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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

MILFORD INDEPENDANT

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Secretary of State - In-house
- Ginetti's Hole in the Wall-Out
- Family Fun Night-Disco
- Bon Fire w/Hand Pies
- Pink Out for Breast Cancer
- Czapskis Polish/Mexican-Outing
- Kensington Beach Color Tour
- Annual Chili Contest
- Halloween Party
- Costume Contest Staff/Resident

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BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																													
<div>OCTOBER 2025</div>															LOCATION KEY																																
															1FL	1 st Floor		3FT	3 rd Floor Theater		OUT	Outing		2FL	2 nd Floor		APT	Your Apartment		PAT	Patio		2FA	2 nd Floor Activities		BPL	Back Parking Lot		PD	Private Dining		S	Salon		3FL	3 rd Floor	
BIRTHDAYS									01			02			YOM KIPPUR			03			04																										
Shelby G. 10-1 Mary W. 10-3 Ken Y. 10-4 Diane W. 10-6 Dale G. 10-10 Francine G. 10-13			Phyllis M. 10-16 Joan K. 10-18 Donna R. 10-18 Julie V. 10-19 Anita K. 10-20 Anne L. 10-21			Gerry A. 10-23 Carol H. 10-23 Teresa D. 10-27			9:30a Community Store-Closed 10:00a Secretary of State 10:00a Chair exercise w/lvy 10:15a Walk with Me 10:30a B/P Check 1:00p Brain Teasers 1:15p Daily Popcorn 2:00p Mah Jongg w/Francine 6:30p Bible Study			2FA PD 3FT B 2FL 3FT B PD PD			8:30a Dawn Out-LED Conference 10:00a Yoga w/Bonita 1:00p Scrabble w/Pam 1:15p Daily Popcorn 2:30p Happy Hour w/Marsha M. 6:00p Rummikub Game			3FT 3FA B DR PD			8:30a Dawn Out - LED Conference 10:00a Drums Alive w/Dawn 1:15p Daily Popcorn 2:00p Jewelry Making 3:00p Brainiacs Group 7:00p Let's Play Pool!			3FT B 3FA 3FT 2FL			10:00a Pet Therapy w/Les & Grace 10:30a Color with Me 1:15p Daily Popcorn 1:30p Corn Hole 1:30p Bistro Games 5:30p BUNCO w/Andrea 6:00p Movie-The Incredible Shrinking Women			B 3FA B B B PD 3FT																	
05			06			07			08			09			10			11																													
10:30a Color with Me 10:30a Music w/Albums 1:15p Daily Popcorn 2:00p Games, fun and conversation 2:30p Movie- 3:00p Church Services w/Milford Baptist 3FT 4:00p Detroit Lions @ Bengals 6:15p Bingo w/Nancy			3FA 3FT B PD DR			9:30a Open Transport-WL 10:00a Corn Hole 10:00a Yoga w/Bonita 1:15p Daily Popcorn 2:15p Bingo for Prizes 3:30p Brainiacs Group			OUT B 3FT B DR THR			10:00a Chair Yoga w/Bonita 10:15a Ginetti's Hole in the Wall 1:15p Daily Popcorn 1:30p Euchre 2:30p Communion w/Theresa 6:15p Bingo w/Nancy 7:00p Let's Play Pool!			3FT OUT B PD 3FT DR 2FL			9:30a Community Store 10:00a Chair exercise w/lvy 10:15a Walk with Me 10:30a B/P Check 1:00p Brain Teasers 1:15p Daily Popcorn 2:00p Mah Jongg w/Francine 6:30p Bible Study			2FA 3FT B 2FL 3FT B PD PD			10:00a Yoga w/Suzanne-Cancelled 1:00p Scrabble w/Pam 1:15p Daily Popcorn 5:00p Family Fun Night San Fran-Neon Glow 5:30p Entertainment w/Dan & Tony 6:00p Rummikub Game			3FT 3FA B DR DR PD			10:00a Drums Alive w/Dawn 1:15p Daily Popcorn 3:00p Bon Fire-Hand Pies 3:00p Brainiacs Group 7:00p Let's Play Pool!			3FT B CY 3FT 2FL			10:30a Color with Me 1:15p Daily Popcorn 1:30p Corn Hole 1:30p Bistro Games 5:30p BUNCO w/Andrea 6:00p Movie-Free Willy			3FA B B B PD 3FT								
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																													
10:30a Color with Me 10:30a Music w/Albums 1:00p Oak Point Church-Online Church Service 1:15p Daily Popcorn 2:00p Games, fun and conversation 2:30p Movie-Hocus Pocus 6:15p Bingo w/Nancy			3FA 3FT 3FT B PD 3FT DR			10:00a Corn Hole 10:00a Yoga w/Bonita 1:00p Life Enrichment-Chat 1:15p Daily Popcorn 2:15p Bingo for Prizes 3:30p Brainiacs Group			B 3FT B DR THR			9:30a Open Transport-Milford 10:00a Chair Yoga w/Bonita 1:15p Daily Popcorn 1:30p Euchre 2:00p St. Mary's Mass 6:15p Bingo w/Nancy 7:00p Let's Play Pool!			OUT 3FT B PD 3FT DR 2FL			9:30a Community Store 10:00a Chair exercise w/lvy 10:15a Walk with Me 10:30a B/P Check 1:00p Brain Teasers 1:15p Daily Popcorn 2:00p Mah Jongg w/Francine 7:00p Bible Study-Showing Chosen			2FA 3FT B 2FL 3FT B PD 3FT			10:00a Cooking Demo w/Ethan 10:00a Yoga w/Bonita 1:00p Scrabble w/Pam 1:15p Daily Popcorn 2:30p Happy Hour w/Scott Cummings 2:30p Communion w/Dana St. Mary's 6:00p Rummikub Game			PD 3FT 3FA B DR THR PD			10:00a Drums Alive w/Dawn 10:30a Wellness U-TMT Speaker 11:30a Czapski's of Milford 1:15p Daily Popcorn 1:45p Pumpkin Decorating 3:00p Brainiacs Group 7:00p Let's Play Pool!			3FT B OUT B 3FA 3FT 2FL			10:00a Pet Therapy w/Les & Grace 10:30a Color with Me 1:15p Daily Popcorn 1:30p Corn Hole 1:30p Bistro Games 5:30p BUNCO w/Andrea 6:00p Movie-Beetle Juice			B 3FA B B B PD 3FT								
19			20			21 DIWALI			22			23			24			25																													
10:30a Color with Me 10:30a Music w/Albums 1:00p Oak Pointe Church-On-Line Services 1:15p Daily Popcorn 2:00p Games, fun and conversation 2:30p Movie-Ghost Busters 6:15p Bingo w/Nancy			3FA 3FT 3FT B PD 3FT DR			10:00a Corn Hole 10:00a Yoga w/Bonita 1:15p Daily Popcorn 2:15p Bingo for Prizes 3:30p Brainiacs Group 6:45p Lions -vs- Buccaneers			B 3FT B DR THR 3FT			9:30a Open Transport-WL 10:00a Chair Yoga w/Bonita 1:15p Daily Popcorn 1:30p Euchre 2:30p Birthday Party w/Bryan D. 6:15p Bingo w/Nancy 7:00p Let's Play Pool!			OUT 3FT B PD DR DR 2FL			9:30a Community Store 10:00a Chair exercise w/lvy 10:15a Walk with Me 10:30a B/P Check 1:00p Brain Teasers 1:15p Daily Popcorn 2:00p Mah Jongg w/Francine 6:30p Bible Study			2FA 3FT B 2FL 3FT B PD PD			10:00a Yoga w/Suzanne-Cancelled 1:00p Scrabble w/Pam 1:15p Daily Popcorn 2:00p Communion w/Pat from St. Mary's Happy Hour-Trivia Rummikub Game			3FT 3FA B 3FT DR PD			8:30a "PINK OUT" for Breast Cancer 10:00a Drums Alive w/Dawn 11:45a Kensington-Color Tour 1:15p Daily Popcorn 1:45p Pumpkin Decorating 3:00p Brainiacs Group 7:00p Let's Play Pool!			3FT 3FT B 3FA 3FT 2FL			10:30a Color with Me 1:15p Daily Popcorn 1:30p Corn Hole 1:30p Bistro Games 5:30p BUNCO w/Andrea 6:00p Movie-The Ghost and Mr. Chicken			3FA B B B PD 3FT								
26			27			28			29			30			31 HALLOWEEN																																
10:15a Give/Take Program-CANCELLED 2FA 10:30a Color with Me 10:30a Music w/Albums 1:00p Oak Pointe Church-On-Line Services 1:15p Daily Popcorn 2:00p Games, fun and conversation 2:30p Movie-The Mask of the Red Death			3FA 3FT 3FT 3FT B PD			10:00a Corn Hole 10:00a Yoga w/Bonita 1:15p Daily Popcorn 2:15p Bingo for Prizes 3:30p Brainiacs Group			B 3FT B DR THR			9:30a Open Transport-Milford 10:00a Chair Yoga w/Bonita 1:15p Daily Popcorn 1:30p Euchre 2:30p Resident Town Hall 6:15p Bingo w/Nancy 7:00p Let's Play Pool!			OUT 3FT B PD DR DR 2FL						9:30a Community Store 10:00a Chair exercise w/lvy 10:15a Walk with Me 10:30a B/P Check 1:00p Brain Teasers 1:15p Daily Popcorn 2:00p Mah Jongg w/Francine			2FA 3FT B 2FL 3FT B PD			10:00a New Resident Coffee Welcome 10:00a Yoga w/Bonita 1:00p Scrabble w/Pam 1:15p Daily Popcorn 2:30p Happy Hour w/Bob G. 6:00p Rummikub Game			3FT 3FA B DR PD			10:00a Drums Alive w/Dawn 10:30a Pumpkin Contest Judging 1:15p Daily Popcorn 2:00p Chili Cookoff 3:00p Staff and Resident Costume Contest 3:00p Brainiacs Group 7:00p Let's Play Pool!			3FT B B DR DR 3FT 2FL											