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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month
“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

HENDERSONVILLE

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- NEON GLOW PARTY(FAMILY NIGHT)
- BRAINIACS (SAN FRANCISCO)
- ART & DESIGN (SAN FRANCISCO)
- COOK DEMO POLISH AMERICAN
- TRUNK & TREAT
- HALLOWEEN PARTY

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
<div>OCTOBER 2025</div>															LOCATION KEY					
															AR Activity Room		LO Lobby		MCL Memory Care Living Room	
															AL Assisted Living		LIB Library		OUT Outing	
ALD AL Dining		LR Living Room		O Outside		PRM Piano Room														
CY Courtyard		MC Memory Care		PO Porch		APT Your Apartment														
DR Dining Room		MCA Memory Care Activity Room																		
HAL Hallway		MCD Memory Care Dining Room																		
BIRTHDAYS						01			02 YOM KIPPUR			03			04					
						9:00a WORD SEARCH PRM 10:00a CHARADES PRM 12:30p BANANA GRAMS AR 2:00p MONOPOLY GAME AR 3:00p BIBLE STUDY WITH GARY PRM			9:00a BOOK TIME LIB 10:00a JAZZERCISE PRM 1:00p BINGO AR 2:30p GUESS WHO PRM 3:30p PASSPORT PRM			9:00a JAZZ LISTENING PRM 10:00a ART & DESIGN (SAN FRAN) AR 1:00p MAKING PILLOWS AR 2:30p HAPPY HOUR(DRINKS)PRM 4:00p TRIVIA (DISNEY WORLD)LO			9:00a NU-STEP PRM 10:30a TABLE GAMES PRM 1:00p UNO CARD GAME AR 2:30p WORD SEARCH APT 3:00p Bingo AR 5:30p MOVIE NIGHT APT					
05			06			07			08			09			10			11		
9:00a ANIMAL CHARADES PRM 11:00a WORSHIP SERVICE (PASTOR LEE) PRM 1:00p BEAN BAG TOSS AR 2:00p Word search APT 3:00p Hallmark movies APT			9:00a PUZZLES LIB 11:00a DAILEY CHRONICLES PRM 1:00p BOWLING AR 2:00p CANVAS PAINTING AR 3:00p TENNIS PRM			10:00a TRIVIA PRM 11:00a BOARD GAMES PRM 1:00p SPINTOPIA GAME PRM 2:30p NAIL AND HAND SPA AR 4:00p CBS (NEWS) PRM			9:00a LED CHAT W/TANYA PRM 10:00a CHARADES PRM 12:30p BANANA GRAMS AR 2:00p MONOPOLY GAME AR 3:00p BIBLE STUDY WITH GARY PRM			9:00a WELLNESS/KIM PRM 10:00a JAZZERCISE PRM 1:00p BINGO AR 5:00p FAMILY NIGHT "NEON PARTY" PRM 5:30p MUSIC (RON) PRM			9:00a ACTIVITY W/SARAH PRM 11:00a BRAINIACS (SAN FRAN) AR 1:30p CARDS FOR TROOPS AR 2:30p HAPPY HOUR(DRINKS)PRM 3:30p NEW RESIDENT WELCOME PRM			9:00a NU-STEP PRM 10:30a TABLE GAMES PRM 1:00p UNO CARD GAME AR 2:30p WORD SEARCH APT 3:00p Bingo AR 5:30p MOVIE NIGHT APT		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18		
9:00a ANIMAL CHARADES PRM 11:00a WORSHIP SERVICE (PASTOR LEE) PRM 1:00p BEAN BAG TOSS AR 2:00p Word search APT 3:00p Hallmark movies APT			9:00a GABES OUT 11:00a DAILEY CHRONICLES PRM 1:00p BOWLING AR 2:00p CANVAS PAINTING AR 3:00p TENNIS PRM			10:00a CHAIR (YOGA) PRM 11:00a BOARD GAMES PRM 1:00p SPINTOPIA GAME PRM 2:30p NAIL AND HAND SPA AR 4:00p CBS (NEWS) PRM			9:00a WORD SEARCH PRM 10:00a HANDWASH/TRAIN WITH TANYA AR 12:30p BANANA GRAMS AR 2:00p MONOPOLY GAME AR 3:00p BIBLE STUDY WITH GARY PRM			9:00a BOOK TIME LIB 10:00a JAZZERCISE PRM 1:00p BINGO AR 2:30p GUESS WHO PRM 3:30p PASSPORT PRM			9:00a UNO CARD GAME PRM 10:00a SEWING TIME AR 11:00a SANDERS PIZZA OUT 2:30p HAPPY HOUR(DRINKS)PRM 4:00p DARTS PRM			9:00a NU-STEP PRM 10:30a TABLE GAMES PRM 1:00p UNO CARD GAME AR 2:30p WORD SEARCH APT 3:00p Bingo AR 5:30p MOVIE NIGHT APT		
19			20			21 DIWALI			22			23			24			25		
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26			27			28			29			30			31 HALLOWEEN					
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