CONTACTS

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Alexis / Kara

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Anionette/Tish

National Suicide Hotline 988

Alzheimers Association 1-800-272-3900

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THE 1915 SAN FRANCISCO WORLD'S FAIR

The Panama-Pacific International Exposition, as the 1915 World's Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco's grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America's worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World's Fair. It promoted technological advancements and was the first World's Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition's legacy is still evident in San Francisco. A few of the city's buildings were either rebuilt or designed in the style of the Exposition, like the Marina District's Palace of Fine Arts. The fair's location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city's most popular recreational open spaces, are products of these landscape changes.





HE WHO LAUGHS LAST DIDN'T GET THE JOKE.



LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer's Association for the past three years. The purpose of the Association's "The Longest Day" is to raise awareness and funds for Alzheimer's care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer's, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, "American House is a leader against the darkness of Alzheimer's. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



INSPIRING A HAPPIER, HEALTHIER YOU.

WESTLAND HUNTER OCTOBER 2025

PHYLLIS OF ST. PETE'S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. "I'm so glad I'm here," said the happy, healthy 85-year-old. "I'm just bubbly on the inside. I'm going to live here the rest of my life. Life is wonderful at American House."



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis' parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis' life worked out better than she could have possibly expected. "I've had a wonderful life," she said, "and I still do at American House."

women to go for regular breast cancer screening, starting at the age of 40.



OCTOBER 2025 EVENTS!

- Family Night
- Painting with Durwood
- Townhall Meeting
- Cooking Demo
- Motor City Casino
- Birthday Bash
- Karaoke Night
- Halloween Party



BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that's held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		OCTOBER 2025			IFL Ist Floor BG Butterfly Garden CAF Café CTR Craft Room DR Dining Room FPO Front Porch	LO Lobby OUT Outing PAT Patio S Salon SOL Solarium APT Your Apartment
	BIRTHDAYS			02 YOM KIPPUR	03	04
HAPPY BIRTHDAY!!! ENJOY YOUR BIRTHDAY!! HAPPY BIRTHDAY!!			9:30a Trivia CAF 11:00a Stylin with Ameila S 1:00p Hang Man LO 2:00p Happy Hour CAF 3:00p Wellness U TMT CAF 6:00p Euchre Night DR	1:30p Movement w/Kaylin TMT LO 2:00p BINGO! SOL	10:30a Chair Volleyball 12:00p Arts & Crafts 12:00p Knitting Club 2:00p Keno Board Game 6:00p Card Club LC CAF SOL SOL DF	= 1:00p UNŎ CAF - 2:00p BINGO! SOL - 4:00p Red Hat Society CTR
05	06	07	08	09	10	II
9:00a Morning News CAF 10:00a Catholic Services CTR 3:00p Trivia CAF 6:00p Puzzles CAF	10:00a Board Game Day! CAF 10:30a Chair Volleyball LO 1:30p Community Store CAF 2:00p BINGO SOL 3:30p Dollar Tree Out	10:00a Movement w Kaylin TMT LO 11:30a Motor City Casino Out 3:00p Keno Board Game SOL	9:30a Trivia CAF 11:00a Stylin with Ameila S 1:00p Hang Man LO 2:00p Happy Hour CAF 6:00p Euchre Night DR	2:00p BINGO! SOL	10:30a Chair Volleyball LC 12:00p Arts & Crafts CAI 12:00p Knitting Club SOI 2:00p Keno Board Game SOI 3:00p Painting w/Durwood 6:00p Card Club DF	 1:00p UNO CAF 2:00p BINGO! SOL 2:00p Ice Cream Social w/Robbin CAF 4:00p Red Hat Society CTR
			-		_	
9:00a Morning News 10:00a Catholic Services 3:00p Trivia CAF 6:00p Puzzles CAF	2:00p BINGO SOL	9:00a Brain Games CAF 10:00a Grocery Outing Out 10:00a Movement w Kaylin TMT LO 11:30a Olive Garden Out 3:00p Keno Board Game SOL 6:00p Movie Time CAF	9:30a Trivia CAF 10:30a Music w/Sara TMT LO 11:00a Stylin with Ameila S 1:00p Hang Man LO 2:00p Happy Hour CAF 3:30p Questions w/The Nurse TMT LO 6:00p Euchre Night DR	12:30p Coloring & Convo CAF 1:30p Movement w/Kaylin TMT LO 2:00p BINGO! SOL 5:00p Netflix and Chill CAF 5:30p Black Jack 21 DR	10:30a Chair Volleyball LC 12:00p Arts & Crafts CAI 12:00p Knitting Club SOI 2:00p Tea Party CAI 3:00p Keno Board Game SOI 6:00p Card Club DF	F 1:00p UNO CAF 2:00p BINGO! SOL 4:00p Red Hat Society CTR
19	20	21 DIWALI	22	23	24	25
9:00a Morning News 10:00a Catholic Services 3:00p Trivia CAF 6:00p Puzzles CAF	10:00a Board Game Day! CAF 10:30a Chair Volleyball LO 11:30a Big Boy Restaurant 1:30p Community Store CAF 2:00p BINGO SOL 3:30p Dollar Tree Out	10:00a Grocery Outing Out 10:00a Movement w Kaylin TMT LO 10:30a Trivia w/Dawn TMT LO 2	9:30a Trivia CAF 11:00a Stylin with Ameila S 1:00p Hang Man LO 2:00p Happy Hour CAF 6:00p Euchre Night DR	12:30p	10:30a Chair Volleyball LC 12:00p Arts & Crafts CAI 12:00p Knitting Club SOI 2:00p Keno Board Game SOI 3:00p Painting w/Durwood 6:00p Card Club DF	1:00p UNO CAF 2:00p BINGO! SOL 4:00p Red Hat Society CTR
26	27	28	29	30	31 HALLOWEEN	
9:00a Morning News 10:00a Catholic Services 3:00p Trivia CAF 6:00p Puzzles CAF	10:00a Board Game Day! CAF 10:30a Chair Volleyball LO 1:30p Community Store CAF 2:00p BINGO SOL 3:30p Family Feud Game SOL	9:00a Brain Games CAF 10:00a Grocery Outing Out 10:00a Movement w Kaylin TMT LO 2:30p Birthday & Welcome Party DR	9:30a Trivia CAF 11:00a Stylin with Ameila S 1:00p Hang Man LO 2:00p Happy Hour CAF 6:00p Euchre Night DR	9:30a Brain Games LO 12:30p Coloring & Convo CAF 1:30p Movement w/Kaylin TMT LO	10:30a Chair Volleyball LC 12:00p Arts & Crafts CAI	

All activities subject to change.