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THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



*Quote of the Month*

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”

~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

**American House raised over \$54,000 to bring our three-year total to \$166,000.** We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING WELL

INSPIRING A HAPPIER, HEALTHIER YOU.

WEST KNOXVILLE

OCTOBER 2025

PHYLLIS OF ST. PETE’S:  
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- Family Night- Neon Party
- Scenic Drive
- Pumpkin Patch
- Shopping Shuttle
- Giving Back to First Responder
- Hocus Pocus Party
- Pumpkin Decorating Contest

FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY																							
<div>OCTOBER 2025</div>															LOCATION KEY																										
															AR Activity Room			LIB Library			THR Theater																				
															CHP Chapel			LO Lobby																							
															DR Dining Room			MC Memory Care																							
FLR Florida Room			MCL Memory Care Living Room						FD Front Desk			OUT Outing																													
GR Game Room			O Outside						LR Living Room			PAT Patio																													
BIRTHDAYS									01			02 YOM KIPPUR			03			04																							
Linda Sharon C.10/8 Grace S. 10/26									8:00a Breast Cancer Awareness Month 10:00a Fall Painting 10:30a Balloon Bop 11:30a Trivia 1:30p Art with Sheryl 3:00p Bingo			AR AR LR AR AR			9:30a Prayer Requests and Gospel Hour 10:30a Pictionary 11:00a Catholic Communion 1:00p Shooting Hoops with Friends 2:00p Movie and Popcorn			AR AR LO LO AR			9:00a Morning Greet 10:30a Bible Study 1:00p Jenga 2:00p Happy Hour- Cliff Jestice 3:00p Bingo			AR AR LO LO AR			10:00a Coffee and Conversation 10:30a Walking Club 11:30a Trivia 1:00p Movie Matinee 3:00p Bingo			LR FD LO LR AR											
05			06			07			08			09			10			11																							
10:00a Devotions 10:30a Balloon Bop 11:30a Trivia 1:00p Coloring Connection 2:00p Sunday Church Service			CHP LR LO AR CHP			12:00a National Noodle Day 8:30a Monday Men's Group 11:00a Walking Club 11:30a Chair Zumba 11:30a Trivia 2:00p Crafting Corner 3:00p Bingo			AR AR LO LR AR AR			9:00a Engaged Senior Activity 10:00a Devotions 11:30a Exercise with Carrie! 1:00p Manicures 2:00p Bend and Stretch			AR AR LO AR AR			9:00a Scenic Drive 10:30a Balloon Bop 11:30a Trivia 1:00p Devotions 3:00p Bingo			OUT AR LR FD AR			9:00a My Life Story 9:30a Prayer Requests and Gospel Hour 10:00a Documentary and Snacks 11:00a Catholic Communion 5:00p Family Night- Neon Glow Party			AR AR LO CHP LO			9:00a Morning Greet 10:30a Bible Study 1:00p Pumpkin Patch 2:00p Finish That Phrase 3:00p Bingo			LO AR OUT AR AR			10:00a Coffee and Conversation 10:30a Walking Club 11:30a Trivia 1:00p Movie Matinee 3:00p Bingo			LR FD LO LR AR		
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18																							
10:00a Devotions 10:30a Balloon Bop 11:30a Trivia 1:00p Coloring Connection 2:00p Sunday Church Service			CHP LR LO AR CHP			8:30a Monday Men's Group 10:30a Pet Therapy with Howdy! 11:30a Balloon Bop 11:30a Trivia 1:30p Pumpkin Painting with a twist 4:00p Jewish Day School Visit			AR LR LR LR AR LO			9:00a Engaged Senior Activity 10:30a Joy Club With Guiding Star 11:30a Exercise with Carrie! 1:00p Manicures 2:00p Write a Letter			AR LIB LO AR AR			8:00a Breakfast With the Gang 10:30a Balloon Bop 11:30a Trivia 2:00p Resident Birthday Party- No Name Band 3:00p Bingo			OUT AR LR LO AR			9:00a Coloring Connection 9:30a Prayer Requests and Gospel Hour 11:00a Catholic Communion Resident Council/Menu Chat 2:00p Cooking Demo			AR AR AR CHP AR			9:00a Morning Greet 10:30a Bible Study 1:00p Water Pong Hat Game 1:00p Bake With Us! 2:00p Apple Cider Social - Live Music			LO AR LO AR LR			10:00a Shadow Boxes for MC 10:00a Coffee and Conversation 11:30a Trivia 1:00p Movie Matinee 3:00p Bingo			MC LR LO LR AR		
19			20			21 DIWALI			22			23			24			25																							
10:00a Devotions 10:30a Balloon Bop 11:30a Trivia 1:00p Coloring Connection 2:00p Sunday Church Service			CHP LR LO AR CHP			8:30a Monday Men's Group 11:30a Chair Volleyball 1:00p Pumpkin Decorating Contest! 2:00p Hocus Pocus Happy Hour 3:00p Witch Hat Ring Toss			AR LO LO LR LR			9:00a Reptile Scavenger Hunt - National Reptile Day 10:00a Devotions 11:30a Exercise with Carrie! 1:00p Manicures 2:00p Reptile Happy Hour			FD AR LO AR LO			9:00a Walking Club 9:30a Shopping Shuttle 11:30a Trivia 11:30a Board Games and Puzzles 3:00p Bingo			OUT LR LO LO AR			9:00a Coloring Connection 9:30a Prayer Requests and Gospel Hour 11:00a Catholic Communion 2:00p Crafting Corner 3:00p Candy Corn Bar- Smoky Mountain Variety Show			AR AR AR CHP AR LO			9:00a Morning Greet 10:30a Bible Study 1:00p Ice Cream Social 2:00p Monster Pong 3:00p Bingo			LO AR LO GR AR			10:00a Coffee and Conversation 10:30a Walking Club 11:30a Trivia 1:00p Movie Matinee 3:00p Bingo			LR FD LO LR AR		
26			27			28			29			30			31 HALLOWEEN																										
10:00a Devotions 10:30a Balloon Bop 11:30a Trivia 1:00p Coloring Connection 2:00p Sunday Church Service			CHP LR LO AR CHP			8:00a National Occupational Therapy Day 8:30a Monday Men's Group 10:30a Giving back to our First Responders 11:00a Walking Club 11:30a Trivia 2:00p Election Committee- City General			AR AR LO AR FD LO LR			9:00a Coloring Connection 10:00a Devotions 11:30a Exercise with Carrie! 1:00p Manicures 2:00p Guess that Candy Bar- National Chocolate Day			AR AR LO AR AR									8:00a National Oatmeal Day 9:00a Morning News 9:30a Giving back to Frist Responders Outing 10:30a Balloon Bop 11:30a Trivia 3:00p Bingo			DR LO LO OUT AR LR AR			9:00a Scarf Exercise 9:30a Prayer Requests and Gospel Hour 11:00a Catholic Communion 1:30p Karaoke Hour 2:00p Movie Matinee			LR AR CHP THR LR			9:00a Shopping Shuttle 10:30a Exercise 1:00p Kings in the Corner 1:00p Halloween Costume Contest 1:30p Halloween Party			OUT LO LO LO LO		