

CONTACTS

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National Suicide Hotline
988

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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



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LIVING WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

LAKESHORE MEMORY CARE

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Exercise Daily
- Social Events
- Arts& Crafts
- Live Musical Entertainment
- Halloween Party
- Trick-or-Treat the Halls
- Milkshake Fundraiser

 FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY						
										LOCATION KEY								
										ART Art Studio CAF Café DR Dining Room DRP Dining Room Patio		FIT Fitness Center FPO Front Porch GR Game Room LC Lakeshore Chapel		LIB Library OUT Outing THR Theater V The View				
BIRTHDAYS						01	02	YOM KIPPUR		03	04							
						10:00a Morning Yoga 11:00a Aromatherapy 2:00p Carry on w/Carien 4:00p Walking Club 7:00p Learning How It's Made	10:00a Cardio Exercise 11:00a Aromatherapy 3:00p Rosary 4:00p Walking Club 7:00p Virtual Museum Tour	LC		10:00a Leg Strength Exercises 11:00a Aromatherapy 2:30p <i>Entertainment: Bobby</i> 4:00p Walking Club 7:00p Family Feud	10:00a Morning Warm-Up 11:00a Weekend Workout w/ Alanna 11:00a Aromatherapy 3:30p Brain games w/ Alanna 7:00p Virtual Tour Around the World							
05		06		07		08		09		10		11						
10:00a Balloon Baseball 11:00a Aromatherapy 11:00a Weekend Walking Club 3:00p Coloring to Music 7:00p Virtual Park Tour		10:00a Morning Exercise 10:30a Flower Arrangements 11:00a Puzzle Time 11:00a Aromatherapy 4:00p Walking Club 7:00p Relaxation Music		10:00a Tai Chi 11:00a <i>The Word w/ Deacon Green</i> 11:00a Aromatherapy 2:00p <i>Entertainment</i> 4:00p Walking Club 7:00p Venture Game		DR		10:00a Morning Yoga 10:45a <i>BCS Visit w/ Jenna</i> 11:00a Aromatherapy 4:00p Walking Club 7:00p Learning How It's Made		10:00a Cardio Exercise 11:00a Aromatherapy 3:00p Rosary 4:00p Walking Club 5:00p <i>Themed Dinner- Osaka World Fair 1970</i> 6:00p <u>Family Night</u> 7:00p Virtual Museum Tour		LC		10:00a Leg Strength Exercises 11:00a Aromatherapy 4:00p Walking Club 7:00p Family Feud	10:00a Morning Warm-Up 11:00a Weekend Workout w/ Alanna 11:00a Aromatherapy 3:30p Brain games w/ Alanna 7:00p Virtual Tour Around the World			
12		13		14		15		16		17		18						
10:00a Balloon Baseball 11:00a Aromatherapy 11:00a Weekend Walking Club 3:00p Coloring to Music 7:00p Virtual Park Tour		10:00a Morning Exercise 10:30a <i>Men's Club Visiting Barber</i> 10:30a Bowling 11:00a Puzzle Time 11:00a Aromatherapy 4:00p Walking Club 7:00p Relaxation Music		10:00a Tai Chi 11:00a Aromatherapy 2:00p <i>Entertainment</i> 4:00p Walking Club 7:00p Venture Game		DR		10:00a Morning Yoga 11:00a Aromatherapy 2:00p <i>Catholic Mass</i> 4:00p Walking Club 7:00p Learning How It's Made		DR		10:00a <i>Gerie's Gentle Touch Massage</i> 10:00a Cardio Exercise 11:00a Aromatherapy 2:30p Praise & Worship w/ Sadie 3:00p Rosary 4:00p Walking Club 7:00p Virtual Museum Tour		LC		10:00a Leg Strength Exercises 11:00a Aromatherapy 4:00p Walking Club 7:00p Family Feud	10:00a Morning Warm-Up 11:00a Weekend Workout w/ Alanna 11:00a Aromatherapy 3:30p Brain games w/ Alanna 7:00p Virtual Tour Around the World	
19		20		21		22		23		24		25						
10:00a Balloon Baseball 11:00a Aromatherapy 11:00a Weekend Walking Club 3:00p Coloring to Music 7:00p Virtual Park Tour		10:00a Morning Exercise 10:30a Pass the Pig 11:00a Puzzle Time 11:00a Aromatherapy 2:15p <i>Turnin' it up w/ Tammy</i> 4:00p Walking Club 7:00p Relaxation Music		10:00a Tai Chi 10:30a Word Scramble 11:00a <i>The Word w/ Deacon Green</i> 11:00a Aromatherapy 2:00p <i>Entertainment</i> 4:00p Walking Club 7:00p Venture Game		DR		10:00a Morning Yoga 10:45a <i>BCS Visit w/ Jenna</i> 11:00a Aromatherapy 4:00p Walking Club 7:00p Learning How It's Made		10:00a Cardio Exercise 11:00a Aromatherapy 3:00p Rosary 4:00p Walking Club 7:00p Virtual Museum Tour		LC		10:00a Leg Strength Exercises 11:00a Aromatherapy 4:00p Walking Club 7:00p Family Feud	10:00a Morning Warm-Up 11:00a Weekend Workout w/ Alanna 11:00a Aromatherapy 3:30p Brain games w/ Alanna 7:00p Virtual Tour Around the World			
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10:00a Balloon Baseball 11:00a Aromatherapy 11:00a Weekend Walking Club 3:00p Coloring to Music 7:00p Virtual Park Tour		10:00a Morning Exercise 11:00a Puzzle Time 11:00a Aromatherapy 3:00p DACC Volunteering - Dog Treat Creation 4:00p Walking Club 7:00p Relaxation Music		10:00a Tai Chi 10:30a Kickball 11:00a Aromatherapy 2:00p <i>Entertainment</i> 4:00p Walking Club 7:00p Venture Game		DR		10:00a Morning Yoga 11:00a Aromatherapy 4:00p Walking Club 7:00p Learning How It's Made		10:00a Cardio Exercise 11:00a Aromatherapy 3:00p Rosary 4:00p Walking Club 7:00p Virtual Museum Tour		LC		10:00a Leg Strength Exercises 11:00a Aromatherapy 3:00p Walking Club 4:00p Walking Club 7:00p Family Feud				