#### CONTACTS

**Executive Director** Kristy Hamrick

**Community Relations** Amber James

**Life Enrichment Director**Makeba Marie Bradford

**Culinary Supervisor** Tiffany Perry

**Office Support**Gail Cousin

**Housekeeping Supervisor** Stephanie Cadeau

**Maintenance** Arron

**Medical Team** 1734-455-1717

**Transportation** 1-734-558-0493

National Suicide Hotline

Alzheimers Association 1-800-272-3900



American House Westland Joy

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AmericanHouse.com



### THE 1915 SAN FRANCISCO WORLD'S FAIR

The Panama-Pacific International Exposition, as the 1915 World's Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco's grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America's worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World's Fair. It promoted technological advancements and was the first World's Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition's legacy is still evident in San Francisco. A few of the city's buildings were either rebuilt or designed in the style of the Exposition, like the Marina District's Palace of Fine Arts. The fair's location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city's most popular recreational open spaces, are products of these landscape changes.



– Quote of the Month -



HE WHO LAUGHS LAST DIDN'T GET THE JOKE.



**LORD BYRON** 

### THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer's Association for the past three years. The purpose of the Association's "The Longest Day" is to raise awareness and funds for Alzheimer's care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer's, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

American House raised over \$54,000 to bring our three-year total to \$166,000. We placed 13th out of 34 teams and took 3rd place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, "American House is a leader against the darkness of Alzheimer's. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



INSPIRING A HAPPIER, HEALTHIER YOU.

**WESTLAND JOY AMERICAN HOUSE JOY** 

OCTOBER 2025

# PHYLLIS OF ST. PETE'S: BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. "I'm so glad I'm here," said the happy, healthy 85-year-old. "I'm just bubbly on the inside. I'm going to live here the rest of my life. Life is wonderful at American House."



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis' parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis' life worked out better than she could have possibly expected. "I've had a wonderful life," she said, "and I still do at American House."

women to go for regular breast cancer screening, starting at the age of 40.



## **OCTOBER 2025 EVENTS!**

- Genittis The Wall Lunch Outing
- Neon Glow Family Night
- Casino
- Cyder Mill
- October Fest
- Glow Bingo
- October Fest Store
- Crazy Sock, Costume Contest,
- Resident Town Hall
- Live Entertainment



### **BREAST CANCER AWARENESS**

Breast Cancer Awareness Month is an international health campaign that's held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage

	SUNDAY MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
				CTC	BER 2	02	2.F							AR Activity Room CAF Café DR Dining Room		LO Lo	bby ur Apartment	
			BIRTHDAYS				01			02	YOM KIPPUR		03			04	6 17	20.5
<b>'</b>	e C. 10/12 5. 10/27						9:30a 10:30a 2:00p 3:00p 5:30p 6:00p	Oldies Let's Get Moving Bingo Arts for All Ages Piano Time Fall Coloring Sheets	LO CAF DR DR CAF	8:30a 9:30a 9:30a 10:00a 3:00p 4:00p	Salon Open Shopping Cart Catholic Communion Syd Fit You Be the Judge Word Search	1FL LO DR LO CAF LO	9:00a 12:00p 2:00p 3:00p 5:30p 6:30p	Oldies Documentary Live Entertainment Ice Cream Social Piano Time Puzzle Hour	OUT AR CAF CAF CAF AR	10:00a 11:00a 2:00p 3:00p 5:30p 6:00p	Seasonal Tunes Creative Colors Bingo Book Club You be the Judge Puzzle Time	CAF CAF DR AR CAF CAF
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9:30a 10:30a 2:00p 4:00p 5:00p 6:00p	Morning Devotions Daily Chronicle with Roxy Movie Hour Card Club Documentary Puzzle Time	9:00a 10:30a 12:00p 2:00p AR 3:00p CAF 5:30p	Coffee & Chat Exercise with April TMT Fun Facts Bingo Bible Study Ambassador Hour	CAF 9:00a 10:00a 10:00a AR CAF 6:00p	Genettis Crew Luncheon	CAF CAF	9:30a 10:30a 2:00p 3:00p 5:00p 5:30p	Oldies Let's Get Moving Bingo Nurse Talk With TMT Card Sharks Piano Time	LO CAF DR CAF CAF	8:30a 9:30a 9:30a 10:00a 4:00p 5:00p	Salon Open Shopping Cart Catholic Communion Syd Fit Word Search Neon light Family Night	1FL LO DR LO LO	9:00a 12:00p 2:00p 3:00p 5:30p 6:30p	Oldies Documentary Live Entertainment Ice Cream Social Piano Time Puzzle Hour	OUT AR CAF CAF CAF AR	10:00a 11:00a 2:00p 3:00p 5:30p 6:00p	Seasonal Tunes Creative Colors Bingo Book Club You be the Judge Puzzle Time	CAF CAF DR AR CAF CAF
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