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#### ReadyCare 248-432-4271

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Alzheimers Association 1-800-272-3900

#### American House Village at Bloomfield

1957 S Telegraph Rd Bloomfield Hills | MI | 48302 248.213.8529

AmericanHouse.com



## THE 1915 SAN FRANCISCO WORLD'S FAIR

The Panama-Pacific International Exposition, as the 1915 World's Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco's grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America's worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World's Fair. It promoted technological advancements and was the first World's Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition's legacy is still evident in San Francisco. A few of the city's buildings were either rebuilt or designed in the style of the Exposition, like the Marina District's Palace of Fine Arts. The fair's location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city's most popular recreational open spaces, are products of these landscape changes.



Quote of the Month.



## HE WHO LAUGHS LAST DIDN'T GET THE JOKE.



LORD BYRON

## THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer's Association for the past three years. The purpose of the Association's "The Longest Day" is to raise awareness and funds for Alzheimer's care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer's, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, "American House is a leader against the darkness of Alzheimer's. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



INSPIRING A HAPPIER, HEALTHIER YOU.

VILLAGE AT BLOOMFIELD

OCTOBER 2025

# PHYLLIS OF ST. PETE'S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. "I'm so glad I'm here," said the happy, healthy 85-year-old. "I'm just bubbly on the inside. I'm going to live here the rest of my life. Life is wonderful at American House."



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis' parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis' life worked out better than she could have possibly expected. "I've had a wonderful life," she said, "and I still do at American House."

women to go for regular breast cancer screening, starting at the age of 40.



## **OCTOBER 2025 EVENTS!**

- 2nd Welcome Party 2P
- 3rd Fire Safety Talk 10A
- 9th Family Night 5P
- 15th Blakes Cider Mill 10A
- 23rdVAB-Boo-Lous Bday Party 2P
- 24th Truck or Treat 5P
- 30th Music Bingo 2p
- 31st Welcome Party 2p



## **BREAST CANCER AWARENESS**

Breast Cancer Awareness Month is an international health campaign that's held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		TOBER 20	25		\$ Cost 2FR 2nd Floor Family Room 2FL 2nd Floor Fitness 2LR 2nd Floor Living Room 2PT 2nd Floor Physical Therapy 3FA 3rd Floor Activity Room 3LR 3rd Floor Living Room 3FT 3rd Floor Theater Room	B Bistro DR Dining Room LR Living Room OUT Outing PAT Patio PP Prepay SUR Sign Up Required
10/4 Linda H. 1 10/5 Ethel R. 1	0/24 Mark S. 0/27 Virginia S. 0/29 Judy S. 0/30 Leeann W.		10:00a Yoga Stretch Exercise-Video <b>2FI</b> 10:00a Rummikub <b>1B</b> 2:00p <b>Cider Donut &amp; Coffee PAT</b> 2:00p Checkers, Chess, Backgammon <b>3LR</b>	10:00a 10:30a 10:30a 2:00p Suzy M 2:00p 3FT 3:00p 6:00p 1DR  Zen Coloring Blood Pressure -ReadyCare Welcome Entertainment 1LR Movie The Devil Wears Prada 2FI Scrabble & Community Games	12:00a       Salon Day         10:00a       Ride The Bike       2FI         10:00a       Fire Safety Talk w/         Lieutenant Michael Moshier       3FT         10:00a       Yoga Stretch Exercise-Video       2FI         11:00a       Rummikub -Beginner       1B         11:00a       Pinochle w/ Pat       3LR         2:00p       Sip & Knit w/Readycare       1B         2:30p       Aggravation w/ Sharon       1B	10:00a         Open Color         3FA           11:00a         Yahtzee         1B           1:00p         Word Search/Crosswords         3FA           2:00p         Community Games         1DR           3:00p         Puzzles         2LR           5:30p         Euchre         1B
10:00a Diamond Art-Christmas Des 3FA 10:00a Open Color 11:00a Puzzles 1:00p Dominoes 2:00p Community Games 3:00p Word Search/Crosswords 5:30p Lets Get Social 6:00p Bingo w/ Tom & Peggy	12:00a   9:30-3pm Medical Transport   Sign Up   1 Week In Advance   9:30a   Communion & Prayer w/	3:00p Cardio Drumming w/ Amanda <b>2FI</b> 6:00p Community Games <b>1DR</b>	3FT , s	12:00a Family & Friends Night! 10:00a Zen Coloring 3FA 10:30a New Resident Orientation 3FT 2:00p Movie Gladiator 3FT 3:00p Cardio Drumming w/ Amanda 2FI 5:00p Family & Friends Night! San Francisco Entertainment by Bob Gracin 1LR		10:00a         Open Color         3FA           11:00a         Yahtzee         1B           1:00p         Word Search/Crosswords         3FA           2:00p         Community Games         1DR           3:00p         Puzzles         2LR           5:30p         Euchre         1B
10:00a Diamond Art-Christmas Des 3FA 10:00a Open Color 11:00a Puzzles 1:00p Dominoes 2:00p Community Games 3:00p Word Search/Crosswords 5:30p Lets Get Social 6:00p Bingo w/ Tom & Peggy	Sign Up 1 Week In Advance           3FA         10:00a         Ride The Bike         2F           2LR         10:00a         Yoga Stretch Exercise-Video         2F           1B         10:30a         Wheel Of Fortune         3FT           1DR         1:30p         Shut The Box         1E	10:15a Kroger Birmingham SU 2:00p Movie Spider Man Homecoming 3FT 2:00p Bingo w/ Tom 1DR	10:00a Outing Blakes Cidermill \$\$SU 10:00a Yoga Stretch Exercise-Video 2FI 10:00a Rummikub 1B	10:00a Zen Coloring 3FA 10:30a Blood Pressure Checks w/ ReadyCare 2:00p Heart of the Hills Players	17         12:00a       Salon Day         10:00a       Ride The Bike       2FI         10:00a       Yoga Stretch Exercise-Video       2FI         11:00a       Rummikub -Beginner       1B         11:00a       Pinochle w/ Pat       3LR         2:00p       Purple People Eater Floats &         50s to 70s Trivia       PAT         2:30p       Aggravation w/ Sharon       1B         6:00p       Community Games       1DR	10:00a         Open Color         3FA           11:00a         Yahtzee         1B           1:00p         Word Search/Crosswords         3FA           2:00p         Community Games         1DR           3:00p         Puzzles         2LR           5:30p         Euchre         1B
10:00a Diamond Art-Christmas Des 3FA 10:00a Open Color 11:00a Puzzles 1:00p Dominoes 2:00p Community Games 3:00p Word Search/Crosswords 5:30p Lets Get Social 6:00p Bingo w/ Tom & Peggy	Sign Up 1 Week In Advance 3FA 10:00a Ride The Bike 2FI	3:00p Cardio Drumming w/ Amanda <b>2FI</b> 6:00p Community Games <b>1DR</b>	10:00a	10:00a Zen Coloring 3FA 1:30p Movie 3FT 2:00p VAB-Boo-Lous Halloween Bday party w/ Entertainment Jim & Suzann 1LR 3:00p Cardio Drumming w/ Amanda 2FI 6:00p Scrabble & Community Games 1DR	12:00a Salon Day 10:00a Ride The Bike 10:00a Yoga Stretch Exercise-Video 11:00a Rummikub 11:00a Pinochle w/ Pat 2:30p Aggravation w/ Sharon 5:00p Truck or Treat Event w/Entertainment by DJ Lavance S. PAT	10:00a         Open Color         3FA           11:00a         Yahtzee         1B           1:00p         Word Search/Crosswords         3FA
10:00a Diamond Art-Christmas Des 3FA 10:00a Open Color 11:00a Puzzles 1:00p Dominoes 2:00p Community Games 3:00p Word Search/Crosswords 5:30p Lets Get Social 6:00p Bingo w/ Tom & Peggy	Sign Up 1 Week In Advance           3FA         10:00a         Ride The Bike         2Fl           2LR         10:00a         Yoga Stretch Exercise-Video         2Fl           1B         10:00a         Zen Doodles         3FA           1DR         10:30a         Wheel Of Fortune         3FT           3FA         1:30p         Shut The Box         1B           1B         2:00p         Documentary         3FT	2:00p Movie What ever happened to Baby Jane? 3FT 2:00p Music Bingo w/ Tom & Tai 1DR	10:00a         Yoga Stretch Exercise-Video         2FI           10:00a         Rummikub         1B           10:30a         Family Feud         3FT           1:30p         Bistro Book Club         1B           2:00p         Checkers, Chess, Backgammon           3LR	10:00a 2:00p Eyes 2:00p 3:00p 3:00p 3:00p 6:00p 1DR  Zen Coloring 3FA Speaker DIA-Through Her 3FT 1DR  Speaker DIA-Through Her 3FT 1DR  Scrabble & Community Games	10:00a Ride Thé Bike <b>2FI</b> 10:00a Yoga Stretch Exercise-Video <b>2FI</b> 11:00a Pinochle w/ Pat <b>3LR</b>	

All activities subject to change.