SPREAD THE WORD, EARN THE REWARD!

Resident Referral Program

Refer your family or friends today and when they sign a lease and move in, you'll **receive $2,000 off your rent** and they'll receive $1,000 off!

Schedule a visit to speak with a Community Relations Director for complete details.

Restrictions apply. Not to be combined with any other offer.

American House Sterling Woods
36430 Van Dyke Ave
Sterling Heights | MI | 48312
586.480.1408
AmericanHouse.com

American House SENIOR LIVING COMMUNITIES

LET THE GOOD TIMES ROLL!

Who says you have to travel to Las Vegas to enjoy a little glitz, glamour and good times? This November, American House communities are bringing some of that casino-night spirit closer to home for a very special Family Night.

Whether you're trying your luck at a game, cheering on a friendly competition, enjoying music or simply catching up with friends and family, the evening is all about having fun together. Some communities may roll the dice, spin the wheel or play a few familiar games, while others put their own unique spin on the theme.

And, of course, every great casino night deserves a little sparkle. Think festive décor, music, prizes and plenty of opportunities to dress up and get into the spirit of the evening. The best part? You don't need to be a high roller to have a great time. At American House, everyone's invited to join in, enjoy the company and let the good times roll!

"YOU'RE NEVER TOO OLD TO BECOME YOUNGER."
- MAE WEST

THE POWER OF A GOOD STORY

At American House, we know every person has a story worth telling. Stories connect us to one another. They help us understand where we come from, what shaped us and what matters most. A favorite childhood memory, a lesson learned the hard way, a family tradition or even a funny moment from years ago can reveal something special about the person sharing it. And telling stories isn't the only way to connect.

Listening matters, too. Taking the time to hear someone else's story can open the door to conversation, create understanding and remind us that every life is filled with experiences worth remembering. We believe stories are part of what makes our communities so special. They bring generations together, spark friendships and help us discover the things we have in common.

So, what's a story you'd love to tell? Better yet, who haven't you told it too? Sometimes, a good story is more than a memory. It's a way of bringing people together.

LIVING WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

STERLING WOODS **NOVEMBER 2026**

A LIFE OF SERVICE, STRENGTH AND OPTIMISM

For Ron Webb, service has been a lifelong commitment. After studying education at Indiana University and teaching school, he entered the U.S. Air Force through ROTC in 1960. During his 25-year career, he served as a pilot, flying F-4 Phantoms in Vietnam.

In June 1967, Ron was captured after a midair collision and spent nearly six years as a prisoner of war in Hanoi, including 18 months in solitary confinement. Through it all, he says he maintained an optimistic outlook. In March 1973, he finally returned home, where his wife, young daughter and extended family welcomed him back in Washington, D.C.

Ron went on to serve for another 20 years before retiring as a colonel. He and his wife eventually settled in Florida, where they have enjoyed retirement. Today, Ron has been part of the American House Bluewater Bay community for more than eight years. A former residents association president, he enjoys bridge, bingo and social activities. Most of all, Ron treasures being close to his family, including his daughter, granddaughter and two great-grandchildren.

NOVEMBER 2026 EVENTS

- Art For All Ages 11/2
- Wellness Matters 11/9
- Life Enrichment Meeting 11/9
- Live Entertainment 11/11
- Family Night 11/12
- Resident Town Hall 11/18
- New Resident Welcome 11/18

HONORING THE STORIES OF THOSE WHO SERVED

This Veterans Day, we're especially grateful for the veterans who are part of our American House communities, families and teams. Each has a story of service, sacrifice, courage and commitment—and each story is worth remembering. On Wednesday, November 11, we honor all who have worn our nation's uniform, thank them for the freedoms they helped protect and celebrate the experiences and memories they continue to share with those around them.

LIVING WELL IS BEING WELL.
American House Senior Living Communities

AH-12927-1

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 DAYLIGHT SAVING TIME 9:00a Virtual Rosary THR 9:30a St. Malachy Live Stream THR 11:00a Chronicle CAF 1:00p Popcorn & Movie THR 2:00p Puzzles w/Friends LR 6:30p Game Night CAF	**02** 10:00a Keep Moving Cardio Morning Walk LR 10:00a Art For All Ages CAF 1:00p Flower arrangement CAF 2:00p Bingo DR 3:00p Trivia time 6:30p Game Night: Pinochle CAF	**03** 10:00a News/Brews coffee conversation hour CAF 11:00a Arts/Crafts CAF 1:00p Bracelet making CAF 2:00p Bingo DR 3:00p Wii Bowling THR 6:00p Once Upon a Time	**04** 10:00a Keep Moving Cardio Morning Walk LR 11:00a Horse Derby Race THR 1:00p Trivia Time CAF 2:00p Bingo 3:00p SLAPZI memory card game CAF 6:00p Game Night: UNO THR	**05** 10:00a News/Brews coffee conversation hour CAF 11:00a Greektown Casino trip OUT 11:00a Who Am I? CAF 1:00p Music & Movement w/ Linda CAF 3:00p Left, Center, Right dice game CAF 5:00p Sit & Crochet CAF	**06** 10:30a Shopping trip to Meijer OUT 10:30a Rosary & Communion CHP 1:00p Wii Bowling THR 2:00p Karaoke time! 3:30p SLAPZI Memory Game CAF 6:00p Game Night: Euchre THR	**07** 10:00a Stitch/ Sit CAF 11:00a Board Games w/Friends CAF 1:00p Movie Matinee THR 2:00p Saturday Bingo with Paul DR 3:00p Bible Study W/ Brenda THR 6:30p Game Night: Pinochle CAF
08 9:00a Virtual Rosary THR 9:30a St. Malachy Live Stream THR 11:00a Chronicles with Greg CAF 1:00p Popcorn & Movie THR 2:00p Sunday Service W/ Ray THR 6:30p Game Night CAF	**09** 10:00a Keep Moving Cardio Morning Walk LR 11:00a Life Enrichment meeting CAF 1:00p Who Am I? 2:00p Bingo DR 3:00p Wellness Matters: talk with Johanna on	**10** 10:00a News/Brews coffee conversation hour CAF 11:00a Arts/Crafts CAF 1:00p Evening stroll with friends PAT 2:00p Bingo DR 3:00p Wii Bowling THR 6:00p Once Upon a Time	**11** VETERANS DAY 10:00a Keep Moving Cardio Morning Walk LR 11:00a Puzzle time with friends LR 1:00p Live Entertainment with Steven Elmore DR 2:00p Who Am I? CAF 3:00p Left, Center, Right dice game CAF 6:00p Game Night: UNO THR	**12** 10:00a News/Brews coffee conversation hour CAF 1:00p Puzzle Time w/ Friends LR 1:30p Evening stroll with friends PAT 2:30p Left, Center, Right dice game CAF 4:30p FAMILY NIGHT: Casino Night 6:00p Entertainment w/ Elvis DR	**13** 10:30a Rosary & Communion CHP 10:30a Shopping trip to Dollar Tree OUT 1:00p Wii Bowling THR 2:00p Cocktails & Conversations 3:30p SLAPZI Memory Game CAF 6:00p Game Night: Euchre THR	**14** 10:00a Stitch/ Sit CAF 11:00a Lobby Bowling w/Friends CAF 1:00p Movie Matinee THR 2:00p Saturday Social CAF 3:00p Bible Study W/ Brenda THR 6:30p Game Night: Pinochle CAF
15 9:00a Virtual Rosary THR 9:30a St. Malachy Live Stream THR 11:00a Chronicles with Greg CAF 1:00p Popcorn & Movie THR 2:00p Puzzles w/Friends LR 6:30p Game Night CAF	**16** 10:00a Keep Moving Cardio Morning Walk LR 11:00a Parade Company Tour trip OUT 11:00a Arts/Crafts CAF 2:00p Bingo DR 3:00p Puzzles with friends LR 6:30p Game Night: Pinochle CAF	**17** 10:00a News/Brews coffee conversation hour CAF 11:00a Arts/Crafts CAF 1:00p Who Am I? 2:00p Bingo DR 3:00p Wii Bowling THR 6:00p Evening Matinee THR	**18** 10:00a Keep Moving Cardio Morning Walk LR 11:00a Horse Derby Race THR 1:00p Residents Townhall Meeting/ Menu Chat DR 2:00p Bingo 3:00p New Residents Welcome meeting 6:00p Game Night: UNO THR	**19** 10:00a News/Brews coffee conversation hour CAF 11:00a Lunch outing to Longhorn Steakhouse OUT 11:00a Morning stroll with friends PAT 1:00p Music & Movement with Linda CAF 3:00p SLAPZI Memory game CAF 5:00p Stitch/ Sit CAF	**20** 10:30a Rosary & Communion CHP 10:30a Shopping trip to Walmart OUT 1:00p Wii Bowling THR 2:00p Happy hour 3:30p SLAPZI Memory Game CAF 6:00p Game Night: Euchre THR	**21** 10:00a Stitch/ Sit CAF 11:00a Board Games w/Friends CAF 1:00p Movie Matinee THR 2:00p Saturday Bingo with Paul DR 3:00p Bible Study W/ Brenda THR 6:30p Game Night: Pinochle CAF
22 9:00a Virtual Rosary THR 9:30a St. Malachy Live Stream THR 11:00a Chronicles with Greg CAF 1:00p Popcorn & Movie THR 2:00p Sunday Service W/ Ray THR 6:30p Game Night CAF	**23** 10:00a Keep Moving Cardio Morning Walk LR 11:00a Arts/Crafts CAF 1:00p Hangman lobby game CAF 2:00p Bingo DR 6:30p Game Night: Pinochle CAF	**24** 10:00a News/Brews coffee conversation hour CAF 11:00a Arts/Crafts CAF 1:00p Card making 2:00p Resident Birthday Celebration DR 3:00p Wii Bowling THR 6:00p Once Upon a Time	**25** 10:00a Keep Moving Cardio Morning Walk LR 11:00a Horse Derby Race THR 1:00p Trivia Time CAF 2:00p Bingo 3:00p November's Cooking demo: Casino Cocktail Sausage Skewers DR 6:00p Game Night: UNO THR	**26** THANKSGIVING 9:00a Let's watch the Thanksgiving Parade! LR 11:00a Thanksgiving crafting CAF 12:00p Thanksgiving Meal DR 1:00p Puzzle Time w/ Friends LR 2:00p Thanksgiving Trivia with Paul CAF 5:00p Evening movie with popcorn CAF	**27** 10:30a Rosary & Communion CHP 10:30a Shopping trip to Kroger OUT 1:00p Wii Bowling THR 2:00p Happy hour/ Live Entertainment with Marco DR 3:30p SLAPZI Memory Game CAF 6:00p Game Night: Euchre THR	**28** 10:00a Stitch/ Sit CAF 11:00a Board Games w/Friends CAF 1:00p Movie Matinee THR 2:00p Saturday Social CAF 3:00p Bible Study W/ Brenda THR 6:30p Game Night: Pinochle CAF
29 9:00a Virtual Rosary THR 9:30a St. Malachy Live Stream THR 11:00a Chronicles with Greg CAF 1:00p Popcorn & Movie THR 2:00p Puzzles w/Friends LR 6:30p Game Night CAF	**30** 10:00a Keep Moving Cardio Morning Walk LR 11:00a Arts/Crafts CAF 1:00p Flower Arrangements CAF 2:00p Bingo DR 3:00p Who Am I? 6:30p Game Night: Pinochle CAF	**BIRTHDAYS** Beverly Jaklic 11/23			**LOCATION KEY** CAF Café CHP Chapel DR Dining Room GR Game Room LR Living Room OUT Outing PAT Patio THR Theater	

All activities subject to change.