SPREAD THE WORD, EARN THE REWARD!

Resident Referral Program

Refer your family or friends today and when they sign a lease and move in, you'll **receive $2,000 off your rent** and they'll receive $1,000 off!

Schedule a visit to speak with a Community Relations Director for complete details.

Restrictions apply. Not to be combined with any other offer.

American House
Oak Park
703 Madison St
Oak Park | IL | 60302
708.622.9426
AmericanHouse.com

American House
SENIOR LIVING COMMUNITIES

LET THE GOOD TIMES ROLL!

Who says you have to travel to Las Vegas to enjoy a little glitz, glamour and good times? This November, American House communities are bringing some of that casino-night spirit closer to home for a very special Family Night.

Whether you're trying your luck at a game, cheering on a friendly competition, enjoying music or simply catching up with friends and family, the evening is all about having fun together. Some communities may roll the dice, spin the wheel or play a few familiar games, while others put their own unique spin on the theme.

And, of course, every great casino night deserves a little sparkle. Think festive décor, music, prizes and plenty of opportunities to dress up and get into the spirit of the evening. The best part? You don't need to be a high roller to have a great time. At American House, everyone's invited to join in, enjoy the company and let the good times roll!

"YOU'RE NEVER TOO OLD TO BECOME YOUNGER."
- MAE WEST

THE POWER OF A GOOD STORY

At American House, we know every person has a story worth telling. Stories connect us to one another. They help us understand where we come from, what shaped us and what matters most. A favorite childhood memory, a lesson learned the hard way, a family tradition or even a funny moment from years ago can reveal something special about the person sharing it. And telling stories isn't the only way to connect.

Listening matters, too. Taking the time to hear someone else's story can open the door to conversation, create understanding and remind us that every life is filled with experiences worth remembering. We believe stories are part of what makes our communities so special. They bring generations together, spark friendships and help us discover the things we have in common.

So, what's a story you'd love to tell? Better yet, who haven't you told it too? Sometimes, a good story is more than a memory. It's a way of bringing people together.

LIVING WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

OAK PARK ASSISTED & INDEPENDENT LIVING **NOVEMBER 2026**

A LIFE OF SERVICE, STRENGTH AND OPTIMISM

For Ron Webb, service has been a lifelong commitment. After studying education at Indiana University and teaching school, he entered the U.S. Air Force through ROTC in 1960. During his 25-year career, he served as a pilot, flying F-4 Phantoms in Vietnam.

In June 1967, Ron was captured after a midair collision and spent nearly six years as a prisoner of war in Hanoi, including 18 months in solitary confinement. Through it all, he says he maintained an optimistic outlook. In March 1973, he finally returned home, where his wife, young daughter and extended family welcomed him back in Washington, D.C.

Ron went on to serve for another 20 years before retiring as a colonel. He and his wife eventually settled in Florida, where they have enjoyed retirement. Today, Ron has been part of the American House Bluewater Bay community for more than eight years. A former residents association president, he enjoys bridge, bingo and social activities. Most of all, Ron treasures being close to his family, including his daughter, granddaughter and two great-grandchildren.

NOVEMBER 2026 EVENTS

- 11/2- New Resident Social
- 11/3- Voting!
- 11/11- Veterans Celebration
- 11/12 -Casino Family Night
- 11/19 -FBI Fraud Presentation
- 11/21-Op/RF Museum Outing
- 11/23-IL Casino Trip
- 11/24-Ambassador/ Guild Mixer
- 11/30-IL/AL BINGO!

HONORING THE STORIES OF THOSE WHO SERVED

This Veterans Day, we're especially grateful for the veterans who are part of our American House communities, families and teams. Each has a story of service, sacrifice, courage and commitment—and each story is worth remembering. On Wednesday, November 11, we honor all who have worn our nation's uniform, thank them for the freedoms they helped protect and celebrate the experiences and memories they continue to share with those around them.

LIVING WELL IS BEING WELL.™
American House Senior Living Communities

AH-12971-1

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 DAYLIGHT SAVING TIME 9:00a *Spiritual Outing* **LO** 9:30a Sunday Morning Prayer (Video) **1HM** 10:15a Resistance Band(Moderate) **2FR** 11:00a Daily Chronicle Discussions **2FR** 1:00p **Ukulele Band Recruitment 6CR** 2:00p Neil Diamond Concert(1976) **1HM**	**02** 10:15a Aerobic Fitness(Moderate) **7FC** 11:00a Meditation & Chronicle **7FC** 1:00p **Gym Orientation 7FC** 1:30p **Wellness U: Brain Exercises for Memory 7FC** 3:00p **New Resident Welcome Social TWP** 5:45p **Men's Monday Movie Choice 1HM**	**03** 9:00a **Voting! LO** 10:00a **NEURO HIGH IMPACT 7FC** 11:00a **NEURO LOW IMPACT 7FC** 12:30p **Virtual Chair Yoga 7FC** 1:15p **AL Resident Council ALD** 1:45p **AL LE Meeting ALD** 2:00p **Short Story Readers 7FC** 5:45p Movie: *Paradise(Melanie G.)* **1HM**	**04** 10:15a Full Body Workout **7FC** 11:00a Mindful Meditation **7FC** 11:15a Daily Chronicle **7FC** 1:00p **AH Actors Guild 5LB** 2:00p **Bible Study 6CR** 3:00p Wine Down Wednesday/w Larry **MSL** 5:45p Women's Wednesday Movie Choice **1HM**	**05** 9:15a **Ascension Church Visit ALD** 10:00a **Neuro High Impact 7FC** 11:00a **Neuro Low Impact 7FC** 2:00p **Movie Club Meeting 1HM** 3:30p **Resident Safety Meeting 1HM** 5:30p **Movie: Entrapment(Sean C.) 1HM**	**06** 10:15a Balance & Weights - High Impact **7FC** 11:00a Free Mind Fridays **7FC** 11:15a Daily News **7FC** 1:30p **Resident Ambassador Meeting 5LB** 3:00p The Wright Place Social Hour! **TWP** 5:45p Movie: *Residents Pick* **1HM**	**07** 10:15a **Strong Arms & Balance(High) 7FC** 11:00a Daily Chronicles **7FC** 2:30p **Banking Presentation 1HM** 3:45p **Show: The Waltons 1HM** 5:45p **Movie: Emma(jane Austen) 1HM**
08 9:00a *Spiritual Outing* **LO** 9:30a Sunday Morning Prayer (Video) **1HM** 10:15a Strength & Balance Training(Moderate) **2FR** 11:00a Daily Chronicles **2FR** 1:00p **Movie: Mary Poppins(2Hrs) 1HM** 5:45p Movie: Talented Mr. Ripley **1HM**	**09** 10:15a Zumba Fitness(Low Impact) **7FC** 11:00a Daily Chronicles **7FC** 1:30p **You Be the judge Court Cases 1HM** 3:00p **Town Hall Meeting 1HM** 5:45p **Men's Monday Movie Choice 1HM**	**10** 10:00a **NEURO HIGH IMPACT 7FC** 11:00a **NEURO LOW IMPACT 7FC** 12:30p **Virtual Chair Yoga 7FC** 1:00p **IL Resident Council 6CR** 1:45p **IL LE Meeting 6CR** 2:00p Short Story Readers **7FC** 5:45p Movie: *Pacific Heights* **1HM**	**11 VETERANS DAY** 10:15a 30 min Workout! (High) **7FC** 11:00a Meditation Wed. **7FC** 11:15a Daily Chronicle **7FC** 1:00p **AH Actors Guild 5LB** 2:00p **Bible Study 6CR** 3:00p **Veterans Day Wine Down MSL** 5:45p Women's Wednesday Movie Choice **1HM**	**12** 9:15a Ascension Church Visit **ALD** 10:00a **Neuro High Impact 7FC** 11:00a **Neuro Low Impact 7FC** 1:00p **Movie: Casino Royale(Bond) 1HM** 5:00p **Casino Family Night! TWP** 7:30p **Movie: Casino 1HM**	**13** 10:15a Resistance Band High Impact Workout **7FC** 11:00a Positive Talk **7FC** 11:15a Daily News **7FC** 3:00p The Wright Place Social Hour! **TWP** 5:45p **Movie: *One Flew over The Cuckoos Nest* 1HM**	**14** 10:15a Leg & Back Workout **7FC** 11:00a Daily Chronicles **7FC** 12:30p **Art History w/ Colleen(Gustav Klimt) 1HM** 2:15p **Movie: Movie Club Pick 1HM** 2:30p **Art Therapy w/ Colleen 2FR** 5:45p **Movie: A few Good Men 1HM**
15 9:00a *Spiritual Outing* **LO** 9:30a Sunday Morning Prayer (Video) **1HM** 10:15a Weight Training(High Impact) **2FR** 11:00a Sunday Chronicles **2FR** 1:45p **Movie: Long, Hot, Summer(Paul N.) 1HM** 5:45p Movie: The Prestige **1HM**	**16** 10:15a Weight Training(High) **7FC** 11:00a **Open Mic Conversation 7FC** 11:15a Daily Chronicles **7FC** 1:15p Library Outing(Book Club) **LO** 3:45p **Curling Competition 1HM** 5:45p **Men's Monday Movie Choice 1HM**	**17** 10:00a **NEURO HIGH IMPACT 7FC** 11:00a **NEURO LOW IMPACT 7FC** 12:30p Virtual Chair Yoga **7FC** 1:00p **Scribblers Re-visited 5LB** 2:00p Short Story Readers **7FC** 5:45p **Movie: TROY(Brad Pitt) 1HM**	**18** 10:15a **Drum Exercise 7FC** 11:00a Chronicle & Discussions **7FC** 1:00p **AH Actors Guild Performance 7FC** 2:00p **Bible Study 6CR** 3:00p Wine Down Wednesday w/ Larry **MSL** 5:45p Women's Wednesday Movie Choice **1HM**	**19** 9:15a Ascension Church Visit **ALD** 10:00a **Neuro High Impact 7FC** 11:00a **Neuro Low Impact 7FC** 12:00p **Fox Therapy Presentation 1HM** 1:00p **FBI Fraud Prevention Talk 1HM** 2:00p **Chef Demo & Chat TWP** 5:45p **Movie: Remains of the Day**	**20** 10:15a Resistance Band High Impact Workout **7FC** 11:15a Daily News **7FC** 12:00p **Bereavement Session 7FC** 2:30p **Native American Celebration! TWP** 3:00p The Wright Place Social Hour **TWP** 5:45p **Movie: *Speed(Action)* 1HM**	**21** 10:15a Back Strength Workout **7FC** 11:00a **Mindful Breath Meditations 7FC** 11:15a Daily Chronicles **7FC** 1:15p **Oak Park River Forest Museum Trip 1HM** 1:45p **Movie: The Burbs(Tom Hanks) 1HM** 5:45p Movie: *The Whole Truth* **1HM**
22 9:00a *Spiritual Outing* **LO** 9:30a Sunday Morning Prayer (Video) **1HM** 10:15a Stretch & Meditation(Moderate) **2FR** 11:00a Daily News Brief **2FR** 1:45p Movie: From Here to Eternity **1HM** 5:45p Move: The Paradine Case(Gregory	**23** 10:15a Ab & Arm Training **7FC** 11:00a Healthy Breathing & Meditation **7FC** 11:15a Daily Chronicles **7FC** 12:30p **Independent Living Casino Trip LO** 5:45p **Men's Monday Movie Choice 1HM**	**24** 10:00a **NEURO HIGH IMPACT 7FC** 11:00a **NEURO LOW IMPACT 7FC** 12:30p Virtual Chair Yoga **7FC** 2:00p **Short Story Readers 7FC** 3:30p Ambassador/Actors Guild Mixer **MSL** 5:45p Movie: *Erin Brockovich* **1HM**	**25** 10:15a Full Body Fitness(High) **7FC** 11:00a Daily Chronicle **2FR** 1:00p **AH Actors Guild 5LB** 3:00p Wine Down Wednesday **MSL** 5:30p **AL/IL Community Talk w/ Lisa 5LB** 5:45p Women's Wednesday Movie Choice **1HM**	**26 THANKSGIVING** 9:15a Ascension Church Visit **ALD** 11:00a **Thanksgiving Workout 7FC** 11:15a Thanksgiving Chronicles **7FC** 1:30p **Butter Cookies w/ Yolanda 2DB** 2:30p **Thanksgiving Movie Special! 1HM** 5:45p Movie: The Holiday(Cameron Diaz) **1HM**	**27** 10:15a Resistance Band High Impact Workout **7FC** 11:00a Meditation Friday **7FC** 11:15a Daily News **7FC** 3:00p **Birthday Bash Social Hour! TWP** 5:45p Movie: *Friday Movie Pick* **1HM**	**28** 10:15a **Strength Training(Moderate) 7FC** 11:00a Daily Chronicles **7FC** 1:45p **Movie Time w/ Doug!(O.P. Film Critic) 1HM** 5:45p Movie: *The Bourne Identity* **1HM**
29 9:00a *Spiritual Outing* **LO** 9:30a Sunday Morning Prayer (Video) **1HM** 10:15a Kick Boxing 101(Moderate) **2FR** 11:00a Sunday Meditation **2FR** 11:15a Sunday Chronicles **2FR** 1:45p **Movie: Pearl Harbor(Ben A.) 1HM** 5:45p Movie: The Long, Long	**30** 10:15a Drumming Exercise **7FC** 11:00a Daily Chronicles **7FC** 2:30p **Independent Living BINGO! 5LB** 3:30p **Assisted Living BINGO! 5LB** 5:45p **Men's Monday Movie Choice 1HM**	**BIRTHDAYS** 11/3-Mary Jo G. 11/9- Janie B. 11/13-Tommie S. 11/18-Dennis B. 11/22-Willie M. 11/25- Jane S.		**LOCATION KEY** **1HM** Hemingway's **2FF** 2nd Floor Flex Room **2FR** 2nd Floor Family Room **3AS** 3rd Floor Art Studio **4AR** 4th Floor Activity Room **5LB** 5th Floor Library **6CR** 6th Floor Card Room **7FC** 7th Floor Fitness Center **2DB** Demo Bistro **ILD** IL Dining **LO** Lobby **MSL** Madison Street Lounge **TWP** The Wright Place	

All activities subject to change.