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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

KINGSPORT ASSISTED LIVING

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Fall Photoshoot
- Halloween Movie Marathon
- Family Dinner: Neon Glow Party
- Oktoberfest
- Trunk-or-Treat
- Little Monster Mash
- Witches Brew Bash
- I Scream Truck

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY								
<div>OCTOBER 2025</div>															LOCATION KEY											
															<div>AR</div> Activity Room			<div>MCD</div> Memory Care Dining Room			<div>ALL</div> AL Living Room			<div>MCL</div> Memory Care Living Room		
BIRTHDAYS						01			02			YOM KIPPUR			03			04								
Shirley M. 10/11, Susan R. 10/17, Wayne S. 10/26						10:30a ONE World <div>AR</div> 11:00a Morning Devotions with Melissa <div>LR</div> 12:00p OUTING <div>Out</div> 2:30p Spice Girls Cooking Club <div>LR</div> 3:30p Bingo + Exercise <div>LR</div>			10:00a Music by Shepards Way <div>ALL</div> 11:00a Town Hall <div>LR</div> 1:30p I SCREAM Truck <div>LR</div> 2:30p Arts & Crafts: <i>Cheesecloth</i> <div>LR</div> <i>Ghosts</i> <div>LR</div> 3:30p Halloween Trivia <div>LR</div>			10:00a Music by Patty Quarles <div>LR</div> 10:30a New Resident Wwelcome Party <div>LR</div> 11:00a Worship Service <div>LR</div> 2:30p Fall Photoshoot <div>LR</div> 3:30p Bingo <div>LR</div>			9:30a Coffee Chronicles <div>LR</div> 10:30a Bingo (Resident Lead) <div>LR</div> 1:30p Manager's Choice <div>LR</div> 2:30p Puzzle Time <div>LR</div> 5:00p What's News? <div>LR</div>											
05			06			07			08			09			10			11								
10:00a 2nd Cup of Coffee <div>LR</div> 11:00a Hymn Sing A-long with Wayne <div>LR</div> 1:30p Manager's Choice <div>LR</div> 2:30p Adult Coloring <div>LR</div> 5:00p News Ninjas <div>LR</div>			11:00a Take A Walk <div>LR</div> 11:30a Room Exercise <div>LR</div> 1:30p Pumpkin Tic-Tac-Toe <div>LR</div> 2:30p Corn Hole <div>LR</div> 3:30p Bingo <div>LR</div>			10:30a Balloon Volleyball <div>LR</div> 11:00a Choir Practice with Teresa <div>LR</div> 1:30p Jenga <div>LR</div> 2:30p Dominoes <div>LR</div> 3:30p Chic Nails <div>LR</div>			10:30a Porch-side Sips (Coffee Social) <div>LR</div> 11:30a Move it or Lose it with Lindsay <div>LR</div> 1:30p Fall Crossword <div>LR</div> 2:30p Gratitude List <div>LR</div> 3:30p Bingo + Exercise <div>LR</div>			10:00a Halloween Movie Marathon: Halloween Town <div>LR</div> 11:30a Plot Twist: Cider Sips! <div>LR</div> 1:30p Halloween Movie Marathon: Harry Potter <div>LR</div> 2:00p POPcorn Cart <div>LR</div> 3:00p Halloween Movie Marathon: Hocus Pocus <div>LR</div>			10:00a Checkers <div>LR</div> 11:00a Worship Service <div>LR</div> 1:30p Jigsaw Gurus (Puzzles) <div>LR</div> 2:30p Music by Curt Mathson <div>LR</div> 3:30p Bingo <div>LR</div>			9:30a Coffee Chronicles <div>LR</div> 10:30a Bingo (Resident Lead) <div>LR</div> 1:30p Manager's Choice <div>LR</div> 2:30p Dominoes <div>LR</div> 5:00p What's News? <div>LR</div>								
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18								
9:30a 2nd Cup of Coffee <div>LR</div> 11:00a Hymn Sing A-long with Wayne <div>LR</div> 1:30p Manager's Choice <div>LR</div> 2:30p Skip-Bo 5:00p News Ninjas <div>LR</div>			11:00a Let's Walk <div>LR</div> 11:30a Chair Exercise <div>LR</div> 12:00p OUTING <div>Out</div> 2:30p Activity Planning Committee <div>LR</div> 3:30p Bingo <div>LR</div>			10:30a Balloon Volleyball <div>LR</div> 11:00a Choir Practice with Teresa <div>LR</div> 1:30p Music by the Pinebrook Pickers <div>LR</div> 2:30p Boos & Brews (Happy Hour) <div>LR</div> 3:30p Arts & Crafts: <i>Milk Jug Pumpkins</i> <div>LR</div>			10:30a Pumpkin Bowling <div>LR</div> 11:30a Book Club <div>LR</div> 1:30p October Birthday Party <div>LR</div> 2:00p Karaoke with Gay & Brenda <div>LR</div> 3:30p Bingo + Exercise <div>LR</div>			10:00a Sunshine Gardeners <div>LR</div> 11:00a Morning Devotions with Melissa <div>LR</div> 1:30p Movie of the Day <div>LR</div> 2:00p POPcorn Cart <div>LR</div> 5:00p Signature Family Dinner: <i>Neon Glow Party</i> <div>DR</div>			10:30a Pumpkin Word Search <div>LR</div> 11:00a Worship Service <div>LR</div> 1:00p Music by the Country Classics <div>LR</div> 2:00p Family Connection (POA's) <div>LR</div> 3:30p Bingo <div>LR</div>			9:30a Coffee Chronicles <div>LR</div> 10:30a Bingo (Resident Lead) <div>LR</div> 1:30p Manager's Choice <div>LR</div> 2:30p Chinese Checkers <div>LR</div> 5:00p What's News? <div>LR</div>								
19			20			21 DIWALI			22			23			24			25								
9:30a 2nd Cup of Coffee <div>LR</div> 11:00a Hymn Sing A-long with Wayne <div>LR</div> 1:30p Cooking Demo with Jeannie: <i>Polish American Heritage Month</i> <div>LR</div> 2:30p Jenga <div>LR</div> 5:00p News Ninjas <div>LR</div>			11:00a Let's Walk <div>LR</div> 11:30a Chair Zumba <div>LR</div> 12:00p OUTING <div>Out</div> 2:30p Arts & Crafts: <i>Halloween Ornaments</i> <div>LR</div> 3:30p Bingo <div>LR</div>			10:30a Balloon Volleyball <div>LR</div> 11:00a Choir Practice with Teresa <div>LR</div> 1:30p Dominoes <div>LR</div> 2:30p OKTOBERFEST <div>LR</div> 3:30p Oktoberfest Bingo <div>LR</div>			10:30a Witch Hat Ring Toss <div>LR</div> 11:30a Wellness U with Lindsay <div>LR</div> 1:30p Pet Therapy <div>LR</div> 2:30p Music by Steel Creek Band <div>LR</div> 3:30p Bingo + Exercise <div>LR</div>			10:00a Veteran Social <div>LR</div> 11:00a Card Club <div>LR</div> 1:00p Pumpkin Decorating <div>LR</div> 2:00p TRUNK-OR-TREAT <div>LR</div> 4:00p Award Ceremony <div>LR</div>			11:00a Worship Service <div>LR</div> 12:00p Boots & Buckles (Men's Luncheon) <div>LR</div> 1:00p Chic Nails <div>LR</div> 2:30p I SCREAM Truck <div>LR</div> 3:30p Bingo <div>LR</div>			9:30a Coffee Chronicles <div>LR</div> 10:30a Bingo (Resident Lead) <div>LR</div> 1:30p Manager's Choice <div>LR</div> 2:30p Chess <div>LR</div> 5:00p What's News? <div>LR</div>								
26			27			28			29			30			31 HALLOWEEN											
9:30a 2nd Cup of Coffee <div>LR</div> 11:00a Hymn Sing A-long with Wayne <div>LR</div> 1:30p Manager's Choice <div>LR</div> 2:30p Solitaire <div>LR</div> 5:00p News Ninjas <div>LR</div>			11:00a Let's Walk <div>LR</div> 11:30a Chair Exercise <div>LR</div> 1:30p Food Committee with Jeannie <div>LR</div> 2:30p Caramel Apple Bar <div>LR</div> 3:30p Bingo <div>LR</div>			10:30a Balloon Volleyball <div>LR</div> 11:00a Choir Practice with Teresa <div>LR</div> 1:00p Dominoes <div>LR</div> 2:00p Hallo-Wine & Cheese Tasting <div>LR</div> 3:00p Music by Jessica Lequieu <div>LR</div>			10:30a Halloween Crossword <div>LR</div> 11:00a Name That Halloween Tune <div>LR</div> 12:00p OUTING <div>Out</div> 2:30p Bingo <div>LR</div> 3:30p Music by Brian Burchfield <div>LR</div>			10:00a Crisp Morning Cider Social <div>PO</div> 11:00a Morning Tune Song Requests 1:30p Halloween Costume Word Search <div>LR</div> 2:30p You Had Me At S'mores! <div>LR</div> 6:00p Little Monster Mash (Community Trick-or-Treating) <div>LR</div>			10:00a Halloween Charades <div>LR</div> 11:00a Worship Service <div>LR</div> 12:00p Witches Brew Bash (Halloween Luncheon) <div>DR</div> 1:30p Spooky Flick of the Day <div>LR</div> 2:00p POPcorn Cart <div>LR</div>											