

CONTACTS

Executive Director
Tyler May
somerset@americanhouse.com

Community Relations Director
Kaitlyn Collins
somersetsales@americanhouse.com

Life Enrichment Director
Gina Rappuhn
somersetlifeenrichment@americanhouse.com

Culinary Director
Libourne Stewart
somersetculinary@americanhouse.com

Maintenance Director
Kim Bradshaw
somersetmaintenance@amerianhouse.com

Business Office Manager
Isabella Pflum
somersetbom@americanhouse.com

Memory Care Director
Neila Kantarevic
somersetmemcare@americanhouse.com

Wellness Director
Shelby Sims
somersetwellness@americanhouse.com

National Suicide Hotline
988

Alzheimers Association
1-800-272-3900

**American House
Somerset**
3400 Livernois Rd
Troy | MI | 48083
947.217.7411
AmericanHouse.com



THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



“

HE WHO LAUGHS LAST DIDN’T GET THE JOKE.

”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

SOMERSET ASSISTED LIVING

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Family Night is Thursday
- Oct. 09 from 5-7pm. The theme
- is Neon Glow! Invite your
- family and friends!
- Science with Tom!
- Carve a Pumpkin!
- Treat or Treating with your
- families on 10/30 @ 5:30.
- Halloween Party on Halloween!

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
															LOCATION KEY					
															AA Activity Area		FIT Fitness Center		RR Reflection Room	
															AR Activity Room		LR Living Room		S Salon	
B Bistro		OUT Outing		THR Theatre		CY Courtyard		PAT Patio		PLR Parlor										
DR Dining Room																				
BIRTHDAYS						01			02			YOM KIPPUR			03			04		
Happy Birthday! Loraine M. 10/30 Mary K. 10/08 Steven S. 10/11 Joyce A. 10/13 Jeanne H. 10/14 Megal C. 10/15						10:00a Catholic Communion THR 10:30a Chair Yoga Exercise AR 11:00a Outing: Casino OUT 1:30p Book Club B 3:00p Wine Down Wednesday & Entertainment with David Glazkov, Classical Music B			10:30a Chair Zumba Exercise AR 11:30a Circle of Words Game AR 1:30p Science Time with Tom AR 2:30p Talk with Chef Earl about October's Menu AR 3:30p Get your beat on with Cardio Drumming! B			10:30a Residents Choice for Exercise! AR 1:00p Prize bingo AR 2:15p Celebrate National Smile B 3:00p Happy Hour B 4:00p Spot The Difference's Game AR			10:30a Saturday Stretches AR 11:30a Words in a Word Game AR 1:30p Chit Chat while Celebrating National Cinnamon Rolls Day! B 2:30p Saturday Movie: The Bishop's Wife THR 3:30p Work on a Crossword Puzzle Sheet AR					
05			06			07			08			09			10			11		
10:30a Sunday Stretches AR 11:00a Virtual Church Service AR 1:00p Quarter Bingo AR 2:30p Sunday Movie & Popcorn: On Golden Pond THR 3:30p Work on a Word Search Sheet B 4:25p Detroit Lions vs. Bengals			10:30a Weighted Workout AR 11:30a Talk with Gina About October's Calendar B 1:30p Arts and Crafts AR 3:00p Making Mondays Marvelous, One Drink at a Time. B 4:00p Word Category Game B			10:30a Get Fit with Legacy AR 11:30a Words in a Word Game B 1:30p Celebrate National Chocolate Covered Pretzel Day! B 2:15p Penny Auction. Going once, going twice, sold! B 3:00p Exercise with Carian AR			10:00a Catholic Communion and Rosary THR 10:30a Chair Yoga Exercise AR 1:00p Outing: Oberweis Ice Cream Shop OUT 3:00p Wine Down Wednesday & Entertainment with Jacob, Singer, Guitarist B 4:00p Trivia Time with Tom B			10:30a Chair Zumba Exercise AR 11:30a Circle of Words Game AR 1:00p Blackjack with Deanna AR 2:30p Name that Tune AR 5:00p Family Night. Neon Glow Party! Entertainment with Scott Vernier, Singer B			10:30a Residents Choice for Exercise! AR 1:00p Prize Bingo AR 2:15p Spot the Differences Game AR 3:00p Happy Hour & Entertainment with Jim Duprey, Singer B 3:00p New Residents Mingle B			10:30a Saturday Stretches AR 11:30a Words in a Word Game AR 2:30p Saturday at the Movies: Guys and Dolls THR 3:00p Chit Chat over Cider & Apples B 4:00p Science Time with Tom AR		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18		
10:30a Sunday Stretches AR 11:00a Virtual Church Service AR 1:00p Quarter Bingo AR 2:30p Sunday Movie & Popcorn: I am Celine Dion THR 4:00p Board Game Time B 8:20p Detroit Lions vs. Chiefs			10:30a Weighted Workout AR 11:30a Word Category Game AR 1:30p Arts & Crafts AR 3:00p Celebrate October's Birthdays! B 3:00p Making Mondays Marvelous, One Drink at a Time & Entertainment with Jeff Breza, Musician B			10:30a Get Fit with Legacy AR 11:30a Words in a Word Game B 1:00p Dobby the Dog is coming for a visit B 1:30p Librarian Visit B 3:00p Exercise with Carian AR			10:00a Catholic Communion THR 10:30a Chair Yoga Exercise AR 1:00p Outing: Meijer OUT 3:00p Wine Down Wednesday B 4:00p Trivia with Tom B			10:30a Chair Zumba Exercise AR 11:30a Circle of Words Game AR 1:00p Legacy Talk B 2:15p Science Time with Tom AR 3:00p Get Pampered with a Facial today! B			10:30a Residents Choice for Exercise! AR 11:30a Spot The Differences Game AR 1:00p Prize Bingo AR 2:15p Judge The Manager's Office Doors that are Decorated for Halloween. B 3:00p Happy Hour & Entertainment with Vanessa Carr, Singer B			10:30a Saturday Stretches AR 11:30a Words in a Word Game AR 2:30p Saturday at the Movies: South Pacific THR 3:00p Chit Chat over Cider & Donuts B 4:00p Work on a Crossword Puzzle Sheet AR		
19			20			21 DIWALI			22			23			24			25		
10:30a Sunday Stretches AR 11:00a Virtual Church Service AR 1:00p Quarter Bingo AR 2:30p Sunday Movie & Popcorn: Grace of Monaco THR 3:30p Work on a Word Search Sheet B			10:30a Weighted Workout AR 11:30a Word Category Game B 1:00p Peaceful Connections AR 2:00p Arts and Crafts AR 3:00p Making Mondays Marvelous, One Drink at a Time B 7:00p Detroit Lions vs. Buccaneers			10:30a Get Fit with Legacy AR 11:30a Words in a Word Game B 1:30p Resident Town Hall AR 2:15p Celebrate National Apple Day! B 3:00p Exercise with Carian AR			10:00a Catholic Communion & Rosary THR 10:30a Exercise with Sandy AR 11:30a Outing: Lunch or Breakfast at First Watch OUT 3:00p Wine Down Wednesday & Entertainment with Michael Palmbo, Singer B 4:00p Trivia with Tom B			10:30a Chair Zumba Exercise AR 11:30a Circle of Words Game AR 1:30p Name That Tune AR 2:30p Cooking Demo with Chef Earl B 3:30p Celebrate National Boston Creme Pie Day! B			10:30a Residents Choice for Exercise! AR 11:30a Spot The Differences Game AR 1:00p Prize Bingo AR 2:15p Carmel Apple Bar B 3:00p Happy Hour & Entertainment with Phil Demarco, Singer B			10:30a Saturday Stretches AR 11:30a Words in a Word Game AR 2:30p Saturday at the Movies: Somewhere in Time THR 3:30p Chit Chat over some Cookies! B 4:00p Science Time with Tom AR		
26			27			28			29			30			31 HALLOWEEN					
10:30a Sunday Stretches AR 11:00a Virtual Church Service AR 1:00p Quarter Bingo AR 2:30p Sunday Movie & Popcorn: Take me Home, The John Denver Story THR 4:00p Board Game Time B			10:30a Weighted Workout AR 1:00p Craving Pumpkins AR 2:00p Cooking Pumpkin Seeds AR 3:00p Making Mondays Marvelous, One Drink at a Time and Entertainment with Lucas, Accordionist B 4:00p Word Category Game B			10:30a Get Fit with Legacy AR 11:30a Words in a Word Game B 1:30p Making Chocolate Chip Cookies for National Chocolate Day! B 3:00p Enjoying our Chocolate Chip Cookies! B 4:00p Work on Puzzles Upstairs			10:00a Catholic Communion THR 10:30a Chair Yoga Exercise AR 1:00p Outing: Stahl's Motor & Music Experience OUT 3:00p Wine Down Wednesday & Entertainment with Vance, Performer B 4:00p Trivia with Tom B			10:30a Chair Zumba Exercise AR 11:30a Circle of Words Game AR 3:30p Spot The Differences Game AR 5:30p Door to Door Trick or Treating for your families.			10:30a Residents Choice for Exercise! AR 11:30a Spot The Differences Game AR 1:00p Prize Bingo AR 2:00p Halloween Party! B 3:00p Happy Hour B					