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National Suicide Hotline  
988

Alzheimers Association  
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**American House**  
SENIOR LIVING COMMUNITIES  
Assisted Living Facility #12384

THE 1915 SAN FRANCISCO WORLD’S FAIR

The Panama-Pacific International Exposition, as the 1915 World’s Fair was known, covered over 600 acres and stretched along two-and-a-half miles of waterfront property. It highlighted San Francisco’s grandeur and celebrated a great American achievement: the successful completion of the Panama Canal. Nine years earlier, San Francisco experienced a terrible earthquake and one of America’s worst national disasters. The city overcame great challenges to rebuild and by the time the Exposition opened in 1915, the city was ready to welcome the world.

Between February and December 1915, over 18 million people visited the Panama-Pacific International Exposition World’s Fair. It promoted technological advancements and was the first World’s Fair to demonstrate a transcontinental telephone call, to promote wireless telegraphy and to endorse the use of the automobile.

Over 100 years later, the Exposition’s legacy is still evident in San Francisco. A few of the city’s buildings were either rebuilt or designed in the style of the Exposition, like the Marina District’s Palace of Fine Arts. The fair’s location and design also required significant landscape changes, including the filling-in of acres of waterfront marshland. Today, the Marina Green and Crissy Field, two of the city’s most popular recreational open spaces, are products of these landscape changes.



Quote of the Month

“ HE WHO LAUGHS LAST DIDN’T GET THE JOKE. ”  
~ LORD BYRON

THE LONGEST DAY SUMMER FUNDRAISER

American House has been a National Team with the Alzheimer’s Association for the past three years. The purpose of the Association’s “The Longest Day” is to raise awareness and funds for Alzheimer’s care, support and research, and coincide with the summer solstice—the day with the most daylight.

This day is chosen to symbolize the endurance and resilience needed to face the challenges of Alzheimer’s, and to honor those affected and their caregivers. Our communities host anything from car to comedy shows. The results for 2025 are in, and we once again rose to the occasion.

**American House raised over \$54,000 to bring our three-year total to \$166,000.** We placed 13<sup>th</sup> out of 34 teams and took 3<sup>rd</sup> place among senior living communities. American House Troy lead the way like they have for the last three years in a row, raising \$7,135. Kathleen Sable, Senior Manager of The Longest Day, said, “American House is a leader against the darkness of Alzheimer’s. Thank you for joining our mission and creating communities that support those with all types of dementia and the people who love them.



LIVING & WELL  
INSPIRING A HAPPIER, HEALTHIER YOU.

ZEPHYRHILLS ASSISTED LIVING

OCTOBER 2025

PHYLLIS OF ST. PETE’S:  
BEAUTIFUL INSIDE AND OUT

Phyllis looked at 10 different senior living communities before deciding American House St. Petersburg was the only place she wanted to be. “I’m so glad I’m here,” said the happy, healthy 85-year-old. “I’m just bubbly on the inside. I’m going to live here the rest of my life. Life is wonderful at American House.”



Phyllis was born in 1940 and grew up in St. Petersburg. She loves her hometown so much that when she was 18 she approached the Chamber of Commerce to see how she could help promote the city. Phyllis soon joined the St. Petersburg Charm School for Girls and went on to compete in beauty pageants as Miss Georgia. Her mother was a homemaker and her father worked for Borden Dairy as a refrigeration mechanic. Phyllis’ parents lived in the same house for 54 years.

She married Don, her high school sweetheart, in 1955. Phyllis worked for First Federal Savings for 27 years, and Don, after serving in the military in Washington, D.C., went on to a long career with GTE. Everything in Phyllis’ life worked out better than she could have possibly expected. “I’ve had a wonderful life,” she said, “and I still do at American House.”



OCTOBER 2025 EVENTS!

- 10/1- Live Music w/ Deborah M
- 10/8-Live Music w/ Just Us Duo
- 10/9-Murder Mystery Fam Night
- 10/14-Town Hall Meeting
- 10/15-Live Music w/ Geri B
- 10/17-Movie in the Courtyard
- 10/18-DC Symphony
- 10/22-Live Music w/ John J
- 10/30-Kids Trick 'r Treat
- 10/31-Halloween Party

 FOLLOW US ON FACEBOOK

BREAST CANCER AWARENESS

Breast Cancer Awareness Month is an international health campaign that’s held every October. The campaign aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to support those diagnosed with breast cancer, educate people about breast cancer risk factors, raise money for research and encourage women to go for regular breast cancer screening, starting at the age of 40.



SUNDAY			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY					
<div>OCTOBER 2025</div>															LOCATION KEY								
															3FA 3 <sup>rd</sup> Floor Activity Room 3A 3 <sup>rd</sup> Floor Atrium 3FL 3 <sup>rd</sup> Floor AR Activity Room A Atrium BP Back Patio			B Bistro CR Card Room CMC Community Center DR Dining Room FIR Fireplace LIB Library			ME Main Entrance MC Memory Care SP Screened Porch THR Theater		
BIRTHDAYS									01			02 YOM KIPPUR			03			04					
Ron H. - 10/07 Rachel B. - 10/11 Lyden G. - 10/13 Tom B. - 10/16 Shirley H. - 10/29									9:30a Seated Exercise w/ Maria 10:30a Prize is Right w/ Janine 12:00p Movie Matinee 1:00p Tech Class w/ Legacy 2:00p Happy Hour 6:00p Rummikub 6:00p Movie ALC THR THR CMC B AR THR			9:30a Seated Exercise 10:30a Minute Manicures 12:00p Movie Matinee 1:00p Seniors in Sync LE Chat 2:00p \$\$ Dollar Bingo 6:00p Movie ALC AR THR THR B THR			9:30a Seated Exercise 10:30a Corn Hole 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo w/ Neal 6:00p Scrabble 6:00p Movie ALC SP THR B AR THR			9:30a Seated Exercise 10:30a Cranium Crunches 12:00p Movie Matinee 2:00p Root Beer Floats 6:00p Movie ALC THR THR B THR					
05			06			07			08			09			10			11					
9:00a Bap. Church Service 10:30a Blossoming Buddies 12:00p Movie Matinee 1:00p Bake Club 2:00p Mini Series 6:00p Movie A BP THR AR THR THR			9:30a Seated Exercise 10:00a Catholic Communion 12:00p Movie Matinee 1:00p Cooking Demo 2:00p \$\$ Dollar Bingo 6:00p Dominoes 6:00p Movie ALC A THR DR B LIB THR			9:30a Seated Exercise 10:30a Art & Design 12:00p Movie Matinee 1:00p Cocoa Comforts 2:00p \$\$ Dollar Bingo 6:00p Movie ALC AR THR FIR B THR			9:30a Seated Exercise w/ Maria 10:30a All About Oktoberfest 12:00p Movie Matinee 1:00p Tech Class w/ Legacy 2:00p Oktoberfest Happy Hour 6:00p Rummikub 6:00p Movie ALC THR THR CMC B AR THR			9:30a Seated Exercise 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo 4:00p CLUE Family Night 6:00p Movie ALC THR B DR THR			9:30a Seated Exercise w/ Maria 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo w/ Neal 6:00p Scrabble 6:00p Movie ALC THR B AR THR			9:30a Seated Exercise 10:30a Wellness U 12:00p Movie Matinee 2:00p Ice Cream Sundaes 6:00p WITCH Bingo 6:00p Movie ALC B THR B THR					
12			13 INDIGENOUS PEOPLE'S DAY			14			15			16			17			18					
9:00a News & Brews 10:30a Booktroverts 12:00p Movie Matinee 2:00p Mini Series 2:30p Met. Church Service 6:00p Movie FIR THR THR THR A THR			9:30a Seated Exercise w/ Maria 10:00a Catholic Communion 10:30a New Res. Orientation 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo 6:00p Dominoes 6:00p Movie ALC A THR THR B LIB THR			9:30a Seated Exercise 10:30a Craft Club 12:00p Movie Matinee 1:00p Resident Town Hall 2:00p \$\$ Dollar Bingo 6:00p Movie ALC AR THR B B THR			9:30a Seated Exercise w/ Maria 10:00a Bayley w/ Caring K9s 10:30a Prize is Right w/ Janine 12:00p Movie Matinee 1:00p Tech Class w/ Legacy 2:00p Happy Hour 6:00p Rummikub 6:00p Movie ALC FIR THR THR CMC B AR THR			9:30a Seated Exercise 10:30a Minute Manicures 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo 6:00p Casper & Cabernet 6:00p Movie ALC AR THR B A THR			9:30a Seated Exercise 10:30a Corn Hole 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo w/ Neal 6:00p Movie in the Courtyard 6:00p Scrabble ALC SP THR B BP AR			9:30a Seated Exercise 10:00a Program w/ Favor Church 12:00p Movie Matinee 2:00p Root Beer Floats 6:00p DC Symphony RSVP 6:00p Movie ALC AR THR B ME THR					
19			20			21 DIWALI			22			23			24			25					
9:00a Bap. Church Service 10:30a Blossoming Buddies 12:00p Movie Matinee 1:00p Bake Club 2:00p Mini Series 6:00p Movie A BP THR AR THR THR			9:30a Seated Exercise w/ Maria 10:00a Catholic Communion 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo 6:00p Dominoes 6:00p Movie ALC A THR B LIB THR			9:30a Seated Exercise 10:30a Craft Club 12:00p Movie Matinee 1:00p Cocoa Comforts 2:00p \$\$ Dollar Bingo 6:00p Movie ALC AR THR FIR B THR			9:30a Seated Exercise w/ Maria 10:30a Halloween Fill-In 12:00p Movie Matinee 1:00p Tech Class w/ Legacy 2:00p Bday Happy Hour 6:00p Rummikub 6:00p Movie ALC AR THR CMC B AR THR			9:30a Seated Exercise 12:00p Movie Matinee 1:00p Flavor Force Menu Chat 2:00p \$\$ Dollar Bingo 6:00p Movie ALC THR CMC B THR			9:30a Seated Exercise 11:00a Lunch Bunch Outing 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo w/ Neal 6:00p Scrabble 6:00p Movie ALC ME THR B AR THR			9:30a Seated Exercise 10:30a Brainiacs 12:00p Movie Matinee 2:00p Ice Cream Sundaes 6:00p Movie ALC THR THR B THR					
26			27			28			29			30			31 HALLOWEEN								
9:00a News & Brews 10:30a Booktroverts 12:00p Movie Matinee 2:00p Mini Series 6:00p Movie FIR THR THR THR THR			9:30a Seated Exercise w/ Maria 10:00a Catholic Communion 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo 6:00p Dominoes 6:00p Movie ALC A THR B LIB THR			9:30a Seated Exercise 10:30a Craft Club 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo 6:00p Movie ALC AR THR B THR			9:30a Seated Exercise w/ Maria 12:00p Movie Matinee 1:00p Tech Class w/ Legacy 2:00p Happy Hour 6:00p Rummikub 6:00p Movie ALC THR CMC B AR THR			9:30a Seated Exercise 10:30a Kids Trick or Treat 12:00p Movie Matinee 2:00p \$\$ Dollar Bingo 6:00p Movie ALC A THR B THR			9:30a Seated Exercise 10:30a Corn Hole 12:00p Movie Matinee 2:00p Halloween Party 6:00p Scrabble 6:00p Movie ALC SP THR B AR THR								