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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month
“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

TOWN AND COUNTRY ASSISTED LIVING

OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Food Committee With: Chef Ann
- Cooking Club
- Resident Town Hall
- Fall Festival
- Community Cookbook Project
- Baking For Our First Responder
- Lunch Bunch: Please RSVP
- Family Night: Neon Party
- Scenic Drive
- Happy Hours

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																																												
<div><div></div><div>OCTOBER 2025</div></div>																		LOCATION KEY																																												
																		<div><div>2B</div>2nd Floor Bistro</div> <div><div>3FA</div>3rd Floor Activity Room</div> <div><div>3LB</div>3rd Floor Library</div> <div><div>MCB</div>Memory Care Bistro</div> <div><div>MCD</div>Memory Care Dining Room</div> <div><div>THR</div>Theatre</div>																																												
BIRTHDAYS									01			02			YOM KIPPUR			03			04																																									
Barbara C. 10/8 Cecil K. 10/13 John B. 10/23									9:00a 10:00a 11:00a 1:30p 2:00p 3:30p			Coffee Cart & Current Events Morning Stretch & Balance Class Fall Trivia! Wine Down Wednesday Social! Food Committee W/Chef Ann Prize Bingo!			2B 3FA 2B THR 2B			9:00a 10:00a 11:00a 1:00p 3:30p 6:30p			Hot Off The Press! Empowerme Exercise Class! Corn Hole On The Patio! Mini Manicures Saint Louis Area Trivia Game Movie & Popcorn: The Last Laugh			2B 3FA 3FA 3FA 2B THR			9:00a 10:00a 11:00a 2:30p 6:00p			Todays Headlines Resident Run: Friday Morning Exercise Class Resident Run: Brain Games Movie & Popcorn: Residents Pick! Resident Run: Cards With Friends!			2B 3FA 3FA 3FA 2B			10:00a 11:00a Game 2:00p 4:00p 6:00p			Resident Run: Walking Club Resident Run: Guess The Word Game Resident Run: Who Am I? Resident Run: Let's Play UNO! Resident Run: Puzzles With Friends!			2B 2B 2B 2B 3LB																				
05			06			07			08			09			10			11																																												
9:00a 10:00a Michelle 11:00a 1:30p 3:30p 6:30p THR			Chat Pack Morning Exercise With: Bible Study Ice Cream Social Bingo! Movie & popcorn: The Wrong Paris			2B 3FA THR 2B 2B			9:00a 10:00a 11:00a 1:30p 3:00p 4:00p 7:00p			Current Events Crisp Air Cardio Class Community Cookbook Project! Cooking Club: Sugar Cookie Decorating! Calendar Planning! BINGO! Chiefs VS Jaguars (NBC)			2B 3FA 3FA 2B 2B			9:00a 10:00a 11:00a 1:30p 2:30p 4:00p 6:30p			Coffee Cart & Current Events Morning Stretch & Balance Class Riddle Me that Price Is Right! Wine Down Wednesday Social! Chimes With Troy! Movie & popcorn: The Long Game			2B 3FA 2B 2B			9:00a 10:00a 11:00a 1:00p 3:00p 6:00p			Hot Off The Press! Empowerme Exercise Class! Kick Off STL Blues Season With: Empowerme Corn Hole On The Patio! Family Night: Neon Glow Party! Movie & Popcorn: The Guernsey			2B 3FA 3FA 3FA 2B THR			9:00a 10:00a 11:00a 1:00p 3:00p 6:00p			Todays Headlines Friday Morning Exercise Class Two Truths & A Lie Mini Manicures Movie & Popcorn: Falling In love Puzzles With Friends!			2B 3FA 3FA 3FA THR 3LB			10:00a 11:00a 2:00p 4:00p 6:30p			Resident Run: Morning Exercise Class! Resident Run: Riddles & Word Games Resident Run: left Right Center Game Resident Run: That's Play Checkers! Movie & Popcorn: Love At first Sight			2B 2B 2B 2B											
12			13			14			15			16			17			18																																												
9:00a 10:00a Michelle 11:00a 1:30p 3:30p 6:30p 7:00p			Chat Pack Morning Exercise With: Bible Study Root Beer Float Social! Bingo! Movie & Popcorn: Are You There God? It's Me Margaret Chiefs VS Detroit (NBC)			2B 3FA THR 2B 2B THR 2B			9:00a 10:00a 11:00a 1:30p 3:00p 6:30p Wedding 2			Current Events Crisp Air Cardio Class Community Cookbook project! Cooking Club: Mini Apple Pies Scenic Drive: Eureka Scarecrows Movie & Popcorn: My Big Fat Greek			2B 3FA 3FA 2B 2B THR			9:00a 10:00a 11:00a 1:30p 2:00p 3:30p 5:30p			News & Views Fall Into Fitness Class! Lunch bunch: Chandler Hill Winery *RSVP In The Front Desk Binder* Movie Matinee & Popcorn: Home Team UNO Puzzles With Friends!			2B 3FA 2B 2B THR 3LB			9:00a 10:00a 11:00a 1:30p 3:00p 6:30p			Coffee Cart & Current Events Morning Stretch & Balance Class Fall Trivia Time! Shopping Outing: Target *Please RSVP In Binder* Movie & Popcorn: The four Seasons			2B 3FA 2B 2B			9:00a 10:00a 11:00a 1:00p 3:00p 6:30p			Hot Off The Press! Empowerme Exercise Class! Corn Hole On The Patio! Craft Club: Candle Making Happy Hour With: Elizabeth Lakamp Movie & Popcorn: Sherlock Holmes			2B 3FA 3FA 3FA 2B THR			9:00a 10:00a 11:00a 1:00p 3:00p 6:00p			Todays Headlines Friday Morning Exercise Class What's In The Bag? Mini Manicures Movie & Popcorn: The Last Laugh Puzzles With Friends!			2B 3FA 2B 3FA THR 3LB			9:00a 10:00a 2:00p 6:00p 6:30p			Chat Pack Saturday Stretch With Michelle! Fall Festival! Cards With Friends! Movie & Popcorn: She Said Maybe			2B 3FA 2B		
19			20			21			22			23			24			25																																												
9:00a 10:00a 11:00a 12:00p 2:00p 5:00p			Chat Pack Resident Run: Exercise Class Resident Run: Bible Study Chiefs VS Raiders (CBS) Resident Run: Finish That Phrase Puzzles With Friends			2B 3FA 3FA 2B 2B			9:00a 10:00a 11:00a 1:30p 3:00p 6:00p			Current Events Crisp Air Cardio Class Bingo! Craft Club: Decorating Pumpkins! Movie Matinee: Fletch Puzzles With Friends!			2B 3FA 2B 3FA THR 3LB			9:00a 10:00a 11:00a 1:30p 2:00p 3:30p 6:30p			News & Views Fall Into Fitness Class! Lunch Bunch: Joe Bacardi's *RSVP In The Activities Binder At The Front Desk* Root Beer Float Social! Bingo! Movie & popcorn: RUDY			2B 3FA 2B 2B THR			9:00a 10:00a 11:00a 1:30p 3:00p 6:30p			Coffee Cart & Current Events Morning Stretch & Balance Class Fall Fact Or Fiction Game Corn Hole On The Patio! Meet & Greet Are New Residents! Movie & Popcorn: APOLLO 13			2B 3FA 2B 2B THR			9:00a 10:00a 11:00a 1:30p 3:00p 6:30p			Hot Off The Press! Empowerme Exercise Class! Resident Town Hall Missouri Botanical gardens! Monthly Birthday Celebration W/Turk Budwell Movie & Popcorn: Varsity Blues			2B 3FA THR 2B 2B THR			9:00a 10:00a 11:00a 1:00p 3:00p 6:00p			Todays Headlines Friday Morning Exercise Class Fall Brain Games Mini Manicures Documentary & Popcorn: Challenger-The Final Flight Puzzles With Friends!			2B 3FA 3FA 3FA THR 3LB			10:00a 11:00a 2:00p Game 4:00p 6:30p			Resident Run: Morning Exercise Class Resident Run: What Is That? Resident Run: Left Right Center Game Resident Run: Let's Play Cards Movie & Popcorn: Fall Into Winter			2B 2B 2B 2B		
26			27			28			29			30			31			HALLOWEEN																																												
9:00a 10:00a Michelle 11:00a 1:30p 3:30p 6:30p			Chat Pack Morning Exercise With: Bible Study Root Beer Float Social Bingo! Movie & Popcorn: Still Alice			2B 3FA THR 2B 2B THR			9:00a 10:00a 11:00a 12:00p 1:30p 2:00p 3:30p 6:30p			Current Events Crisp Air Cardio Class Cooking Club: Baking Cookies For Our First Responders! Dropping Off Bake Goods! Craft Club: Making Halloween Mask! Chiefs VS Washington (ABC)			2B 3FA 2B 3FA 2B			9:00a 10:00a 11:00a 12:00p 1:30p 2:00p 3:30p 6:30p						News & Views Fall Into Fitness Class! Picnic Outing: RSVP In The Front Desk Binder* Resident Run: What Is That? Bingo! Movie & Popcorn: E.T.			2B 3FA 2B 2B 2B THR			9:00a 10:00a 11:00a 1:00p 2:00p 3:00p			Coffee Cart & Current Events Morning Stretch & Balance Class Fall Color Trivia! Wine Down Wednesday Social! Polish American Cooking Demo With Chef Ann Bingo!			2B 3FA 2B 2B			9:00a 10:00a 11:00a 1:00p 2:00p 3:00p 6:00p			Hot Off The Press! Empowerme Exercise Class! Name That Fall Song! Candy Dice Game! Pumpkin & Halloween Costume Voting! Halloween Bash Happy Hour W/Lamar			2B 3FA 3FA 2B 2B 2B			9:00a 10:00a 11:00a 1:00p 3:00p 6:00p			Todays Headlines Friday Morning Exercise Class Gift Exchange Dice Game! Mini Manicures Movie & Popcorn: BEETLEJUICE Puzzles With Friends!			2B 3FA 2B 3FA THR 3FA								