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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”  
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

**American House raised over \$54,000 to bring our three-year total to \$166,000.** We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL  
INSPIRING A HAPPIER, HEALTHIER YOU.

MURFREESBORO ASSISTED LIVING

OCTOBER 2025

PHYLLIS OF ST. PETE’S:  
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Live Music Thursday's at 3pm
- Beauty Shop open on Tuesday's
- Weekly Bus Outings
- Cooking Demo
- Art & Design
- Family Night
- Fun & Games

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY													
<div>OCTOBER 2025</div>										LOCATION KEY															
										AR Activity Room DR Dining Room F Foyer LIB Library		LO Lobby OUT Outing S Salon													
BIRTHDAYS						01		02 YOM KIPPUR		03		04													
Johnnie T. 10-01 Evelyn E. 10-30 Bill B. 10-31						9:00a Sit & Fit 10:00a Men's Coffee & Donuts 1:00p Walking Club 2:00p Bingo 3:00p Popcorn & Movie Matinée		AR LIB AR AR AR		9:00a Halloween Door Decoration Begins! 10:00a Gospel Gal 11:00a Sit & Fit 1:00p Courtyard Gardening 2:30p "Happy Hour" 3:00p Music provided by Music For Seniors 7:00p Bible Study with Sister Felicia		F AR AR LO LO		9:30a Scenic Drive 11:00a Sit & Fit 1:00p Let's Get Crafty 2:00p Bingo 3:00p Let's Play Scrabble		OUT LIB LO AR AR		10:00a News & Coffee 11:00a Stretch & Strengthen 2:00p Puzzle Time 4:00p Word Search & Crossword Challenge 5:00p ChitChat							
05		06		07		08		09		10		11													
10:00a News & Coffee 10:30a Chair Aerobics 1:00p Let's weigh in 2:00p Puzzle Time 4:00p Word Search & Crossword Challenge 5:00p ChitChat		AR AR		10:00a Bus Outing! Wal-Mart 11:00a Who? What? Where? Trivia 1:00p Chapel Service 2:00p Bingo 3:00p Nail Care		OUT LO LIB AR S		10:00a Chair Exercise 11:00a Gardening 1:00p Let's Get Crafty 2:30p Pastor Jim		AR AR AR AR LO		9:00a Sit & Fit 10:30a Wellness U! 1:00p Walking Club 2:00p Bingo 3:00p Popcorn & Movie Matinée		AR AR AR AR AR		10:00a Gospel Gal 11:00a Sit & Fit 2:30p "Happy Hour" 3:00p Music provided by Music For Seniors 5:00p Family Night 7:00p Bible Study with Sister Felicia		F AR LO LO DR LO		9:30a Scenic Drive 11:00a Sit & Fit 12:30p Karaoke 1:00p Let's enjoy coke and popcorn 2:00p Bingo		OUT LIB LO LO AR		10:00a News & Coffee 11:00a Stretch & Strengthen 2:00p Puzzle Time 4:00p Word Search & Crossword Challenge 5:00p ChitChat	
12		13 INDIGENOUS PEOPLE'S DAY		14		15		16		17		18													
10:00a News & Coffee 10:30a Chair Aerobics 2:00p Puzzle Time 4:00p Word Search & Crossword Challenge 5:00p ChitChat		AR		10:00a Bus Outing! Wal-Mart 11:00a Who? What? Where? Trivia 1:00p Chapel Service 2:00p Country Store 3:00p Nail Care		OUT LO LIB AR S		10:00a Chair Exercise 11:00a Gardening 1:00p Let's Get Crafty 2:30p Pastor Jim		AR AR AR AR LO		10:00a Let's Get Crafty With Jody 11:00a Sit & Fit 1:00p Walking Club 2:00p Bingo 3:00p Popcorn & Movie Matinée		AR LIB AR AR AR		10:00a Gospel Gal 11:00a Sit & Fit 1:00p Courtyard Gardening 2:30p "Happy Hour" 3:00p Music provided by Music For Seniors 6:00p Bible Study with Sister Felicia		F AR AR LO LO		8:30a Fun Friday: Wear Your NFL Gear! 9:30a Scenic Drive 11:00a Sit & Fit 2:00p Bingo 2:30p Ice Cream Social 3:00p Town Hall		OUT AR AR AR AR		10:00a News & Coffee 11:00a Stretch & Strengthen 2:00p Puzzle Time 4:00p Word Search & Crossword Challenge 5:00p ChitChat	
19		20		21 DIWALI		22		23		24		25													
9:30a Pet Therapy 10:00a News & Coffee 10:30a Chair Aerobics 2:00p Puzzle Time 4:00p Word Search & Crossword Challenge 4:30p Welcome Home 5:00p ChitChat		LO AR AR AR		10:00a Bus Outing! Wal-Mart 11:00a Who? What? Where? Trivia 1:00p Chapel Service 2:00p Bingo 3:00p Nail Care		OUT LO LIB AR S		8:00a Halloween Door Decoration Ends! 9:00a Chair Exercise 10:30a Cooking Demo! 11:00a Menu Chat! 1:00p Let's Play Uno 2:30p Pastor Jim		AR AR AR AR LO		9:00a Sit & Fit 10:30a Men's Checkers/ Drinks and Snacks 1:00p Walking Club 2:00p Bingo 3:00p Birthday Bash (Everyone is invited) 3:30p Popcorn & Movie Matinée		LIB LIB AR AR AR AR		10:00a Gospel Gal 11:00a Sit & Fit 1:00p Patio Chat! With Life Enrichment 2:30p "Happy Hour" 3:00p Music provided by Music For Seniors 6:00p Bible Study with Sister Felicia		F AR OUT LO LO		8:00a Fun Friday: Wear Your Favorite Socks! 9:30a Scenic Drive 11:00a Sit & Fit 1:00p Karaoke / Popcorn 2:30p Country Store 3:30p Let's Play Yahtzee / Checkers		OUT AR LO AR AR		10:00a News & Coffee 11:00a Stretch & Strengthen 2:00p Puzzle Time 4:00p Word Search & Crossword Challenge 5:00p ChitChat	
26		27		28		29		30		31 HALLOWEEN		Pumpkin Spice Latte													
10:00a News & Coffee 10:30a Chair Aerobics 2:00p Puzzle Time 4:00p Word Search & Crossword Challenge 5:00p ChitChat		AR		10:00a Bus Outing! Wal-Mart 11:00a Who? What? Where? Trivia 1:00p Chapel Service 2:00p Bingo 3:00p Nail Care		OUT LO LIB AR S		9:00a Chair Exercise 11:00a Meet with Donna and Plan Halloween Party 1:00p Yahtzee / # Game 2:30p Pastor Jim 3:30p Bible Trivia!		AR AR AR LO LO		9:00a Sit & Fit 10:30a Devotions and Fit Minds 1:00p Walking Club 2:00p Bingo 3:30p Welcome Home Party 4:00p Popcorn & Movie Matinée		LIB LIB AR AR AR AR		10:00a Gospel Gal 11:00a Sit & Fit 1:00p Courtyard Gardening 2:30p "Happy Hour" 3:00p Music provided by Music For Seniors 6:00p Bible Study with Sister Felicia		F AR AR LO LO		9:00a Sit & Fit 10:30a Patio Chat! 2:00p Come Trick or Treat! There will be A costume Contest!		LIB OUT			