I'm going to live here the rest of my life. Life is wonderful at American House."



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis' parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis' life worked out better than she could have possibly expected. "I've had a wonderful life," she said, "and I still do at American House."

women to go for regular breast cancer screening, starting at the age of 40.



# **OCTOBER 2025 EVENTS!**

- Traveling Sales Gals 10/2
- Wellness Chat with Lynn 10/6
- Family Night Event 10/9
- Therapy Dog Visit 10/14
- Chef Demo 10/16
- Haunted Hall Event 10/29
- Halloween 10/31



## **BREAST CANCER AWARENESS**

Breast Cancer Awareness Month is an international health campaign that's held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						LOCATION KEY	
		OCTOBER 2025			AR Activity Room DRP Din A&C Arts & Crafts Room DIS Dis B Bistro FD Fro	urtyard PAR Piano Area ing Room PDR Private Dining ing Room Patio covery Room PG Putting Green	
NORTH CONTROL OF THE PROPERTY	BIRTHDAYS		01	O2 YOM KIPPUR	03	04	
Larry K. 10/8 Stan W. 10/27 Honey B. 10/28			10:00a 11:00a 11:00a 1:00p 3:00p 4:00p 4:30p  Daily Chronicle (B)  Get Fit w/Legacy (AR) W/Friends (AR) Wine Wednesday (B) Bible Study (GR) Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a Traveling Sales Gals (B) 1:00p Crafty Crafters- Sip & Sketch (AR) 2:30p Wheel of Fortune (B) 3:30p Play Blackjack (GR) 4:30p Chair Yoga (DVD) (AR) 6:00p Kings in the Corner Night Game (2FLR)	10:00a Daily Chronicle (B) 10:30a Fitness w/Jessica (AR) 1:00p Kings in the Corner (AR) 2:00p Pray The Rosary (GR) 3:00p Happy Hour & Entertainment by: Bob Lowe 4:30p Chair Yoga (DVD) (AR)	11:00a Daily Chronicle (B) 11:30a Chair Yoga (DVD) (AR) 1:00p BINGO! w/Friends (AR) 2:00p Play Cover the Number (AR) 3:30p Activity Puzzle Packet (AR)	
05	06	07	08	09	10	11	
9:30a Daily Chronicle 10:00a <b>Communion (AR)</b> 11:30a Chair Yoga (DVD) (AR) 2:00p <b>Sunday Matinee- Monster-in-Law (2TH)</b> 4:00p Cranium Crunches	10:00a Daily Chronicle (B) 11:00a Get Fit w/Legacy (AR) 11:30a Mimosas & Wellness Cha (AR) 1:00p BINGO! w/Friends (AR) 2:30p Hot Cocoa Bar (B) 3:30p Karaoke! (B) 4:30p Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a Calendar Discussion (AR) 1:00p Art & Design- Neon Painting (AR) 2:00p Play Rummikub (AR) 3:00p Trivia (B) 4:30p Chair Yoga (DVD) (AR) 6:00p Kings in the Corner Night Game (2FLR)	10:00a Daily Chronicle (B) 11:00a Get Fit w/Legacy (AR) 1:00p 3:00p Wine Wednesday (B) 4:00p 4:30p Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a Play Racko (B) 1:00p Movie & Popcorn- Beetlejuice (2FT) 3:30p Play Blackjack (GR) 4:30p Chair Yoga (DVD) (AR) 5:00p Family Night: Neon Glow 6:00p Entertainment by: Nic Cocco	10:00a Daily Chronicle (B) 10:30a Fitness w/Jessica (AR) 1:00p Kings in the Corner (AR) 2:00p Pray The Rosary (GR) 3:00p Happy Hour & Entertainment by: Tom Smith 4:30p Chair Yoga (DVD) (AR)	11:00a Daily Chronicle (B) 11:30a Chair Yoga (DVD) (AR) 1:00p BINGO! w/Friends (AR) 2:00p Play Cover the Number (AR) 3:30p Activity Puzzle Packet (AR)	
12	13 INDIGENOUS PEOPLE'S DAY	14	15	16	17	18	
9:30a Daily Chronicle 10:00a <b>Communion (AR)</b> 11:30a Chair Yoga (DVD) (AR) 2:00p <b>Sunday Matinee- Ghost Busters (2TH)</b> 4:00p Cranium Crunches	10:00a Daily Chronicle (B) 11:00a Get Fit w/Legacy (AR) 11:30a Mimosa Monday (B) 1:00p BINGO! w/Friends (AR) 2:30p Hot Cocoa Bar (B) 3:30p Karaoke! (B) 4:30p Chair Yoga (DVD) (AR)	10:00a 11:00a 11:00p 2:00p 2:00p 3:00p 4:30p Chair Yoga (DVD) (AR) 6:00p Kings in the Corner Night Game (2FLR)	10:00a Daily Chronicle (B) 11:00a Get Fit w/Legacy (AR) 1:00p 3:00p Wine Wednesday (B) 4:30p Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a Play Racko (B) 1:00p Crafty Crafters- Painting Pumkins (AR) 2:30p Chef Demo & Menu Chat 3:30p Play Blackjack (GR) 4:30p Chair Yoga (DVD) (AR) 6:00p Kings in the Corner Night Game (2FLR)	10:00a Daily Chronicle (B) 10:30a Fitness w/Jessica (AR) 1:00p Kings in the Corner (AR) 2:00p Happy Hour & Entertainment by: Jennifer C. 3:00p Pray The Rosary (GR) 4:30p Chair Yoga (DVD) (AR)	11:00a Daily Chronicle (B) 11:30a Chair Yoga (DVD) (AR) 1:00p BINGO! w/Friends (AR) 2:00p Play Cover the Number (AR) 3:30p Activity Puzzle Packet (AR)	
19	20	21 DIWALI	22	23	24	25	
9:30a Daily Chronicle 10:00a <b>Communion (AR)</b> 11:30a Chair Yoga (DVD) (AR) 2:00p <b>Sunday Matinee- Little Shop of Horrors (2TH)</b> 4:00p Cranium Crunches	10:00a Daily Chronicle (B) 11:00a Get Fit w/Legacy (AR) 11:30a Mimosa Monday (B) 1:00p BINGO! w/Friends (AR) 2:30p Hot Cocoa Bar (B) 3:30p Karaoke! (B) 4:30p Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a Play Rummikub (AR) 1:00p Trivia (B) 2:00p Kings in the Corner (AR) 3:30p <b>Outing- Texas Roadhouse</b> 4:30p Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a Get Fit w/Legacy (AR) 1:00p BINGO! w/Friends (AR) 3:00p Wine Wednesday (B) 4:00p Bible Study (GR) 4:30p Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a Play Racko (B) 1:00p <b>Crafty Crafters- Halloween Craft (AR)</b> 2:30p Wheel of Fortune (B) 3:30p <b>Play Blackjack (GR)</b> 4:30p Chair Yoga (DVD) (AR) 6:00p Kings in the Corner Night Game (2FLR)	10:00a Daily Chronicle (B) 10:30a Fitness w/Jessica (AR) 1:00p Kings in the Corner (AR) 2:00p Pray The Rosary (GR) 3:00p Happy Hour & Entertainment by: Jeff Breza 4:30p Chair Yoga (DVD) (AR)	11:00a Daily Chronicle (B) 11:30a Chair Yoga (DVD) (AR) 1:00p BINGO! w/Friends (AR) 2:00p Play Cover the Number (AR) 3:30p Activity Puzzle Packet (AR)	
26	27	28	29	30	31 HALLOWEEN		
9:30a Daily Chronicle 10:00a <b>Communion (AR)</b> 11:30a Chair Yoga (DVD) (AR) 2:00p <b>Sunday Matinee- Hocus Pocus (2TH)</b> 4:00p Cranium Crunches	10:00a Daily Chronicle (B) 11:00a Get Fit w/Legacy (AR) 11:30a Mimosa Monday (B) 1:00p BINGO! w/Friends (AR) 2:30p Cardio Drumming (AR) 2:30p Hot Cocoa Bar (B) 3:30p Karaoke! (B) 4:30p Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a <b>Outing- Tillson St. Tour</b> 2:00p Play Rummikub (AR) 3:00p Trivia (B) 4:30p Chair Yoga (DVD) (AR) 6:00p Kings in the Corner Night Game (2FLR)	10:00a Daily Chronicle (B) 11:00a Get Fit w/Legacy (AR) 11:30a Resident Council Meeting (AR) 1:00p BINGO! w/Friends (AR) 2:00p Haunted Hall Party 4:00p Bible Study (GR) 4:30p Chair Yoga (DVD) (AR)	10:00a Daily Chronicle (B) 11:00a Play Racko (B) 1:00p Crafty Crafters- Halloween Bracelets (AR) 2:30p Activity Buck Store (AR) 3:30p Play Blackjack (GR) 4:30p Chair Yoga (DVD) (AR) 6:00p Kings in the Corner Night Game (2FLR)	10:00a Daily Chronicle (B) 10:30a Fitness w/Jessica (AR) 1:00p Kings in the Corner (AR) 2:00p Pray The Rosary (GR) 3:00p Halloween Happy Hour & Entertainment by: Mike Letovsky 4:30p Chair Yoga (DVD) (AR)		

All activities subject to change.