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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



“

HE WHO LAUGHS LAST DIDN’T GET THE JOKE.

”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

STERLING WOODS

OCTOBER 2025

PHYLLIS OF ST. PETE’S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- New Resident Welcome 10/8
- Family Night 10/9
- Life Enrichment Meeting 10/10
- Wellness U 10/13
- Menu Chat Meeting 10/21
- Town Hall Meeting 10/22
- Cooking Demo 10/22

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																							
<div>OCTOBER 2025</div>															LOCATION KEY																										
															<div>CAF Café</div> <div>CHP Chapel</div> <div>DR Dining Room</div> <div>GR Game Room</div>			<div>LR Living Room</div> <div>OUT Outing</div> <div>PAT Patio</div> <div>THR Theater</div>																							
BIRTHDAYS						01			02			YOM KIPPUR			03			04																							
10/9 MARILYN BLUM 10/15 GAIL BAUMER 10/16 Ed MEERSCHAERT 10/17 CAROL BORK 10/29 LYDIA BATARSEH 10/29 MARSHA BREAUGH						10:00a Walk with Me! 11:00a Card making crafting time 1:00p Slapzi card game 2:00p Bingo 3:00p Wine down Wednesday! 6:00p Game Night			PAT CAF CAF DR CAF THR			10:00a Coffee & Chat with Friends 11:00a Word Search 1:00p Trivia time! 2:00p BUS TO SALVATION ARMY 6:30p Game Night			CAF CAF CAF OUT CAF			10:30a Rosary & Communion 11:00a BUS TO MEIJER 1:00p Wii Bowling 2:00p Happy Hour w/Billy D. 3:30p Cross word puzzle 6:00p Game Night: Left, Center, Right			CHP OUT THR DR CAF			10:00a Sit & Crochet 11:00a Board Games w/Friends 1:00p Movie Matinee 3:00p Bible Study W/ Brenda 6:30p Game Night			CAF CAF THR THR CAF														
05			06			07			08			09			10			11																							
9:00a Virtual Rosary 9:30a St. Malachy Live Stream 11:00a Chronicle 1:00p Popcorn & Movie 2:00p Puzzles w/Friends 6:30p Game Night			THR THR CAF THR LR CAF			10:00a Art for All Ages 1:00p Slapzis card game 2:00p Bingo 3:00p Beading with a Purpose jewelry class 6:30p Game Night			CAF CAF DR CAF CAF			10:00a Coffee Chat w/ Friends 11:00a Moving & Groovin with Kathleen 2:00p Bingo 3:00p Wii Bowling 6:00p Game Night			CAF PAT CAF CAF DR THR			10:00a Coffee & Chat w/ Friends 11:00a Art/Design: LAVA LAMP 1:30p BUS TO TARGET 5:00p FAMILY NIGHT: SAN FRANCISCO WORLD FAIR 6:30p Game Night			CAF CAF OUT DR CAF			10:30a Rosary & Communion 10:30a BUS TO ALID 11:00a Making Care bags for the Homeless: National Homeless Day, least give back! 1:00p LED MEETING w/ LATRESA 2:00p Happy Hour w/ Carl A. 3:00p Orientation with Kathy Todd from			CHP OUT THR DR			10:00a Sit & Crochet 11:00a Board Games w/Friends 1:00p Movie Matinee 2:00p Saturday Social 3:00p Bible Study W/ Brenda 6:30p Game Night			CAF CAF THR CAF THR CAF								
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																							
9:00a Virtual Rosary 9:30a St. Malachy Live Stream 11:00a Chronicle 1:00p Popcorn & Movie 2:00p Sunday Service W/ Ray 6:30p Game Night			THR THR CAF THR THR CAF			10:00a Blood Pressure Checks w/ THE MEDICAL THAM 1:00p Flower Arrangements 2:00p Bingo 3:00p Wellness U: Flu Prevention w/ Johanna 6:30p Game Night w/ Marge: PINOCHLE			THR CAF DR CAF CAF THR			10:00a Coffee & Chat w/ Friends 11:00a Pat Therapy: Dog visit 2:00p Bingo 3:00p Sit & Crochet 3:00p Wii Bowling			CAF THR DR CAF THR			10:00a Walk with Me! 12:00p LUNCH IN: PIZZA HUT 1:00p Derby Horse Race 3:00p Bring a Picture and sure a Positive Memory! 6:00p Game Night: RESIDENCE CHOICE			PAT CAF THR CAF CAF THR			10:00a Morning Walk 10:30a BUS TO DETROIT 11:00a HISTORICAL MUSEM 2:00p Puzzle time 2:00p Sunshine Garners			PAT OUT LR PAT			10:30a Rosary & Communion 11:00a Wii Bowling 1:00p Chair Exercise w/ Linda 1:00p BUS TO WALMART 2:00p Happy Hour w/Frank T. 6:30p Non-Denominational Bible Study			CHP THR CAF OUT DR CAF			10:00a Sit & Crochet 11:00a Board Games w/Friends 1:00p Movie Matinee 2:00p Saturday Social 3:00p Bible Study W/ Brenda 6:30p Game Night			CAF CAF THR CAF THR CAF		
19			20			21 DIWALI			22			23			24			25																							
9:00a Virtual Rosary 9:30a St. Malachy Live Stream 11:00a Chronicle 1:00p Popcorn & Movie 2:00p Puzzles w/Friends 6:30p Game Night			THR THR CAF THR LR CAF			10:00a Music Tea Party w/ Sara 1:00p Chair Exercise w/ Latresa 2:00p Bingo 3:00p Decorate your door for Halloween! 6:30p Game Night w/ Marge: PINOCHLE			CAF LR DR CAF CAF			10:00a Morning walk 11:00a Moving & Groovin w/ Kathleen 2:00p Prize Bingo 3:00p Caramel Apple Bar Social			PAT CAF CAF DR CAF CAF THR			10:00a Coffee & Chat w/ Friends 11:00a Beading with a Purpose Jewelry Class 1:00p Town Hall Meeting 2:00p Bingo 3:00p Wine Down Wednesday 6:00p Game Night: RESIDENCE			CAF CAF OUT DR CAF CAF THR			10:00a Morning Walk 11:00a BUS TO YATES CIDER MILL 11:00a Puzzle time 2:00p Halloween Movie/ Popcorn: FRANKENSTEIN 6:00p Game Night: RESIDENCE			PAT LR CAF			10:30a Rosary & Communion 10:30a BUS TO DOLLAER TREE 11:00a Arts / Craft 2:00p Happy Hour w/ Chet P. 6:00p Game Night: UNO			CHP CAF CAF THR			10:00a Sit & Crochet 11:00a Board Games w/Friends 1:00p Movie Matinee 2:00p Saturday Social 3:00p Bible Study W/ Brenda 6:30p Game Night			CAF CAF THR CAF THR CAF		
26			27			28			29			30			31 HALLOWEEN																										
9:00a Virtual Rosary 9:30a St. Malachy Live Stream 11:00a Chronicle 1:00p Popcorn & Movie 2:00p Sunday Service W/ Ray 6:30p Game Night			THR THR CAF THR THR CAF			10:00a Coffee & Chat w/ Friends 11:00a Halloween Crafting: Pumpkin Decorating 1:00p Chair Exercise W/ Latresa 2:00p Bingo 6:30p Game Night			CAF CAF LR DR CAF			10:00a Morning Walk 11:00a Card Making: Fall/Halloween theme 2:00p Bingo 3:00p Sit/Crochet 6:00p Game Night			PAT CAF DR CAF THR									10:00a Walk with Me! 11:00a Flower Arrangement 1:00p Halloween Scavenger Hunt Party 2:00p Bingo Wear Orange/ Black 5:00p DOOR- TO - DOOR			PAT CAF DR			10:00a Morning Walk 10:30a Puzzle Time 11:00a BUS TO TILSON STREET 2:00p Magic Show 3:00p Carmel Apple Bar Social			PAT LR CAF			10:30a Rosary & Communion 10:30a BUS TO GABE'S 1:00p Halloween Games 2:00p MONSTER MASH HALLOWEEN PARTY! 6:00p Game Night: UNO			CHP OUT CAF DR THR		