

CONTACTS

**Executive Director**  
Lance Helton  
parkplace@americanhouse.com

**Business Office Manager**  
Amanda Guerra  
parkplacebom@americanhouse.com

**Community Relations Director**  
April Myers  
parkplaceassistant@americanhouse.com

**Life Enrichment Director**  
Nina Ochoa  
parkplacelifeenrichment@americanhouse.com

**Move-In Coordinator**  
parkplaceleasing@americanhouse.com

**Culinary Director**  
Charles Taylor  
parkplaceculinary@americanhouse.com

**Housekeeping Supervisor**  
Debra Prange  
parkplacehousekeeping@americanhouse.com

**Maintenance Director**  
Brad Trammel  
parkplacemaintenance@americanhouse.com

**Theramax Rehab**  
Physical & Occupational  
(248) 417-3646

National Suicide Hotline  
988

Alzheimers Association  
1-800-272-3900

**American House  
Park Place**  
29250 Heritage Pkwy  
Warren | MI | 48092  
586.838.2104  
**AmericanHouse.com**



THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”  
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

**American House raised over \$54,000 to bring our three-year total to \$166,000.** We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL  
INSPIRING A HAPPIER, HEALTHIER YOU.

PARK PLACE

OCTOBER 2025

PHYLLIS OF ST. PETE’S:  
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- 10/1 October Birthday Party
- 10/1 Resident Town Hall
- 10/7Genitti's Hole-in-the-wall
- 10/9 Neon Glow Family Night
- 10/9 Flu/Covid/Pneumonia Shots
- 10/14 Indigenous Peoples Day
- 10/18 Trunk or Treat!
- 10/21 Neighborhood Mixer
- 10/22 SOS Mobile Office
- 10/30 Halloween Happy Hour!

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.





SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																							
<div>OCTOBER 2025</div>															LOCATION KEY																										
															1FA	1 <sup>st</sup> Floor Activity Room	CHP	Chapel	OC	Outdoor Café																					
															2FL	2 <sup>nd</sup> Floor	DR	Dining Room	O	Outside																					
															2FA	2 <sup>nd</sup> Floor Activity Room	DF	Dolphin	PTO	Physical Therapy Office																					
															A	Atrium		Fountain	SUR	Sign Up Required																					
															ART	Art Studio	FIT	Fitness Center	SCP	South Carport																					
															BR	Billiards Room	LIB	Library	THR	Theater																					
															CAF	Café	LO	Lobby	UL	Upstairs Lounge																					
BIRTHDAYS						01			02			YOM KIPPUR			03			04																							
Peter K 10/7 Pete E 10/8 Shirley J 10/10 Gabe D 10/11 Mike A 10/12 Mark L 10/16						John N 10/20 David O 10/23 Gretchen M 10/25 Robert H 10/28			10:30a Blood Pressure Checks_ 10:45a <b>Yoga w/ Lindsay</b> 12:00p <b>Birthday Party</b> 1:30p <b>Resident Town Hall</b> 2:00p Rosalie's Store Open 3:30p Rosary 6:30p <b>Bingo w/ Alicia (\$0.25)</b>			CAF FIT DR DR   CHP 2FA			9:30a <b>Chair Exercise</b> 10:30a <b>Prize Bingo</b> 1:30p Daily Chronicle P/u 2:30p <b>Happy Hour-Dorothy</b> 6:30p Euchre w/ Friends			FIT 2FA LO A CAF			9:30a <b>Chair Exercise</b> 10:00a <b>Brain Games</b> 11:00a <b>Bible Study Sing Along</b> 2:00p <b>Food Demo</b> 2:30p <b>Food Forum</b> 6:30p Games w/ friends			FIT CAF CHP CAF CAF CAF			10:45a <b>Chair Exercise</b> 11:00a <b>Puzzle Time</b> 1:00p Rosalie's Store open 2:00p 2:30p <b>LUEY Trivia</b> 6:30p <b>Saturday Night Movie</b>			FIT LIB   UL LO THR											
05			06			07			08			09			10			11																							
9:30a <b>Mass Live Stream</b> 11:00a <b>Monthly Gazette</b> 1:30p <b>Methodist HC Service</b> 1:30p <b>Weekly Preview P/U</b> 2:30p Rosary w/ Eqbal M. 3:00p <b>\$0.25 Bingo w/Henry</b> 6:30p <b>Sunday Night Movie</b>			THR LO CHP LO CHP 2FA THR			9:30a <b>Chair Exercise</b> 10:00a <b>Sanders Chocolate</b> 1:00p <b>Meijer</b> 2:00p Scrabble 2:00p Rosalie's Store open 3:15p <b>Virgin River</b> 6:00p Word Puzzles P/U			FIT SUR SUR CAF  THR LO			9:30a <b>Chair Exercise</b> 10:30a <b>Genitti's</b> 10:30a <b>Spintopia</b> 1:30p <b>Word in a Word</b> 2:45p <b>30 Second Mysteries</b> 6:30p Left,Center,Right			FIT SUR THR CAF CAF 2FA			10:00a <b>Dollar Tree</b> 10:30a Blood Pressure Checks_ 10:30a <b>Yoga w/ Lindsay</b> 11:30a <b>McDonalds</b> 2:00p Rosalie's Store Open 2:30p <b>Happy Hour-Phil</b> 3:30p Rosary 6:30p <b>Bingo w/ Alicia (\$0.25)</b>			SUR CAF FIT SUR  A CHP 2FA			9:00a <b>Flu Shots-Appt only</b> 9:30a <b>Chair Exercise</b> 10:30a <b>Prize Bingo</b> 1:30p <b>Movie Matinee</b> 1:30p Daily Chronicle P/u 5:00p <b>Neon Glow Family Night</b> 6:30p Euchre w/ Friends			CAF FIT 2FA THR LO DR CAF			9:30a <b>Chair Exercise</b> 10:00a <b>Brain Games</b> 11:00a <b>Methodist Service</b> 1:30p <b>Music &amp; Movement</b> 2:30p <b>Tech Support</b> 6:30p Games w/ friends			FIT CAF CHP FIT UL CAF			10:45a <b>Chair Exercise</b> 11:00a <b>Puzzle Time</b> 1:00p Rosalie's Store open 2:00p Rummikub 2:30p <b>Ghost Bowling</b> 6:30p <b>Saturday Night Movie</b>			FIT LIB  UL DF THR		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																							
9:30a <b>Mass Live Stream</b> 11:00a Daily Chronicle 1:30p <b>Weekly Preview P/U</b> 2:00p <b>Cath. Mass/Fr. Matthew</b> 2:30p Rosary w/ Eqbal M. 3:00p <b>\$0.25 Bingo w/Henry</b> 6:30p <b>Sunday Night Movie</b>			THR LO LO DR CHP 2FA THR			9:30a <b>Chair Exercise</b> 11:30a <b>BrownIron Brewhouse</b> 2:00p Scrabble 2:00p Rosalie's Store open 3:15p <b>Virgin River</b> 6:00p Word Puzzles P/U			FIT SUR CAF  THR LO			9:30a <b>Chair Exercise</b> 10:30a <b>Spintopia</b> 1:30p <b>Word in a Word</b> 2:45p <b>Sioux Culture &amp; Traditions</b> 6:30p Left,Center,Right			FIT THR CAF 2FA			10:00a <b>Meijer</b> 10:30a Blood Pressure Checks_ 10:30a <b>Yoga w/ Lindsay</b> 10:45a <b>Trivia Legends</b> 1:00p Movie Matinee 2:00p Rosalie's Store Open 3:30p Rosary 6:30p <b>Bingo w/ Alicia (\$0.25)</b>			SUR CAF FIT THR THR CHP 2FA			9:30a <b>Chair Exercise</b> 10:30a <b>Prize Bingo</b> 1:30p Daily Chronicle P/u 1:30p <b>Who Am I?</b> 2:30p <b>Happy Hour-Bob</b> 6:30p Euchre w/ Friends			FIT 2FA LO CAF A CAF			9:30a <b>Chair Exercise</b> 10:00a <b>Brain Games</b> 11:00a <b>Tech Support</b> 1:30p LUEY Art 2:45p <b>Crazy Cards \$0.25</b> 6:30p Games w/ friends			FIT CAF UL 2FA 2FA CAF			10:45a <b>Chair Exercise</b> 11:00a <b>Puzzle Time</b> 1:00p <b>Cider &amp; Donuts</b> 1:00p <b>Trunk or Treat!</b> 6:30p <b>Saturday Night Movie</b>			FIT LIB CAF LO THR		
19			20			21 DIWALI			22			23			24			25																							
9:30a <b>Mass Live Stream</b> 11:00a Daily Chronicle 1:30p <b>Weekly Preview P/U</b> 2:30p Rosary w/ Eqbal M. 3:00p <b>\$0.25 Bingo w/Henry</b> 6:30p <b>Sunday Night Movie</b>			THR LO LO CHP 2FA THR			9:30a <b>Chair Exercise</b> 10:00a <b>Blake's Cider Mill</b> 2:00p Scrabble 2:00p Rosalie's Store open 3:00p <b>Virgin River</b> 6:00p Word Puzzles P/U			FIT SUR CAF  THR LO			9:30a <b>Chair Exercise</b> 10:30a <b>Spintopia</b> 1:30p <b>Word in a Word</b> 2:45p <b>Neighborhood Mixer</b> 6:30p Left,Center,Right			FIT THR CAF UL 2FA			9:00a <b>Breakfast</b> 10:00a <b>SOS Mobile Office</b> 10:30a Blood Pressure Checks_ 10:30a <b>Yoga w/ Lindsay</b> 10:45a Rosalie's Store Open 2:00p Rosary 3:30p 6:30p <b>Bingo w/ Alicia (\$0.25)</b>			SUR CAF CAF FIT  CHP 2FA			9:30a <b>Chair Exercise</b> 10:30a <b>Prize Bingo</b> 1:30p Daily Chronicle P/u 1:30p <b>Spooky Charades</b> 2:30p <b>Happy Hour-Mike</b> 6:30p Euchre w/ Friends			FIT 2FA LO CAF A CAF			9:30a <b>Chair Exercise</b> 10:00a <b>Brain Games</b> 10:30a Dawn w/ Avon 1:30p Music & Movement 2:45p <b>Crazy Cards \$0.25</b> 6:30p Games w/ friends			FIT CAF LO FIT 2FA CAF			10:45a <b>Chair Exercise</b> 11:00a <b>Puzzle Time</b> 1:00p Rosalie's Store open 2:00p Rummikub 2:30p <b>Witch Hat Ring Toss</b> 6:30p <b>Saturday Night Movie</b>			FIT LIB  UL DF THR		
26			27			28			29			30			31 HALLOWEEN																										
9:30a <b>Mass Live Stream</b> 11:00a Daily Chronicle 1:30p <b>Weekly Preview P/U</b> 2:30p Rosary w/ Eqbal M. 3:00p <b>\$0.25 Bingo w/Henry</b> 6:30p <b>Sunday Night Movie</b>			THR LO LO CHP 2FA THR			9:30a <b>Chair Exercise</b> 10:00a <b>Meijer</b> 11:30a <b>Lunch@Ford's Garage</b> 2:00p Scrabble 2:00p Rosalie's Store open 3:00p <b>Virgin River</b> 6:00p Word Puzzles P/U			FIT SUR SUR CAF  THR LO			9:30a <b>Chair Exercise</b> 10:30a <b>Spintopia</b> 1:30p <b>Word in a Word</b> 2:45p <b>Painting Pumpkins</b> 6:30p Left,Center,Right			FIT THR CAF 2FA 2FA						10:00a <b>Tilson St Drive &amp; Lunch</b> 10:30a Blood Pressure Checks_ 10:30a <b>Yoga w/ Lindsay</b> 10:45a <b>Pet Therapy-Mick</b> 1:30p Rosalie's Store Open 2:00p <b>Advisacare Forum</b> 3:30p Rosary 6:30p <b>Bingo w/ Alicia (\$0.25)</b>			SUR CAF FIT LO CAF CHP 2FA			9:30a <b>Chair Exercise</b> 10:30a <b>Prize Bingo</b> 1:30p Daily Chronicle P/u 2:30p <b>Spooky Happy Hour</b> 3:00p <b>Costume Contest!</b> 6:30p Euchre w/ Friends			FIT 2FA LO A A CAF			9:30a <b>Chair Exercise</b> 10:00a <b>Brain Games</b> 12:30p <b>Door Decor Winner</b> 1:30p <b>Movie Matinee</b> 2:45p <b>Crazy Cards \$0.25</b> 6:30p Games w/ friends			FIT CAF DR THR 2FA CAF					