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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



“

HE WHO LAUGHS LAST DIDN’T GET THE JOKE.

”

Quote of the Month

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

SOUTHGATE

OCTOBER 2025

PHYLLIS OF ST. PETE’S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- \$4 BINGO w/ Barb C.
- Town Hall
- Fall Festival Family Night
- Halloween Party
- Pumpkin Painting
- Welcome New Residents
- BINGO w/ Rivergate

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																							
<div>OCTOBER 2025</div>															LOCATION KEY																										
															CAF Café			LO Lobby																							
															CHP Chapel			OUT Outing																							
															CMR Community Room			S Salon																							
DR Dining Room			MT The Medical Team			DRP Dining Room Patio																																			
BIRTHDAYS									01			02 YOM KIPPUR			03			04																							
Roxy J. 10/4 Sue C. 10/5 Ray K. 10/14 Joan H. 10/18 Dennis W. 10/24 Marge K. 10/31									10:30a AM Prayer Service 1:00p Town Hall 1:30p UPWORDS 2:30p Music w/ Tom Birchler 5:30p Wii Bowling			CHP CMR CMR LO CMR			9:00a Smart Bus Shopping 10:00a BP Checks/Ask a Nurse 11:00a Champions 1:30p Play & Pet w/ Patsy 3:00p Wheel of Fortune 5:30p Cards 31			OUT MT OUT LO CMR CMR			9:00a Medical Appointments 10:00a Chair Exercise 1:30p BINGO 3:00p Happy Hour 5:30p Wii Bowling			OUT CMR CMR CMR CMR			9:00a Coffee & News 11:00a Noodleball 2:00p Lucky Dog 5:30p Cards 31 6:00p Pinochle/Euchre			CAF CMR CMR CMR CMR											
05			06			07			08			09			10			11																							
9:00a Coffee & News 11:00a Noodleball 2:00p Lucky Dog 5:30p Cards 31 6:00p Pinochle/Euchre			CAF CMR CMR CMR			9:30a Hair Salon 10:00a Chair Exercise w/ Dina (TMT) 11:00a Activities Chat w/ Traci 1:30p Hangman 2:30p UPWORDS 3:30p Noodleball			S CMR LO CMR CMR			9:00a Smart Bus Shopping 1:00p Wheel of Fortune 1:30p BINGO 3:30p Lucky Dog			OUT CMR CMR CMR			10:00a Health Talk w/ Angie 10:30a AM Prayer Service 1:00p PM Prayer Service 1:00p UNO Attack 1:30p UPWORDS 3:00p Music w/ Joe Moore 5:30p Wii Bowling			CAF CHP CHP CMR CMR LO CMR			9:00a Smart Bus Shopping 10:00a BP Checks/Ask a Nurse 11:00a Mexican Gardens 1:30p Cooking Demo 1:30p Menu Chat w/ Kim 3:00p Fall Festival Family Night 3:00p Wheel of Fortune 5:30p Cards 31			OUT MT OUT DR CAF LO CMR CMR			9:00a Medical Appointments 10:00a Chair Exercise 1:30p BINGO 3:00p Happy Hour 5:30p Wii Bowling			OUT CMR CMR CMR CMR			9:00a Coffee & News 11:00a Noodleball 2:00p Lucky Dog 5:30p Cards 31 6:00p Pinochle/Euchre			CAF CMR CMR CMR CMR		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																							
9:00a Coffee & News 11:00a Noodleball 2:00p Lucky Dog 5:30p Cards 31 6:00p Pinochle/Euchre			CAF CMR CMR CMR			9:30a Hair Salon 10:00a Chair Exercise w/ Dina (TMT) 1:00p \$4 BINGO w/ Barb C. 3:30p Noodleball			S CMR CMR			9:00a Smart Bus Shopping 10:30a Wellness U: Dawn w/ TMT 1:30p Music w/ Sara (TMT) 2:30p Crafting w/ Traci 3:30p Lucky Dog			OUT CMR LO CMR CMR			10:30a AM Prayer Service 1:30p UPWORDS 2:00p Music w/ Kelly Miller 5:30p Wii Bowling			CHP CMR LO CMR			9:00a Smart Bus Shopping 10:00a BP Checks/Ask a Nurse 11:00a Mom's Restaurant 3:00p Wheel of Fortune 5:30p Cards 31			OUT MT OUT CMR CMR			9:00a Medical Appointments 10:00a Chair Exercise 1:30p BINGO 3:00p Birthday Happy Hour 5:30p Wii Bowling			OUT CMR CMR CMR			9:00a Coffee & News 11:00a Noodleball 2:00p Lucky Dog 5:30p Cards 31 6:00p Pinochle/Euchre			CAF CMR CMR CMR CMR		
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9:00a Coffee & News 11:00a Noodleball 2:00p Lucky Dog 5:30p Cards 31 6:00p Pinochle/Euchre			CAF CMR CMR CMR			9:30a Hair Salon 10:00a Chair Exercise w/ Dina (TMT) 1:30p Hangman 2:30p BINGO w Rivergate Terrace 2:30p UPWORDS 3:30p Noodleball			S CMR CMR CMR			9:00a Smart Bus Shopping 1:00p Wheel of Fortune 1:30p BINGO 3:30p Lucky Dog			OUT CMR CMR CMR			10:30a AM Prayer Service 1:00p PM Prayer Service 1:00p UNO Attack 1:30p UPWORDS 3:00p Music w/ Billy Dixon 5:30p Wii Bowling			CHP CHP CMR CMR LO CMR			9:00a Smart Bus Shopping 10:00a BP Checks/Ask a Nurse 11:00a Big Boy 3:00p Wheel of Fortune 5:30p Cards 31			OUT MT OUT CMR CMR			9:00a Medical Appointments 10:00a Chair Exercise 1:30p BINGO 3:00p Welcome New Residents Hour 5:30p Wii Bowling			OUT CMR CMR CMR CMR			9:00a Coffee & News 11:00a Noodleball 2:00p Lucky Dog 5:30p Cards 31 6:00p Pinochle/Euchre			CAF CMR CMR CMR CMR		
26			27			28			29			30			31 HALLOWEEN																										
9:00a Coffee & News 11:00a Noodleball 2:00p Lucky Dog 5:30p Cards 31 6:00p Pinochle/Euchre			CAF CMR CMR CMR			9:30a Hair Salon 10:00a Chair Exercise w/ Dina (TMT) 1:00p \$4 BINGO w/ Barb C. 1:30p Hangman 3:30p Noodleball			S CMR CMR CMR			9:00a Smart Bus Shopping 1:00p Resident's Choice MOVIE 2:30p Crafting w/ Traci 3:30p Lucky Dog			OUT CMR CMR CMR									10:30a AM Prayer Service 1:30p UPWORDS 3:00p Music w/ Robin Beck 5:30p Wii Bowling			CHP CMR LO CMR			9:00a Smart Bus Shopping 10:00a BP Checks/Ask a Nurse 11:00a J.P.'s Trolley Stop 3:00p Wheel of Fortune 5:30p Cards 31			OUT MT OUT CMR CMR			9:00a Medical Appointments 10:00a Chair Exercise 1:30p BINGO 3:00p Halloween Happy Hour 5:30p Wii Bowling			OUT CMR CMR CMR		