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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL
INSPIRING A HAPPIER, HEALTHIER YOU.

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OCTOBER 2025

PHYLLIS OF ST. PETE’S:
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- 10/1 Wear Pink 4 Breast Cancer
- 10/8 New Resident Meet & Greet
- 10/9 Family Night - Neon Party
- 10/13 Navy Birthday Social
- 10/15 Monthly Birthday Party!
- 10/16 "Trick or Treat" Bingo
- 10/17 Flu & Covid Vaccine Day
- 10/28 Main Street Dermatology
- 10/31 Halloween Party!
- 10/31 Costume Contest

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																							
															LOCATION KEY																										
															2FA 2 nd Floor Activity Room AC Anytime Cafe DR Dining Room LR Living Room			OUT Outing PAT Patio THR Theater MT The Medical Team																							
BIRTHDAYS						01			02 YOM KIPPUR			03			04																										
Elizabeth "Betty" A. 10/4 Louise A. 10/7 Debra W. 10/10 Karen R. 10/13 Eileen G. 10/13 Umbart D. 10/17						Joan K. 10/17 Mary U. 10/18 Sharon H. 10/25 "Bud" S. 10/31			8:00a Wear Pink Day! 8:30a Exercise 9:30a Kroger 10:00a Hangman 12:00p Snack Cart 2:30p Bowling 7:00p Bingo \$1			DR AC OUT LR THR AC DR			8:30a Exercise 10:00a UNO! 2:00p Demo - Sauteed Pierogies 2:30p 1-World Cooking Demo 2:30p LUEY Movie & Cracker Jacks 2:30p Movie- San Francisco 6:00p Blackjack			DR AC 2FA DR MT DR THR 2FA			8:30a Exercise 10:00a October Word Search 1:00p Series - The Chosen 2:30p ENT. - Golden Choraliers 3:00p Blood Pressure Check 7:00p Bingo \$1			DR AC 2FA DR MT DR			10:00a Wii Bowling 10:30a "Alexa" Music 10:30a Rosary 2:00p Afternoon Movie 2:00p Euchre 6:00p Card Sharks			THR LR THR THR 2FA 2FA											
05			06			07			08			09			10			11																							
10:30a Therapy in Color 1:00p Guitar & Sing w/Steve 1:00p Communion W/ John 2:00p Pinochle 2:30p Sunday Matinee 6:00p Wii Games			2FA LR TV 2FA THR THR			8:30a Exercise 10:00a Bible Study 10:00a Brainiacs- San Francisco Trivia 12:00p Life Enrich. Chat Meet 2:00p Sing Along w/Sara 2:30p Podiatry Lecture w/Dr. Dressler 7:00p Bingo \$1			DR 2FA AC THR AC DR			8:30a Exercise 9:30a Dollar Tree Outing 11:30a Pet Therapy 12:30p "Ghost" Sucker Craft 2:30p Art of All Ages 6:00p Table Games / Cards			DR OUT LR AC 2FA 2FA			8:30a Exercise 10:00a Words in a Word Game 12:00p Snack Cart 2:30p New Res. Welcome 2:30p Ice Cream Cones 7:00p Bingo \$1			DR LR THR DR DR DR			8:30a Exercise 9:30a Meijer 10:00a Rummikub 2:00p Candy Bar/Chips Bingo 3:00p Grace Bible Study 5:00p Family Night- Neon Glow Party 5:00p ENT. - DJ -Lavance S. 7:00p Blackjack			DR OUT AC DR 2FA DR 2FA			8:30a Exercise 10:00a Art & Design w/ Ann & Jan 10:00a Game - Spintopia 1:00p Series - The Chosen 2:30p Bowling 3:00p Blood Pressure Check 7:00p Bingo \$1			DR 2FA THR 2FA AC MT DR			10:00a Wii Bowling 10:00a Grace Bible Study 10:30a "Alexa" Music 2:00p Afternoon Movie 2:00p Euchre 6:00p Card Sharks			THR 2FA LR THR 2FA 2FA		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																							
10:30a Therapy in Color 1:00p Communion W/ John 2:00p Pinochle 2:30p Sunday Matinee 6:00p Wii Games			2FA TV 2FA THR THR			8:30a Exercise 10:00a Bible Study 10:00a EngagedSenior Games 1:00p Book Club & Games 2:30p Navy Birthday Social 7:00p Bingo \$1			DR 2FA THR AC AC DR			8:30a Exercise 10:00a Fun & Games 10:00a Pet Therapy 11:00a Yates Cider Mill 2:30p Corn Hole Game 6:00p Table Games / Cards			DR AC LR OUT AC 2FA			8:30a Exercise 10:00a Hangman 10:30a Resident Meeting 12:00p Snack Cart 2:30p ENT. - Vanessa C. 2:30p Birthday Party! 7:00p Bingo \$1			DR LR AC THR DR DR DR			8:30a Exercise 9:30a Kroger 10:00a Rummikub 1:30p Menu Chat Meeting 2:30p Trick or Treat Bingo 6:00p Blackjack			DR OUT AC DR DR 2FA			8:30a Exercise 10:00a Flu & Covid Vaccines 10:00a Game - Spintopia 1:00p Series - The Chosen 2:30p Bowling 3:00p Blood Pressure Check 7:00p Bingo \$1			DR 2FA THR 2FA AC MT DR			10:00a Wii Bowling 10:30a "Alexa" Music 10:30a Rosary 2:00p Afternoon Movie 2:00p Euchre 6:00p Card Sharks			THR LR THR THR 2FA 2FA		
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10:30a Therapy in Color 1:00p Guitar & Sing w/Steve 1:00p Communion W/ John 2:00p Pinochle 2:30p Sunday Matinee 6:00p Wii Games			2FA LR TV 2FA THR THR			8:30a Exercise 10:00a Bible Study 10:00a Filipino- American Heritage Month Trivia 12:00p Scrabble 2:30p ENT. -Jeff B. on Sax 2:30p Happy Hour 7:00p Bingo \$1			DR 2FA AC OUT AC DR DR DR			8:30a Exercise 9:30a Pet Therapy 10:00a Fun & Games 11:00a Lunch at Red Robin 2:30p DIA Guest Speaker 2:30p DIA Topic- In Their Own Voice 6:00p Table Games / Cards			DR LR AC OUT AC 2FA			8:30a Exercise 10:00a Words in a Word Game 12:00p Snack Cart 2:00p Blackjack 2:30p Devotions & Hymns 7:00p Bingo \$1			DR AR THR 2FA TV DR			8:30a Exercise 9:30a Meijer 10:00a UNO! 11:30a Candy Corn Guessing Game 2:30p ENT. - Caroljean T. 6:00p Blackjack			DR OUT AC AC AC 2FA 2FA			8:30a Exercise 10:00a Game - Spintopia 1:00p Series - The Chosen 2:30p Bowling 3:00p Blood Pressure Check 7:00p Bingo \$1			DR THR 2FA AC MT DR			10:00a Wii Bowling 10:30a "Alexa" Music 2:00p Afternoon Movie 2:00p Euchre 6:00p Card Sharks			THR LR THR THR 2FA 2FA		
26			27			28			29			30			31 HALLOWEEN																										
10:30a Therapy in Color 1:00p Communion W/ John 2:00p Pinochle 2:30p Sunday Matinee 6:00p Wii Games			2FA TV 2FA THR THR			8:30a Exercise 10:00a Bible Study 10:00a Pumpkin Carving 12:00p Scrabble 3:00p EngagedSenior Games 7:00p Bingo \$1			DR 2FA AC AC THR DR			8:30a Exercise 9:00a Main Street Dermatology 9:30a "Fall" Bus Ride 11:30a Pet Therapy 11:30a Fun & Games 2:30p Wellness U w/Tonya 2:30p Wellness Topic-Bullying 6:00p Table Games / Cards			DR 2FA OUT LR AC AC AC 2FA						8:30a Exercise 10:00a Hangman 12:00p Snack Cart 12:00p Euchre 2:30p ENT. - Dennis F. on the Steel Drum 2:30p Happy Hour 7:00p Bingo \$1			DR LR THR AC AC DR DR DR			8:30a Exercise 9:30a Kroger 10:00a Table Games 12:00p Halloween Jokes 2:30p Bowling 2:30p Rummikub 6:00p Blackjack			DR OUT AC AC AC 2FA 2FA			8:30a Exercise 10:00a Game - Spintopia 1:00p Series - The Chosen 2:00p Costume Contest 2:30p Halloween Party! 2:30p ENT. - Frank T. 3:00p Blood Pressure Check 7:00p Bingo \$1			DR THR 2FA DR DR DR MT DR					