

CONTACTS

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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



“

HE WHO LAUGHS LAST DIDN’T GET THE JOKE.

”

Quote of the Month

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

**American House raised over \$54,000 to bring our three-year total to \$166,000.** We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING WELL  
INSPIRING A HAPPIER, HEALTHIER YOU.

SARASOTA

OCTOBER 2025

PHYLLIS OF ST. PETE’S:  
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Neon Glow Family Night
- Jeopardy with the Aprils
- iphone class
- Lynda Flynn Fashions & Jewelry
- Foreign Affairs with Bob C.
- Halloween Costume Party
- Farmer's Market Fun
- Pink Happy Hour w/ Rick Davis
- Boy Scouts Show and Tell
- Veterans Brunch

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.





SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																																												
<div>OCTOBER 2025</div>															LOCATION KEY																																															
															IFL	1 <sup>st</sup> Floor		DR	Dining Room		MTR	Meeting Room																																								
															2A	2 <sup>nd</sup> Floor Atrium		EM	Empower Me		NBR	N. Breezeway																																								
															3A	3 <sup>rd</sup> Floor Atrium		FIT	Fitness Center		OUT	Outing																																								
															3CR	3 <sup>rd</sup> Floor Card Room		GA	Garden Apartments		PL	Pool																																								
															AR	Activity Room		LG	Lakeside Gazebo		SBR	S. Breezeway																																								
															ALF	AL Front Desk		LIB	Library		TBL	The Bistro Lounge																																								
															ART	Art Studio		MCL	MC Living Room		TGH	The Great Hall																																								
															BG	Butterfly Garden		MCD	MC Dining Room		VIL	Villas																																								
															CR	Card Room																																														
BIRTHDAYS									01			02			YOM KIPPUR			03			04																																									
10/05 Richard Hoffman, 10/10 Mary Miller, 10/14 Kenneth Watkins, 10/19 Mary Patterson, 10/22 Charlene DeGiorgio, 10/25 Ida Perez, 10/29 Eugene Koval, 10/25 Sally Clark,									9:30a Publix/ Walgreens 10:30a <b>Brain Games: Word Search</b> 11:00a Legacy Exercise 1:30p <b>Walmart</b> 1:30p Mahjong 3:45p <b>Wine Down w/ Alan Souza</b> <b>TGH</b>			<b>OUT</b>  <b>MTR</b> <b>OUT</b> <b>CR</b>			10:30a Cold Brew Bistro 11:00a Thursday Fitness 1:00p Dominoes 3:15p Cash Bingo 7:00p Poker			<b>B</b> <b>MTR</b> <b>CR</b> <b>CR</b> <b>3A</b>			10:00a Pianist Marian Cox 11:00a LEGACY Residents in Rhythm <b>MTR</b> 1:00p Rhummikub 1:30p <b>Publix/ Walgreens</b> 3:45p <b>Oktoberfest Happy Hour</b> <b>with Just Us Duo</b> 6:00p Friday Cinema			<b>TGH</b>  <b>2BL</b> <b>OUT</b> <b>TGH</b> <b>MTR</b>			9:00a Dominoes 11:00a Saturday Stretch 11:00a Rosary Group 1:30p <b>Jeopardy with the Aprils!</b> <b>MTR</b> 3:15p Cash Bingo 6:00p Saturday Cinema			<b>B</b> <b>MTR</b> <b>CR</b>  <b>CR</b> <b>MTR</b>																																
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8:30a 9:30a 10:30a 11:00a 1:30p 1:30p 3:15p 6:00p			<b>Church Transportation</b> <b>Church Transportation</b> <b>Church Transportation</b> Sunday Stretch ROOT BEER FLOATS Mahjong Cash Bingo Sunday Film Club			<b>OUT</b> <b>OUT</b> <b>OUT</b> <b>MTR</b> <b>B</b> <b>CR</b> <b>CR</b> <b>MTR</b>			9:30a 11:00a 1:00p 1:30p 1:30p 1:45p 3:15p 7:00p			<b>Veterans Club</b> Fitness <b>Matinee</b> Current Events with Bob U. Corn Hole <b>Activities Meeting</b> Prize Bingo <b>Poker</b>			<b>CR</b> <b>MTR</b> <b>MTR</b> <b>CR</b> <b>TGH</b> <b>CR</b> <b>CR</b> <b>3A</b>			10:30a 11:00a 1:00p 1:00p 2:00p 2:00p 3:15p			Wheel Of Fortune Tuesday Exercise Bridge Dominoes <b>Brain Games: Word Search</b>  Cash Bingo			<b>MTR</b> <b>MTR</b> <b>CR</b> <b>CR</b> <b>CR</b> <b>MTR</b> <b>CR</b>			9:30a 10:30a 10:30a 10:30a 11:00a 1:30p 1:30p 1:30p			Publix/ Walgreens <b>Resident Council Meeting</b>  <b>Brain Games: Word Search</b>  Legacy Exercise SPIRIT Halloween Costume Store Mahjong			<b>OUT</b>  <b>TGH</b>  <b>ART</b>  <b>MTR</b>  <b>OUT</b>  <b>CR</b>			10:30a 11:00a 1:00p 2:00p 2:00p 3:15p 5:00p 7:00p			Cold Brew Bistro Thursday Fitness Dominoes <b>Foreign Affairs w/ Bob</b> <b>Clementis</b> Cash Bingo <b>Neon GLOW Family Night w/</b> <b>VAL</b> Poker			<b>B</b> <b>MTR</b> <b>CR</b>  <b>MTR</b> <b>CR</b> <b>TGH</b> <b>3A</b>			7:30a 10:00a 10:30a 11:00a 1:00p 1:00p 1:30p 2:00p			<b>Veterans Brunch FREE</b> Pianist Marian Cox Watercolors Class w/ Carolyn <b>ART</b> LEGACY Residents in Rhythm <b>MTR</b> Rhummikub <b>Publix/ Walgreens</b> Name that Tune			<b>OUT</b> <b>TGH</b>   <b>2BL</b> <b>OUT</b> <b>TGH</b>			9:00a 11:00a 11:00a 1:30p 3:15p 6:00p			Dominoes Saturday Stretch Rosary Group Mimosas and Melodies Cash Bingo Saturday Cinema			<b>B</b> <b>MTR</b> <b>CR</b> <b>B</b> <b>CR</b> <b>MTR</b>		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																																												
8:30a 9:30a 10:30a 11:00a 1:30p 3:15p 6:00p			<b>Church Transportation</b> <b>Church Transportation</b> <b>Church Transportation</b> Sunday Stretch Mahjong Cash Bingo Sunday Film Club			<b>OUT</b> <b>OUT</b> <b>OUT</b> <b>MTR</b> <b>CR</b> <b>CR</b> <b>MTR</b>			11:00a 1:00p 1:30p 1:30p 3:15p 7:00p			Fitness <b>Matinee</b> Current Events with Bob U. Corn Hole Prize Bingo <b>Poker</b>			<b>MTR</b> <b>MTR</b> <b>CR</b> <b>TGH</b> <b>CR</b> <b>3A</b>			10:30a 11:00a 11:00a 1:00p 1:00p 2:00p 2:00p 3:15p			Wheel Of Fortune Tuesday Exercise New Resident Orientation Bridge Dominoes <b>Brain Games: Word Search</b>  Cash Bingo			<b>MTR</b> <b>MTR</b> <b>CR</b> <b>CR</b> <b>CR</b> <b>MTR</b> <b>CR</b>			9:30a 10:30a 10:30a 11:00a 1:00p 1:00p 1:30p 1:30p 2:00p			Publix/ Walgreens <b>Brain Games: Word Search</b>  Legacy Exercise "I LOVE LUCY" Marathon Party  Goodwill Bookstore Mahjong <b>Crafts w/Lynne</b>			<b>OUT</b>  <b>ART</b>  <b>MTR</b>  <b>CR</b> <b>ART</b>			10:30a 11:00a 1:00p 2:00p 2:00p 2:00p 3:15p			Cold Brew Bistro Thursday Fitness Dominoes <b>Legacy Talk: Skin &amp; Sleep</b> <b>Health</b> <b>Legacy Halloween Crafting</b>  Food For Thought Cash Bingo			<b>B</b> <b>MTR</b> <b>CR</b>  <b>ART</b>  <b>B</b> <b>CR</b>			10:00a 11:00a 1:00p 1:30p 2:00p 3:45p 6:00p			Pianist Marian Cox LEGACY Residents in Rhythm Rhummikub <b>Publix/ Walgreens</b> Name that Tune <b>Happy Hour w/ Chuck Andre</b> Friday Cinema			<b>TGH</b>  <b>2BL</b> <b>OUT</b> <b>TGH</b> <b>TGH</b> <b>MTR</b>			9:00a 11:00a 11:00a 1:30p 2:00p 3:15p 6:00p			Dominoes Saturday Stretch Rosary Group <b>Jeopardy w/ the Aprils!</b> <b>Chocolate Cupcake Day</b> Cash Bingo Saturday Cinema			<b>B</b> <b>MTR</b> <b>CR</b> <b>MTR</b> <b>B</b> <b>CR</b> <b>MTR</b>		
19			20			21			22			23			24			25																																												
8:30a 9:30a 10:30a 11:00a 1:30p 1:30p 1:30p 3:15p			<b>Church Transportation</b> <b>Church Transportation</b> <b>Church Transportation</b> Sunday Stretch <b>Hunsader Farms \$15 cash</b> <b>only</b> ROOT BEER FLOATS Mahjong Cash Bingo			<b>OUT</b> <b>OUT</b> <b>OUT</b> <b>MTR</b> <b>OUT</b> <b>B</b> <b>CR</b> <b>CR</b>			11:00a 1:00p 1:30p 2:00p 3:15p 7:00p			Fitness <b>Matinee</b> Current Events with Bob U. Sip and Paint w/ Lynne Prize Bingo <b>Poker</b>			<b>MTR</b> <b>MTR</b> <b>CR</b> <b>ART</b> <b>CR</b> <b>3A</b>			10:30a 11:00a 1:00p 1:00p 1:30p 2:00p 2:00p 3:15p			Wheel Of Fortune Tuesday Exercise Bridge Dominoes Book Club <b>Brain Games: Word Search</b>  Cash Bingo			<b>MTR</b> <b>MTR</b> <b>CR</b> <b>CR</b> <b>ART</b> <b>MTR</b> <b>CR</b>			9:30a 10:30a 11:00a 1:30p 3:00p 3:45p			Publix/ Walgreens <b>Brain Games: Word Search</b>  Legacy Exercise Mahjong iphone class <b>Pink Happy Hour w/ Rick</b> <b>Davis</b>			<b>OUT</b>  <b>MTR</b> <b>CR</b> <b>MTR</b> <b>TGH</b>			10:30a 11:00a 1:00p 2:30p 3:15p 4:30p 7:00p			Cold Brew Bistro Thursday Fitness Dominoes Resdients Show and Tell Cash Bingo Clasico Italian Chophouse & Milan Art Gallery Tour Poker			<b>B</b> <b>MTR</b> <b>CR</b> <b>TGH</b> <b>CR</b> <b>OUT</b> <b>3A</b>			9:30a 10:00a 11:00a 1:00p 1:30p 2:00p 3:45p 6:00p			<b>Gulfgate Shopping</b> Pianist Marian Cox LEGACY Residents in Rhythm Rhummikub <b>Publix/ Walgreens</b> Name that Tune <b>Happy Hour w/ Barry G.</b> Friday Cinema			<b>OUT</b> <b>TGH</b>  <b>2BL</b> <b>OUT</b> <b>TGH</b> <b>TGH</b> <b>MTR</b>			9:00a 11:00a 11:00a 1:30p 3:15p 6:00p			Dominoes Saturday Stretch Rosary Group Mimosas and Melodies Cash Bingo Saturday Cinema			<b>B</b> <b>MTR</b> <b>CR</b> <b>B</b> <b>CR</b> <b>MTR</b>		
26			27			28			29			30			31 HALLOWEEN																																															
8:30a 9:30a 10:30a 11:00a 1:00p 1:30p 3:15p 6:00p			<b>Church Transportation</b> <b>Church Transportation</b> <b>Church Transportation</b> Sunday Stretch Marina Jacks BRUNCH Mahjong Cash Bingo Sunday Film Club			<b>OUT</b> <b>OUT</b> <b>OUT</b> <b>MTR</b> <b>OUT</b> <b>CR</b> <b>CR</b> <b>MTR</b>			11:00a 1:00p 1:30p 1:30p 3:15p 7:00p			Fitness <b>Matinee</b> Current Events with Bob U. Corn Hole Prize Bingo <b>Poker</b>			<b>MTR</b> <b>MTR</b> <b>CR</b> <b>TGH</b> <b>CR</b> <b>3A</b>						10:30a 11:00a 1:00p 1:00p 1:00p 2:00p 2:00p 3:15p			Wheel Of Fortune Tuesday Exercise Bridge Dominoes <b>Brain Games: Word Search</b>  Cash Bingo			<b>MTR</b> <b>MTR</b> <b>CR</b> <b>CR</b> <b>CR</b> <b>MTR</b> <b>CR</b>			9:30a 10:30a 11:00a 1:30p 3:00p 3:45p 6:00p			Publix/ Walgreens <b>Brain Games: Word Search</b>  Legacy Exercise Mahjong iphone class <b>Wine Down w/ JB Carr</b> BOY SCOUTS Show and Tell: Halloween Edition			<b>OUT</b>  <b>MTR</b> <b>CR</b> <b>MTR</b> <b>TGH</b> <b>TGH</b>			10:30a 11:00a 1:00p 1:30p 3:15p 7:00p			Cold Brew Bistro Thursday Fitness Dominoes Advanced Trivia Cash Bingo Poker			<b>B</b> <b>MTR</b> <b>CR</b> <b>MTR</b> <b>CR</b> <b>3A</b>			10:00a 11:00a 1:00p 1:30p 2:00p 6:00p 6:30p			Pianist Marian Cox LEGACY Residents in Rhythm Rhummikub <b>Publix/ Walgreens</b> Name that Tune Friday Cinema <b>HALLOWEEN COSTUME</b> <b>PARTY</b>			<b>TGH</b>  <b>2BL</b> <b>OUT</b> <b>TGH</b> <b>MTR</b> <b>TGH</b>								